



Watch the webseries on  
the AGISEC youtube channel



3rd event of AGISEC's project

# The paralympics games

EUROPEAN SPORT WEEK 2024

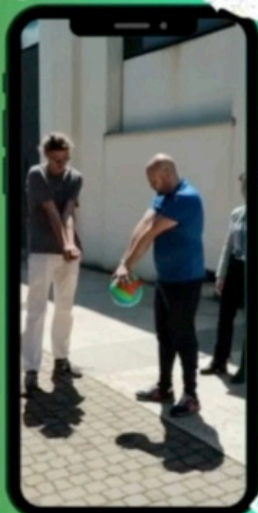


Ensemble, luttons contre



# AGIR POUR UN SPORT INCLUSIF ET ECOLOGIQUE

THE WEB SERIES  
OF AGISEC





# A SERIES PRESENTED BY AGISEC

PLANETE ERASMUS

MASCOTTE AGISEC

Hello, my name is AGISEC and I am 22 years old.

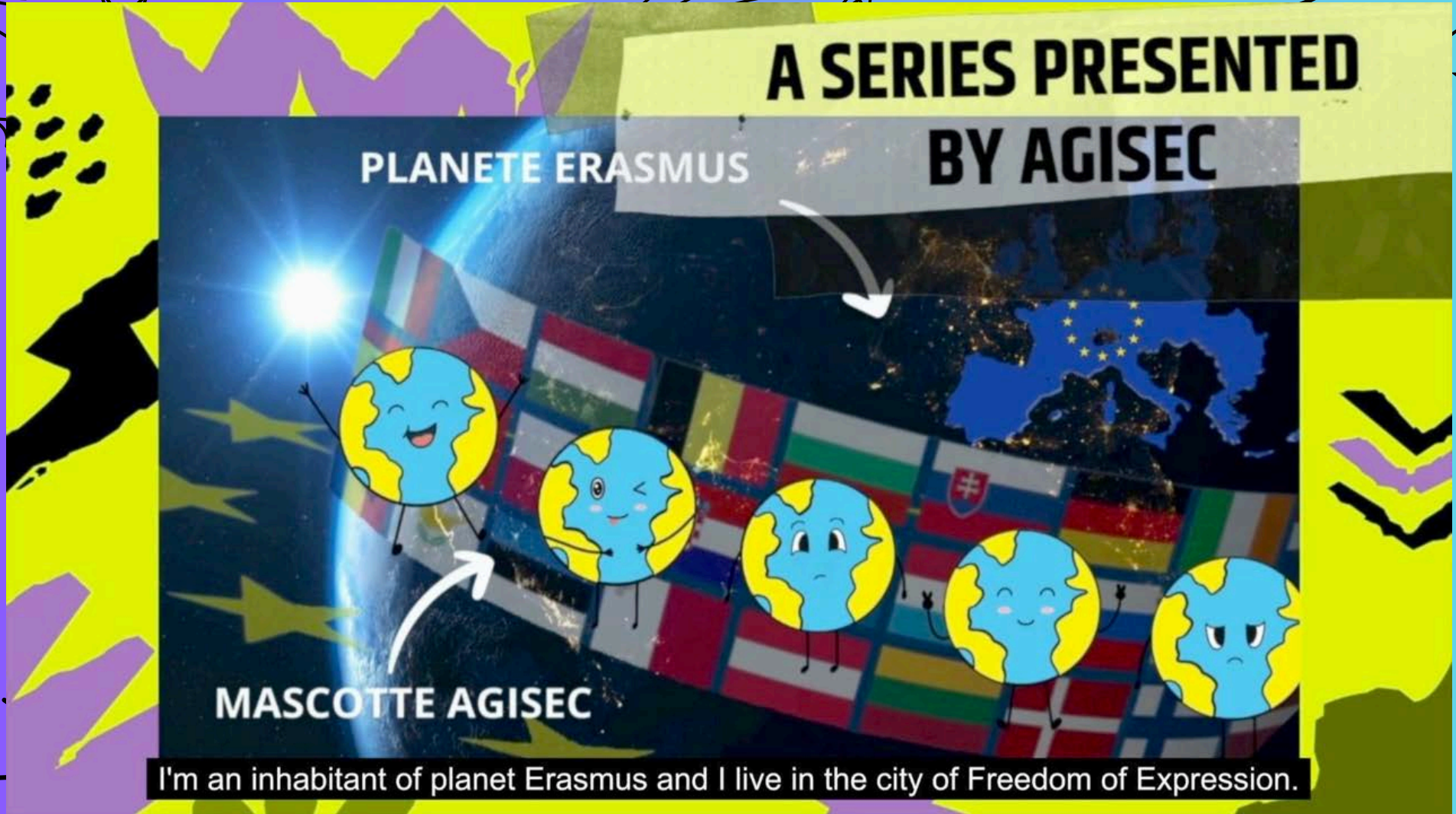


# A SERIES PRESENTED BY AGISEC

PLANETE ERASMUS

MASCOTTE AGISEC

I'm an inhabitant of planet Erasmus and I live in the city of Freedom of Expression.



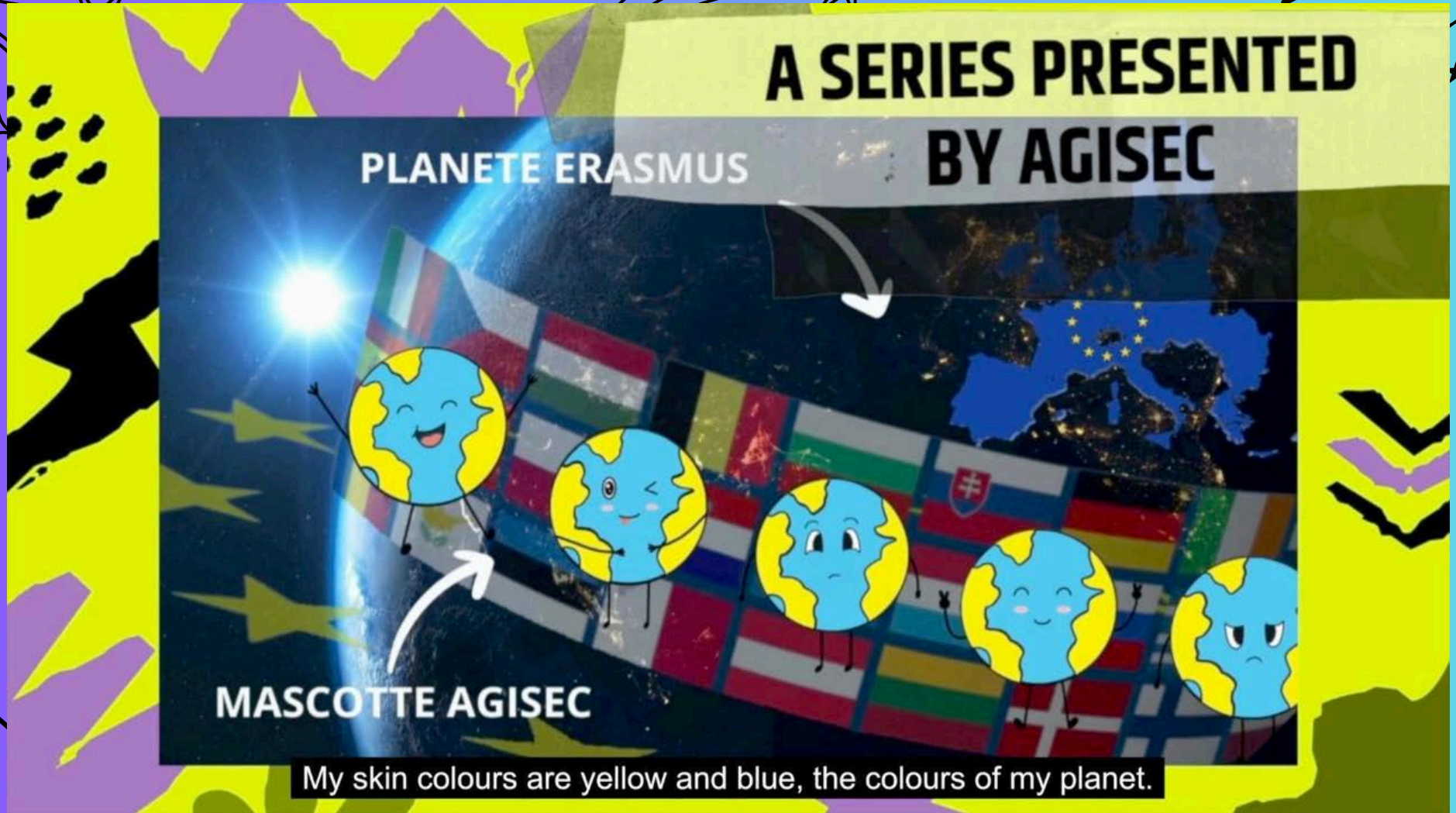


# A SERIES PRESENTED BY AGISEC

PLANETE ERASMUS

MASCOTTE AGISEC

My skin colours are yellow and blue, the colours of my planet.



# A SERIES PRESENTED BY AGISEC

PLANETE ERASMUS

MASCOTTE AGISEC

In this documentary series, we discover what people on Earth are doing



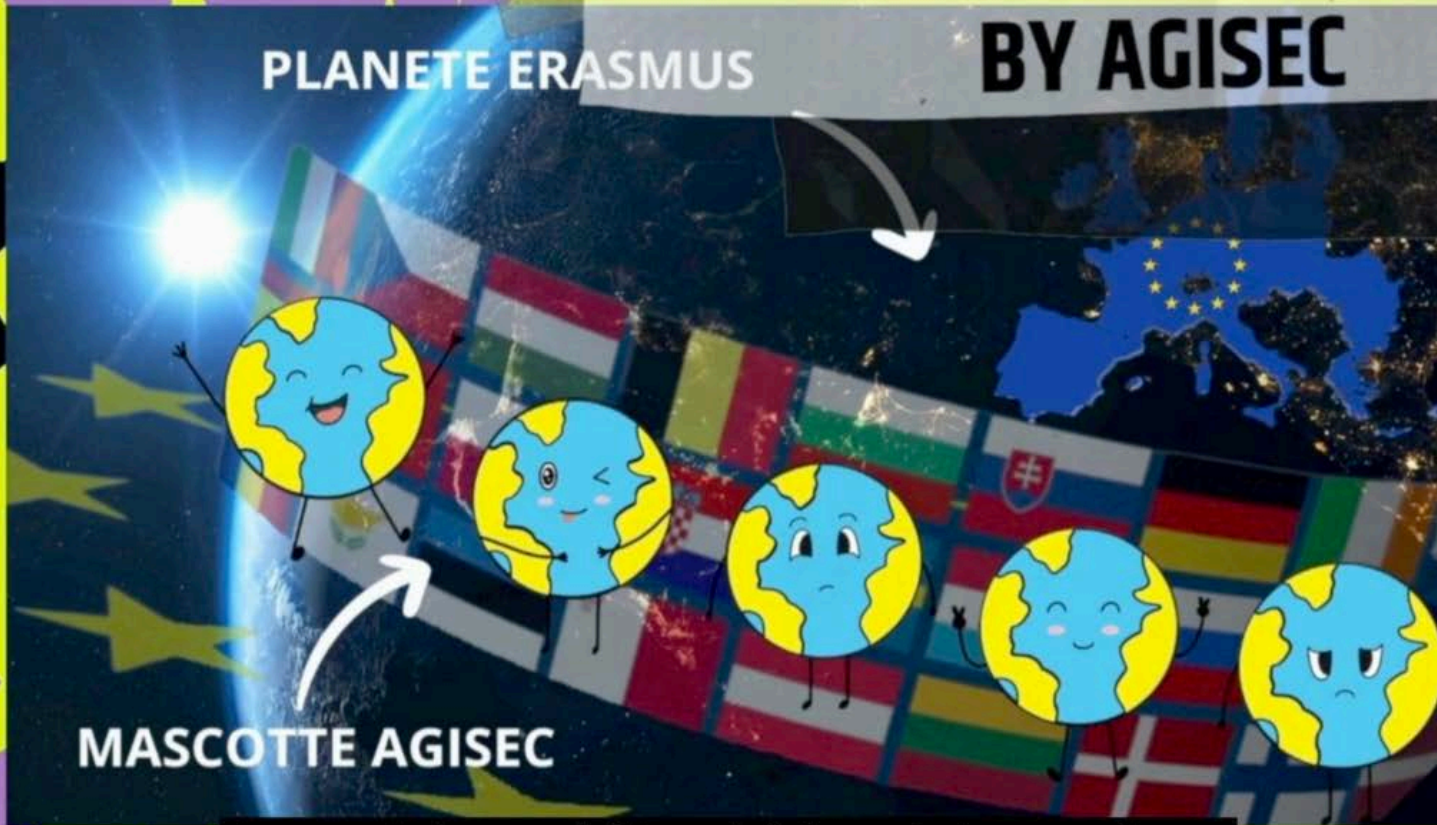


# A SERIES PRESENTED BY AGISEC

PLANETE ERASMUS

MASCOTTE AGISEC

to promote human rights and dialogue between cultures.



WITH  
IBTISSAME  
OUR  
REPORTER

**LIVE**

AGISEC

28 SEPT 2024  
14h-18h

LES OLYMPIADES  
DE L'HANDISPORT

SEMAINE EUROPÉENNE DU SPORT

30 JOURS!  
CHACQUE JOUR

LABELISÉ GRANDE CAUSE NATIONALE 2024

**BREAKING NEWS**

TODAY, 28 SEPTEMBER 2024



Through his lens, we will discover the third event in the AGISEC project,



WITH  
IBTISSAME  
OUR

**LIVE**

AGISE

30 JOURS! CHAQUE JOUR!

28 SEPT 2024  
14h-18h

LES OLYMPIADES  
DE L'HANDISPORT

SEMAINE EUROPÉENNE DU SPORT

LABELISÉ GRANDE CAUSE NATIONALE 2024

**BREAKING NEWS**

TODAY, 28 SEPTEMBER 2024



Today we meet Ibtissame, our reporter.

WITH  
IBTISSAME  
OUR  
REPORTER

**LIVE**

28 SEPT 2024  
14h-18h

LES OLYMPIADES  
DE L'HANDISPORT

SEMAINE EUROPÉENNE DU SPORT

30 JOURS!  
CHACQUE JOUR!

LABELISÉ GRANDE CAUSE NATIONALE 2024

**BREAKING NEWS**

TODAY, 28 SEPTEMBER 2024



which is taking place during European Sports Week.





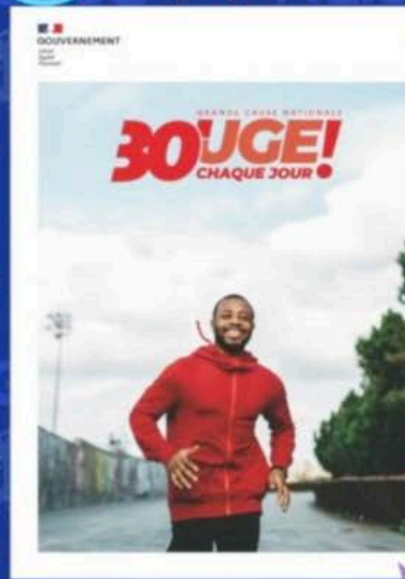
# GRANDE CAUSE NATIONALE DU SPORT 2024 LABEL



Our AGISEC project has been awarded the French "Grande Cause Nationale du Sport" label,



# GRANDE CAUSE NATIONALE DU SPORT 2024 LABEL



a recognition that makes us very proud and testifies to the positive impact of our actions.

**GRANDE CAUSE  
NATIONALE  
DU SPORT 2024  
LABEL**





**THIS WEB SERIES IS BEING PRODUCED AS PART  
OF AN ERASMUS+ SPORT PARTNERSHIP.**

**CEIPES**

CENTRO INTERNAZIONALE PER LA PROMOZIONE  
DELL'EDUCAZIONE E LO SVILUPPO

Italy

USSAP BOXE



1999

France



Aux couleurs



du deba

Instagram Facebook @agisecproject

This web series is being produced as part of an Erasmus plus Sport partnership,

**THIS WEB SERIES IS BEING PRODUCED AS PART  
OF AN ERASMUS+ SPORT PARTNERSHIP.**

**CEIPES**  
CENTRO INTERNAZIONALE PER LA PROMOZIONE  
DELL'EDUCAZIONE E LO SVILUPPO

Italy



Instagram Facebook @agisecproject

France



represented by USSAP, Section Boxe and Aux couleurs du DEBA.



**THIS WEB SERIES IS BEING PRODUCED AS PART  
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**CEIPES**  
CENTRO INTERNAZIONALE PER LA PROMOZIONE  
DELL'EDUCAZIONE E LO SVILUPPO

Italy



Instagram Facebook @agisecproject

France

*Liberté  
Égalité  
Fraternité*



in collaboration with CEIPES in Palermo, Sicily, and the Pessac associations

# THE AGISEC PROJECT IS CO-FINANCED BY EUROPEAN UNION



Co-funded by  
the European Union



The project is funded by the European Union.





# THE AGISEC PROJECT IS CO-FINANCED BY EUROPEAN UNION



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Erasmus+  
Enriching lives, opening minds.



However, the views and opinions expressed are those of the authors

# THE AGISEC PROJECT IS CO-FINANCED BY EUROPEAN UNION



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and do not necessarily reflect those of the European Union



# THE AGISEC PROJECT IS CO-FINANCED BY EUROPEAN UNION



Co-funded by  
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or the European Executive Agency for Education and Culture, EACEA.

# THE AGISEC PROJECT IS CO-FINANCED BY EUROPEAN UNION



Co-funded by  
the European Union

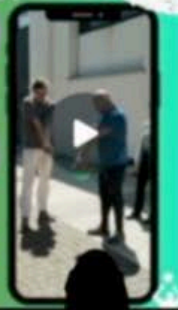


LE HANDICAP  
EST UNE FORCE



AGIR POUR UN  
SPORT INCLUSIF  
ET ECOLOGIQUE

LA WEB SERIE  
D'AGISEC



Neither the European Union nor the EACEA can be held responsible for them.





Today, I'm taking you on a trip to the Disabled Sports Olympics.



boccia, wheelchair basketball, laser shooting and a host of other challenges.





On the programme are sporting events in which participants will discover goalball,



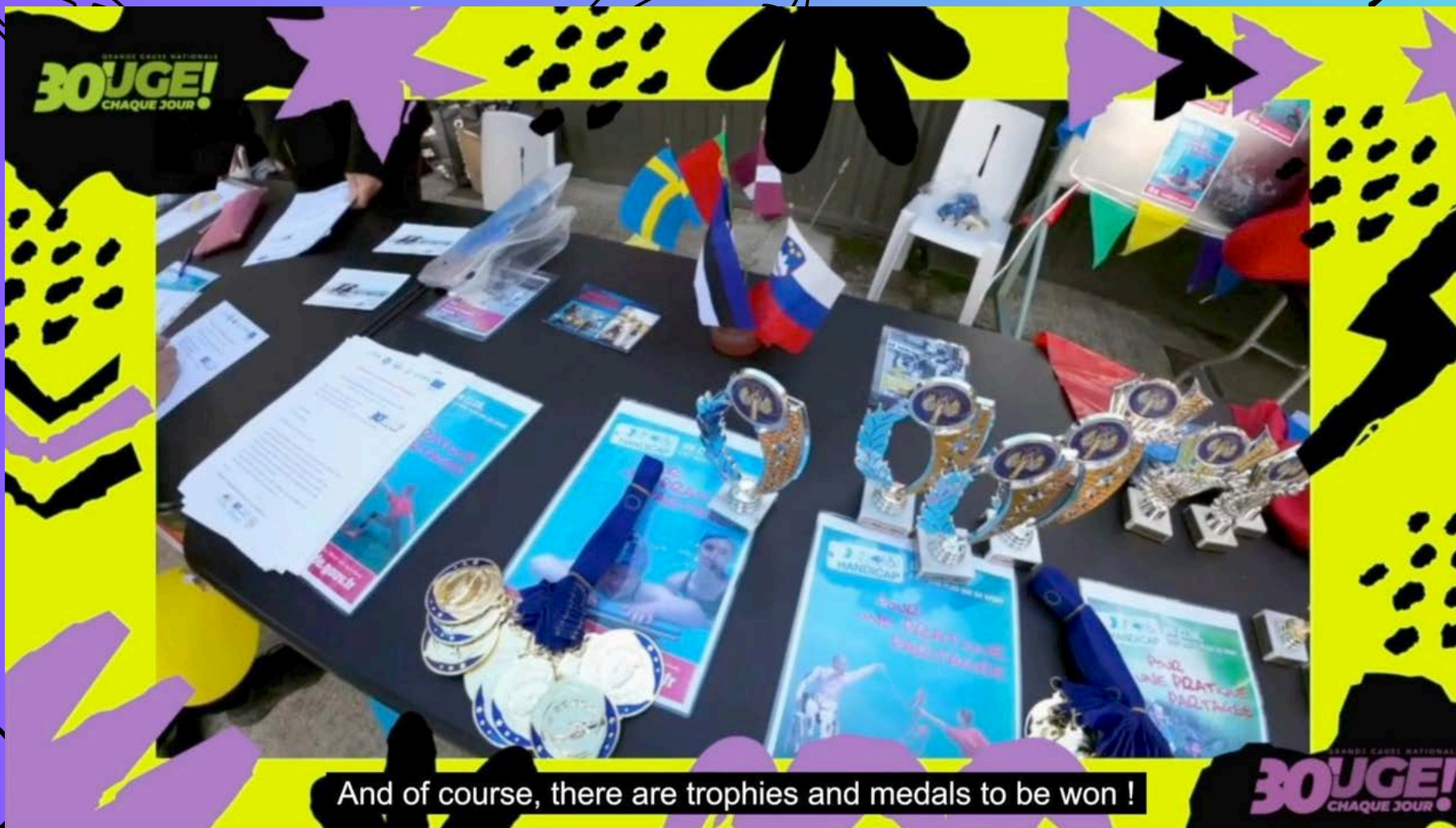






But it's not just a competition : the emphasis here is on respect, team spirit and fair play.



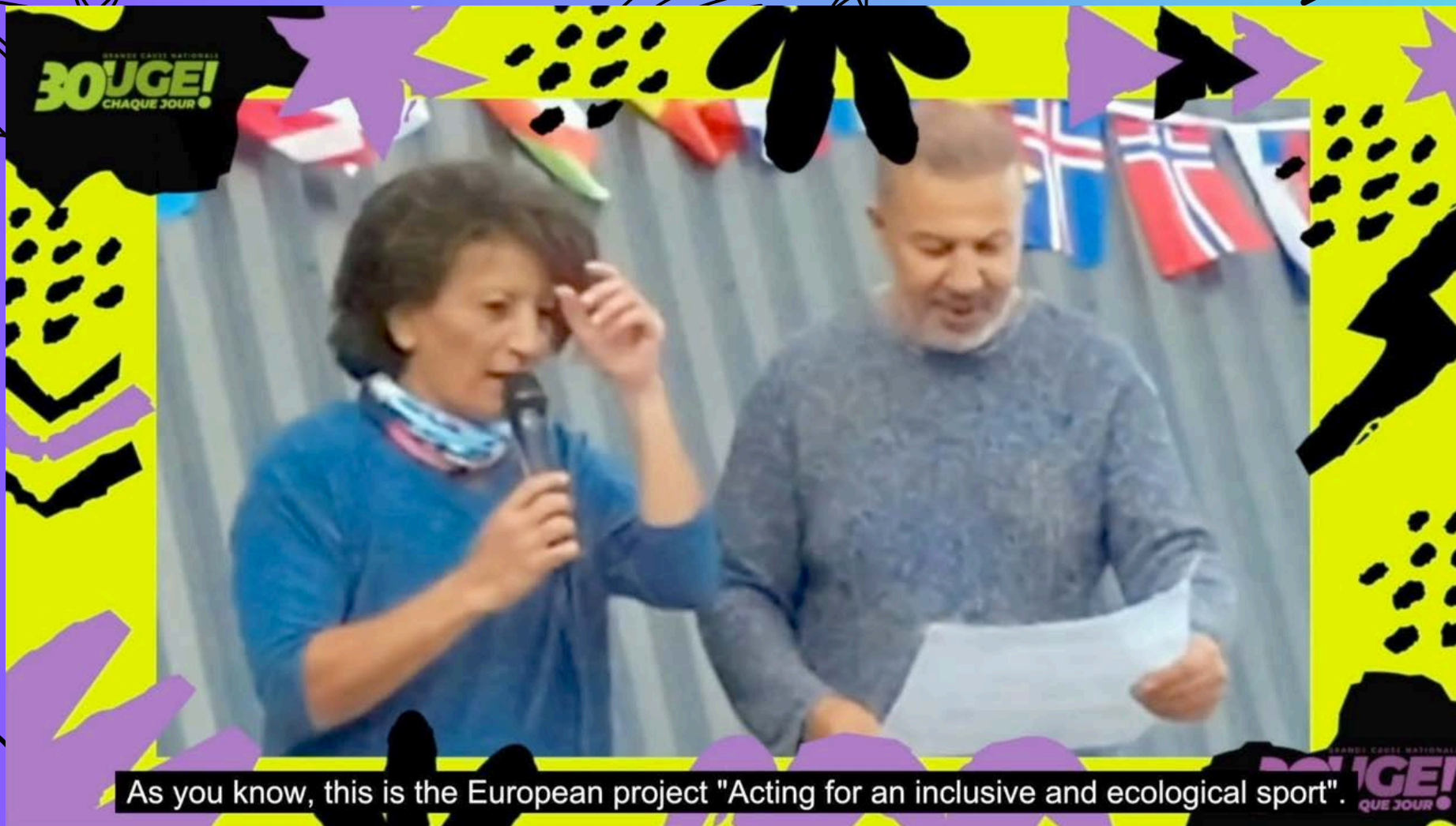


And of course, there are trophies and medals to be won !



Thank you for being with us today.



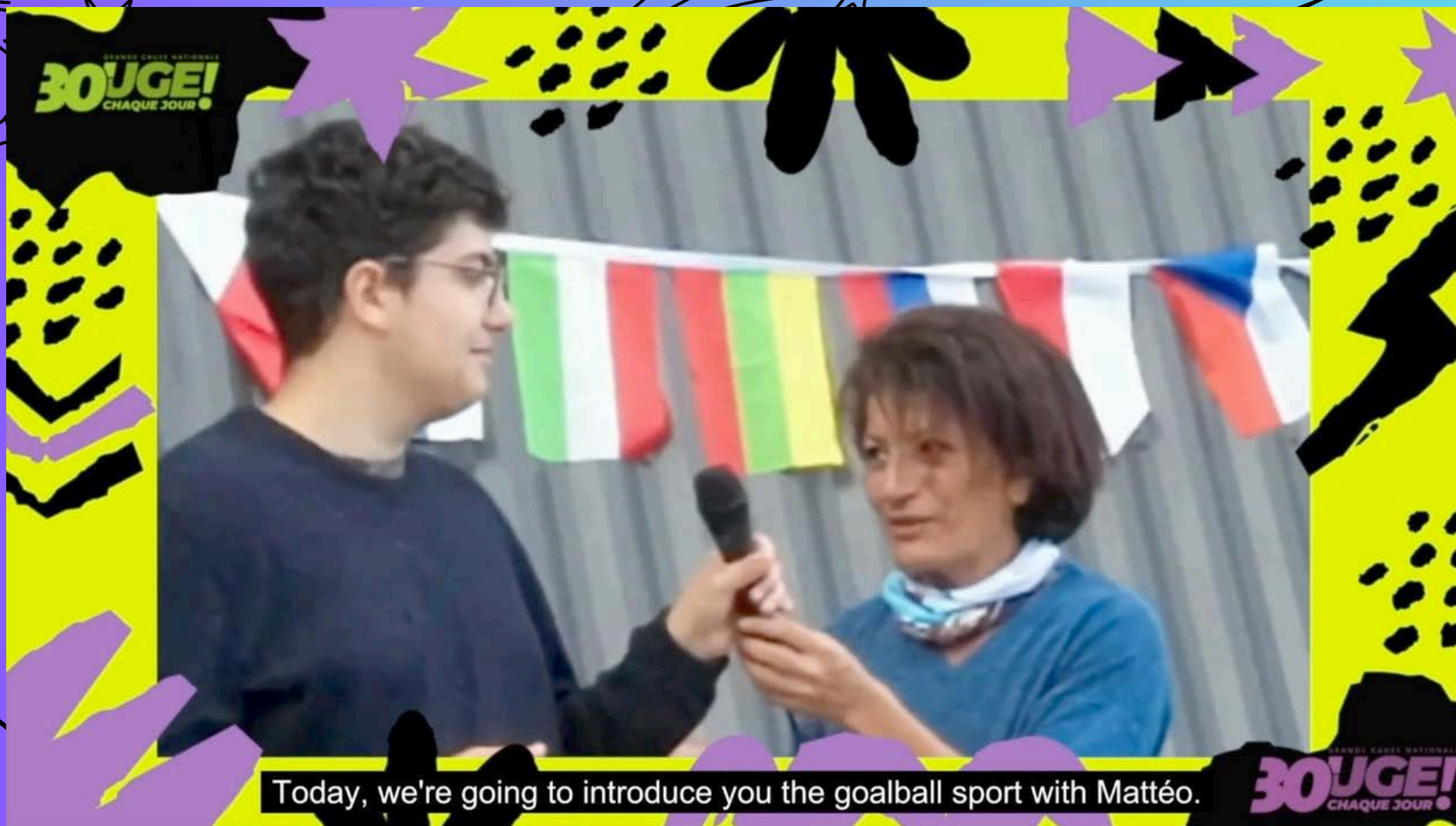


As you know, this is the European project "Acting for an inclusive and ecological sport".



This is the third event in the project.





Today, we're going to introduce you the goalball sport with Mattéo.

GRANDE CAUSE NATIONALE  
**30U GE!**  
CHAQUE JOUR



The aim is to play blindfolded with a bell ball and score as many points as possible.





Well done and thank you Mattéo.



We'll call Mickaël, who will introduce us to boccia. He'll explain what boccia is



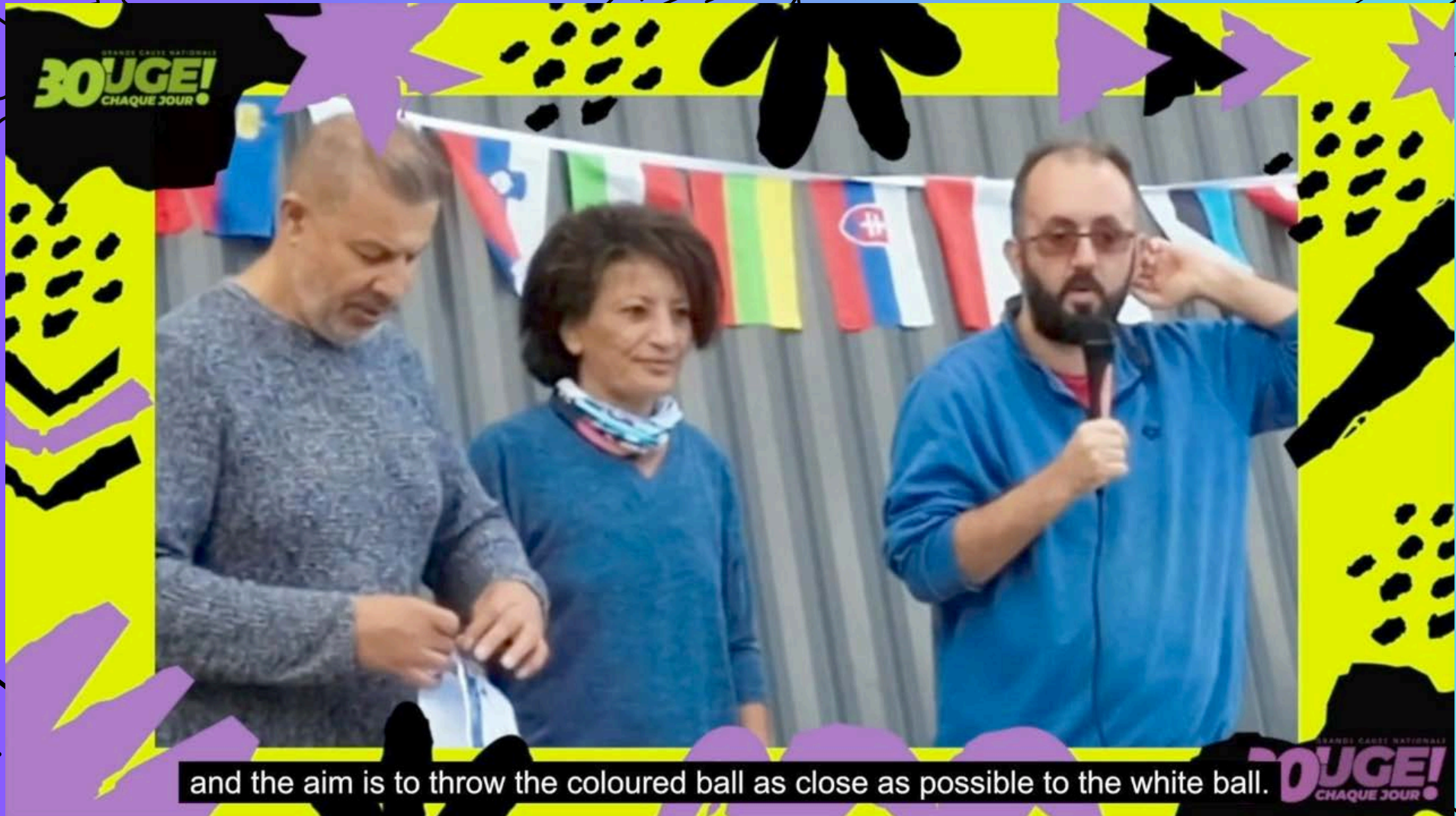


Boccia is a bit like pétanque.



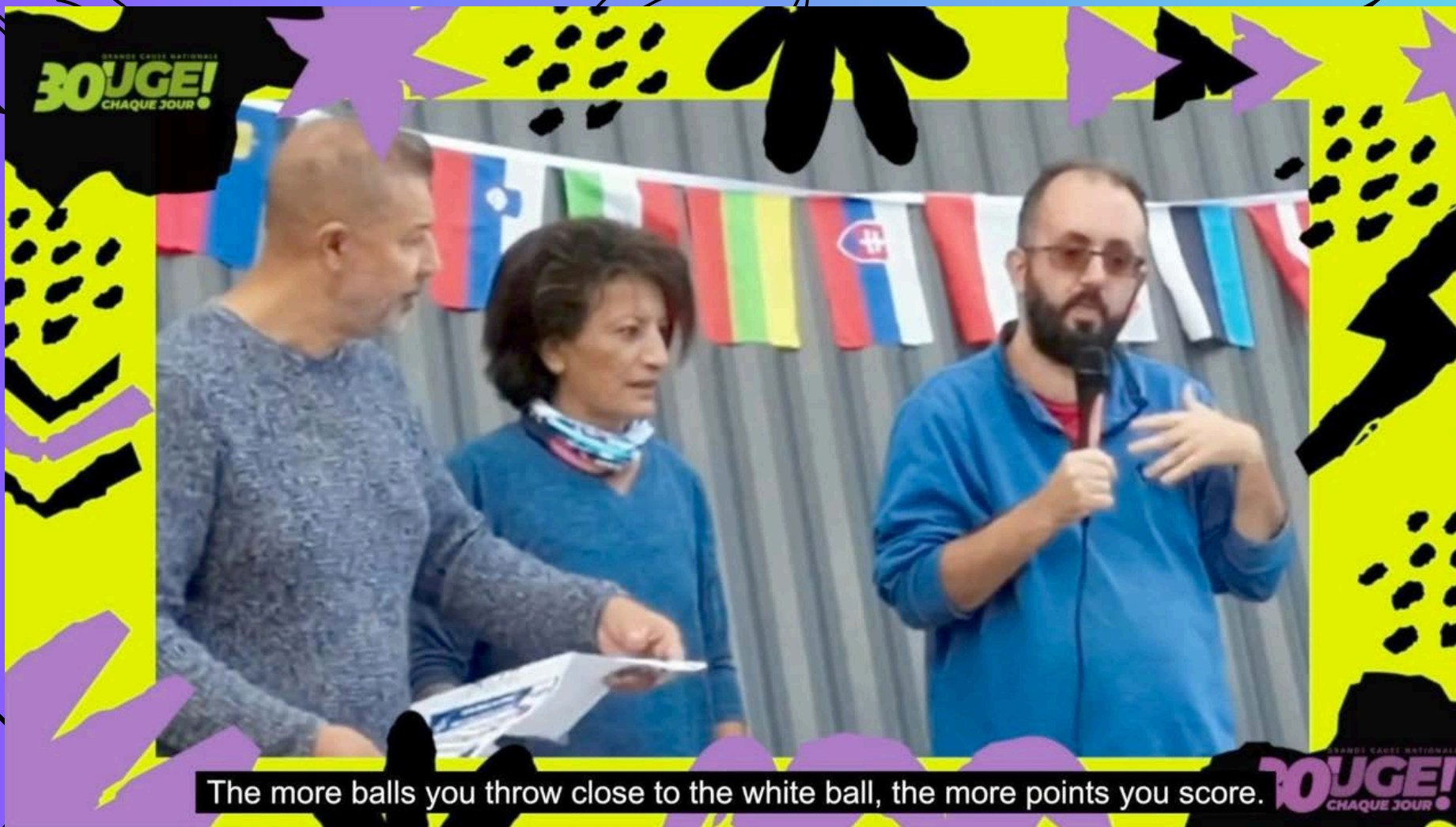
It's played with soft balls



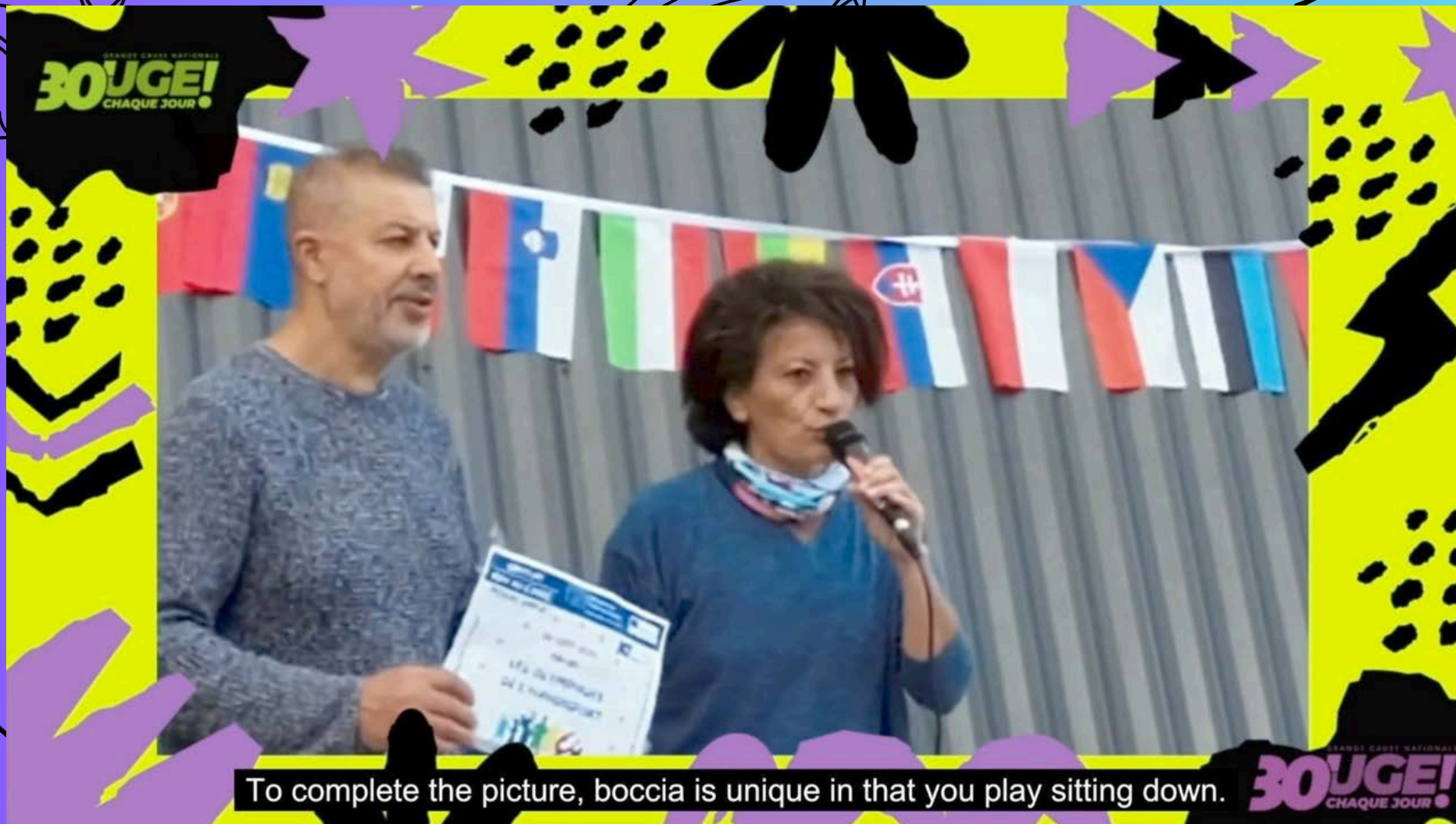


and the aim is to throw the coloured ball as close as possible to the white ball.

GRANDE CAISSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR







To complete the picture, boccia is unique in that you play sitting down.

30 JOURS!  
CHAQUE JOUR



In fact, the duo route will be over there.





There will be two people hanging on by their feet.

GRANDE CAUSE NATIONALE  
**30'UGE!**  
CHAQUE JOUR



And the aim of the game is to complete the course with your legs strapped in.

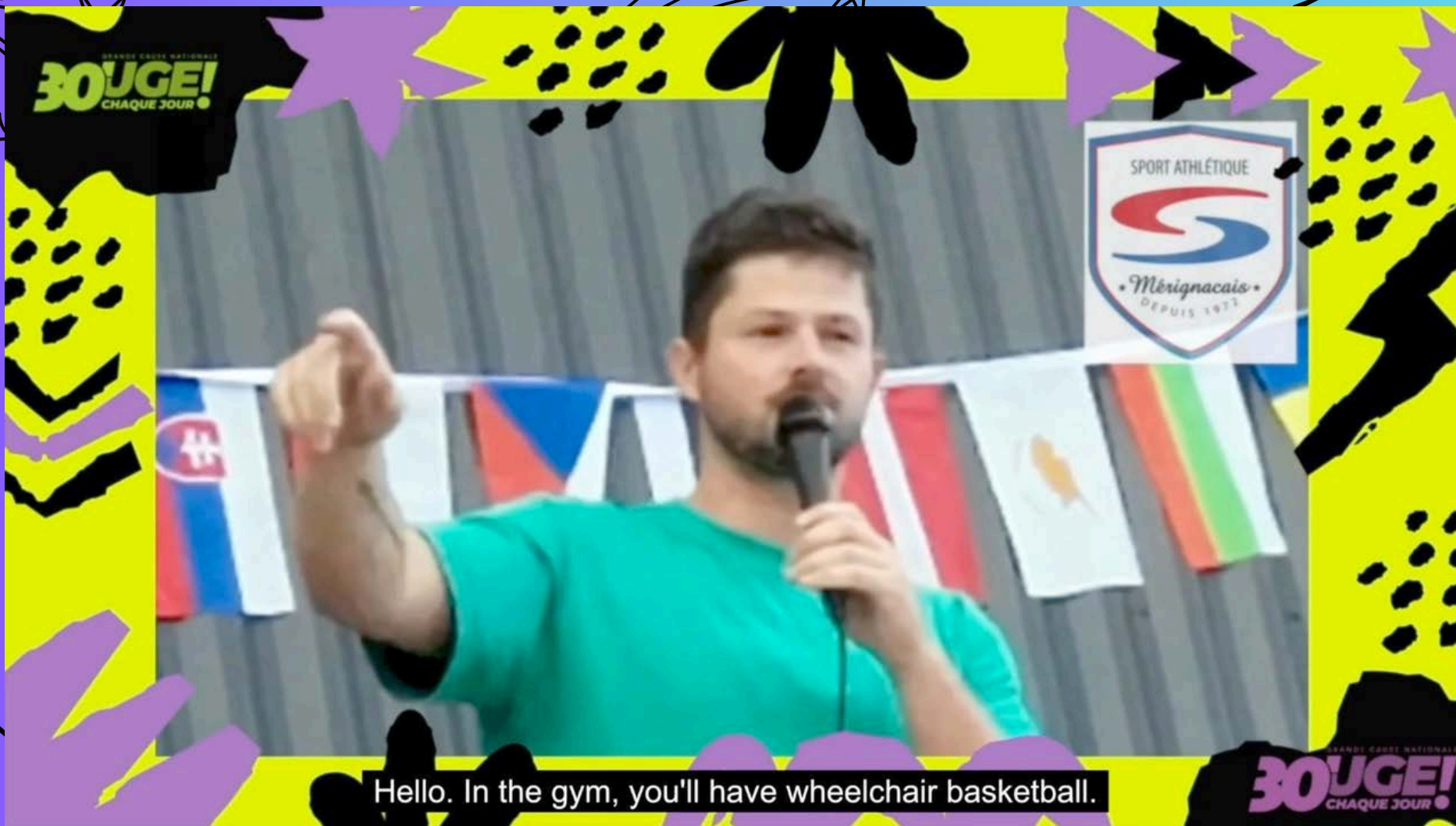
GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR











Hello. In the gym, you'll have wheelchair basketball.

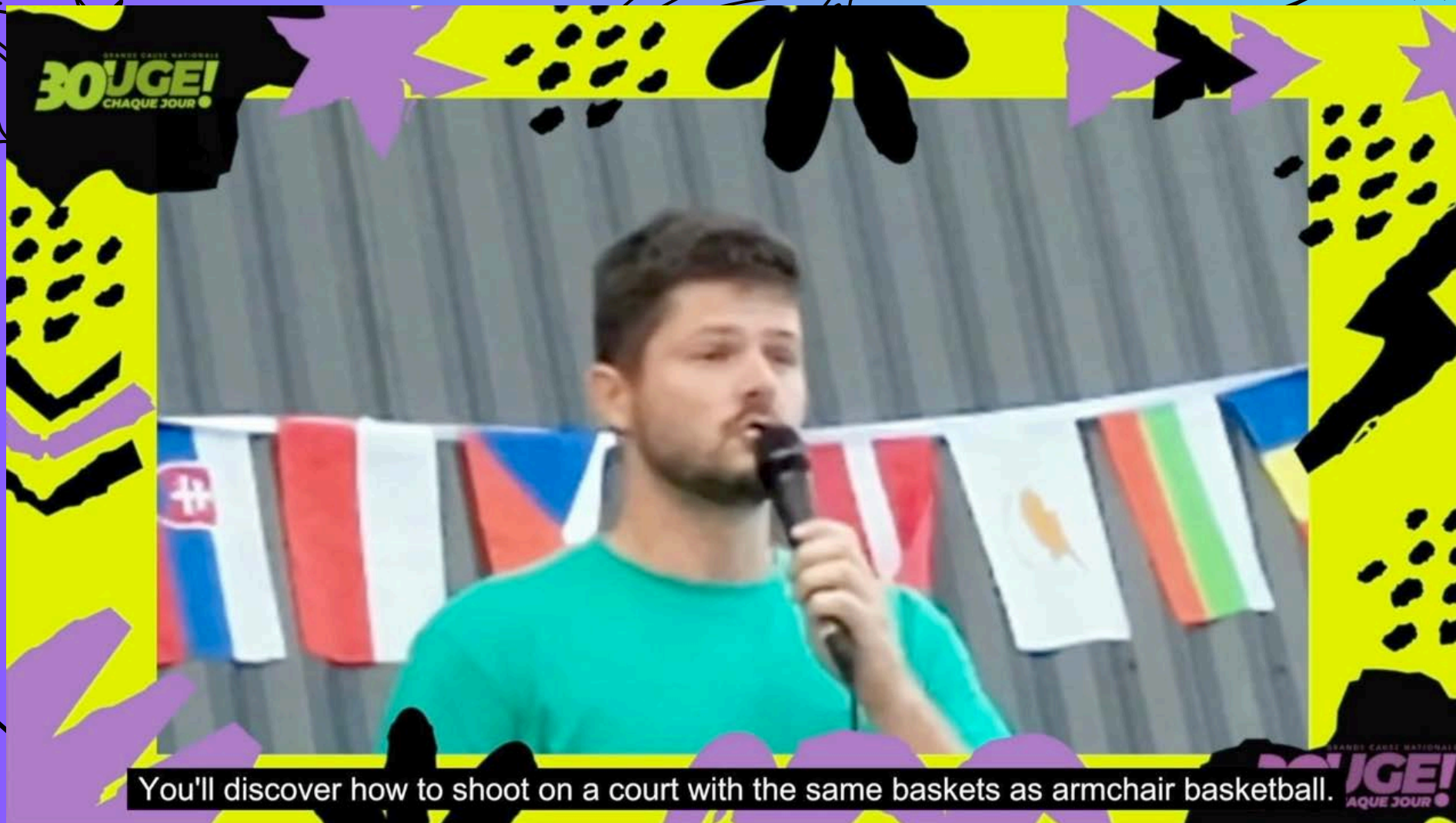


It's classic basketball. We'll all be in wheelchairs.



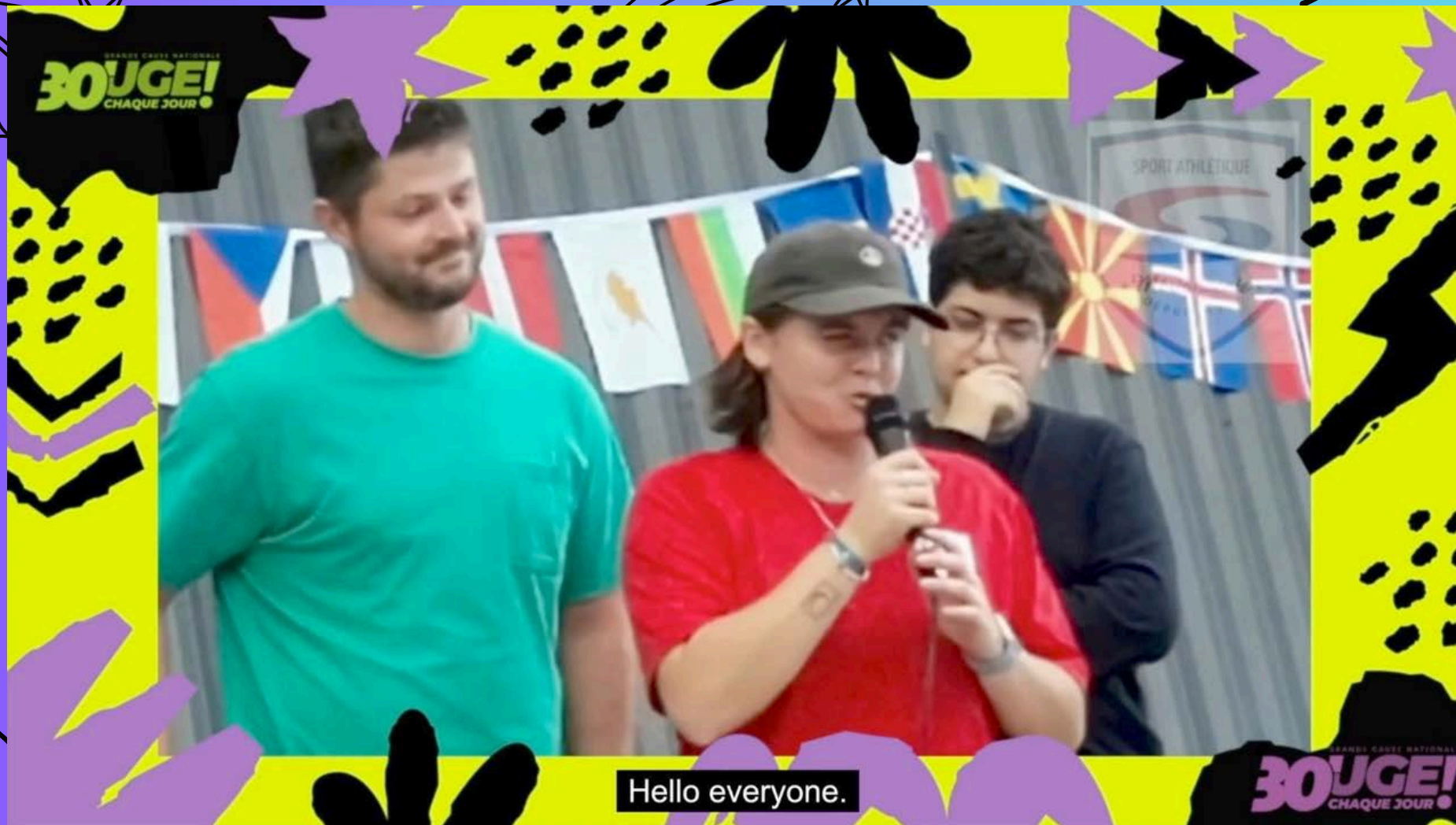


The rules are exactly the same.



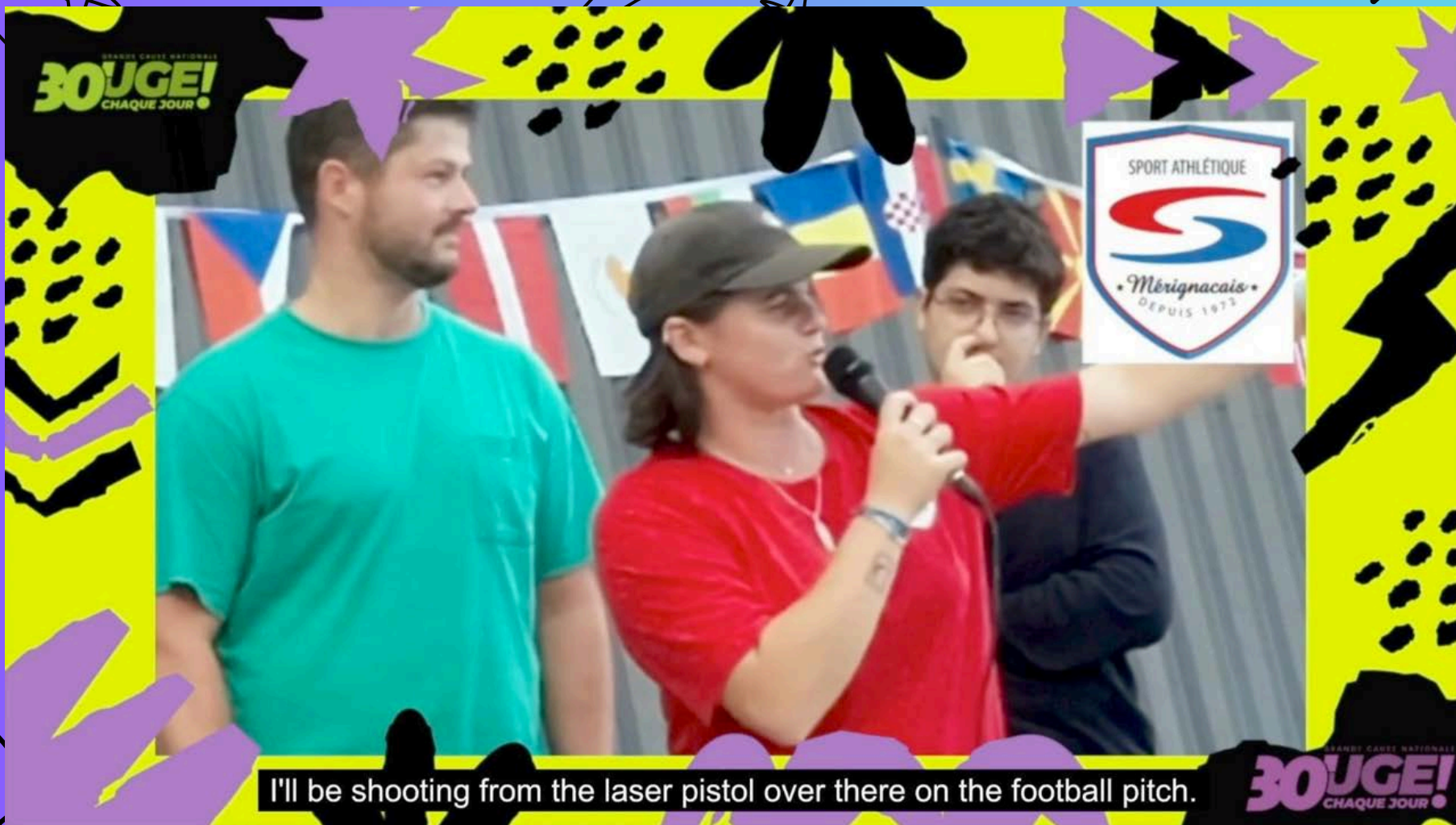
You'll discover how to shoot on a court with the same baskets as armchair basketball.



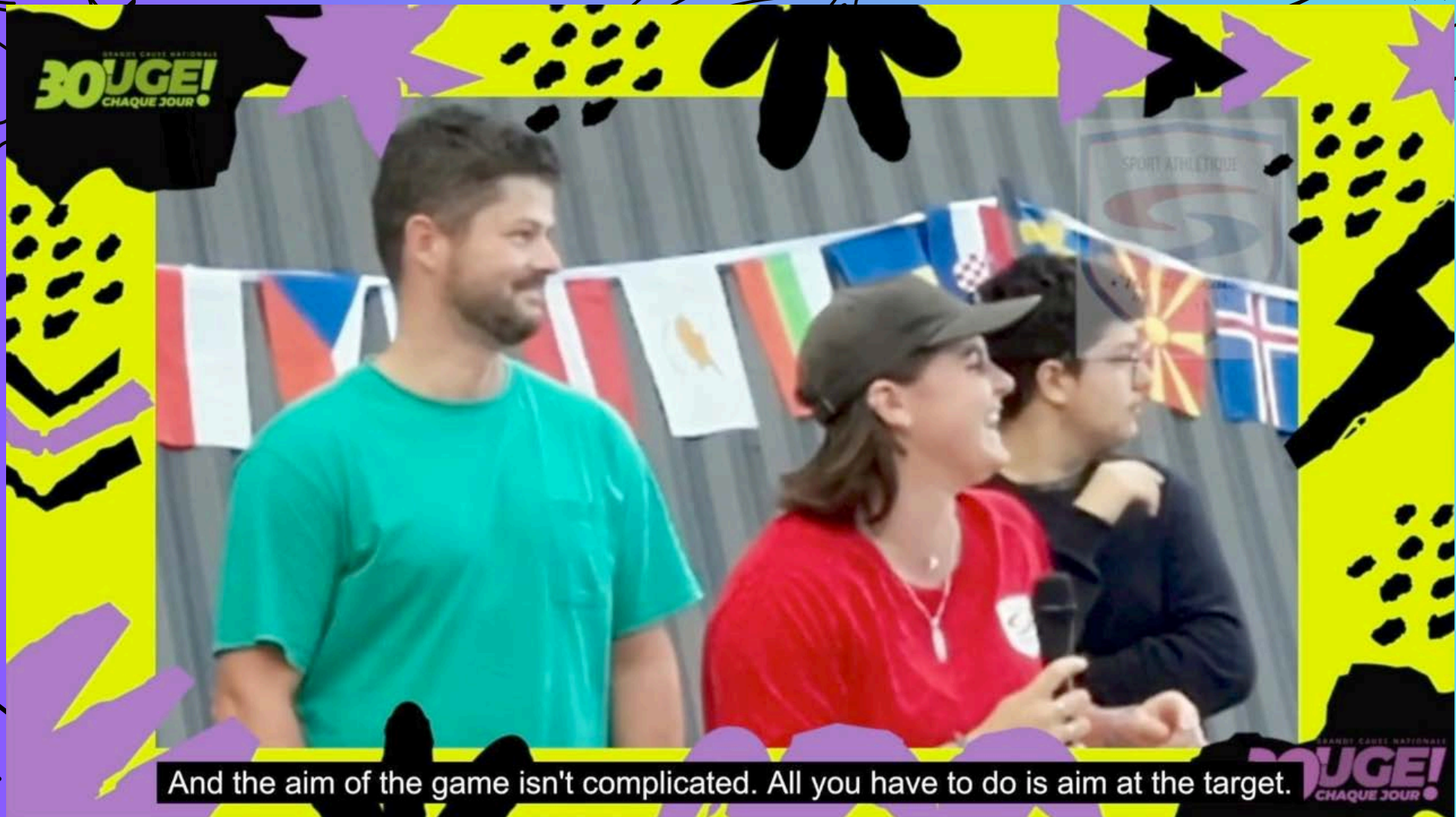


Hello everyone.

GRANDE CAUSE NATIONALE  
**30 JOURS!**  
CHAQUE JOUR







And the aim of the game isn't complicated. All you have to do is aim at the target.

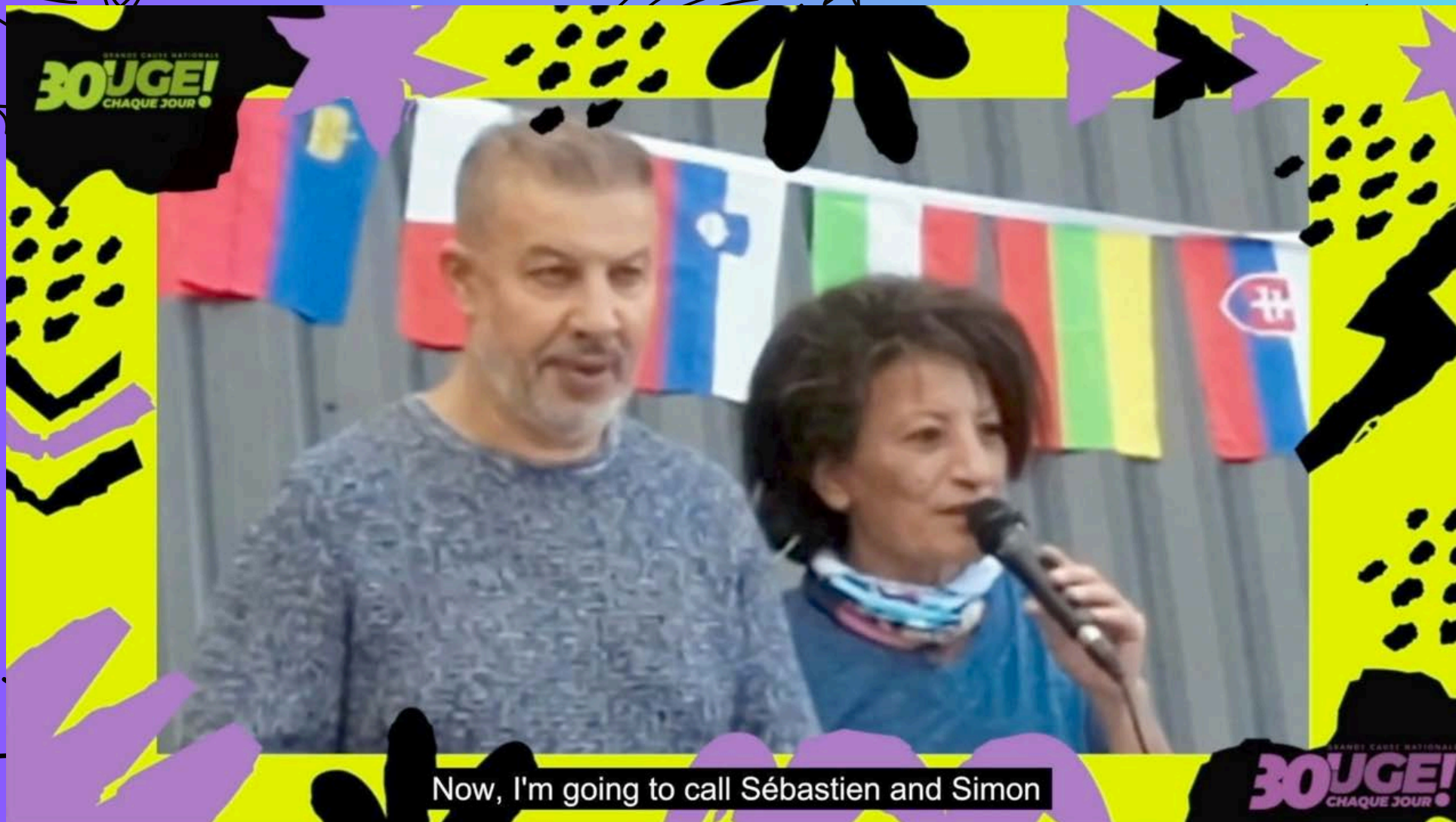


And when you hit the target,





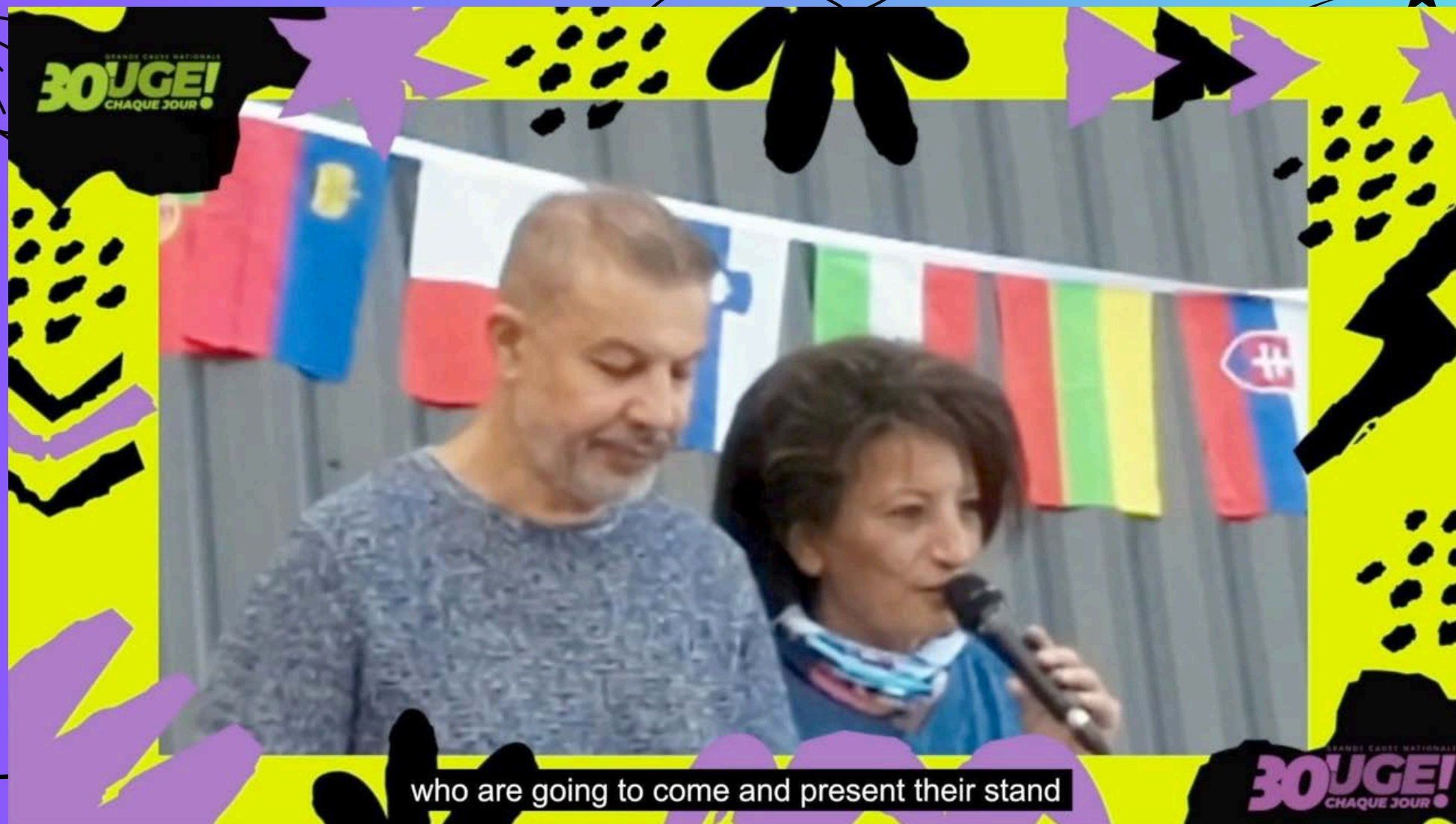
there's a little green light that tells you that you've managed to hit the center.



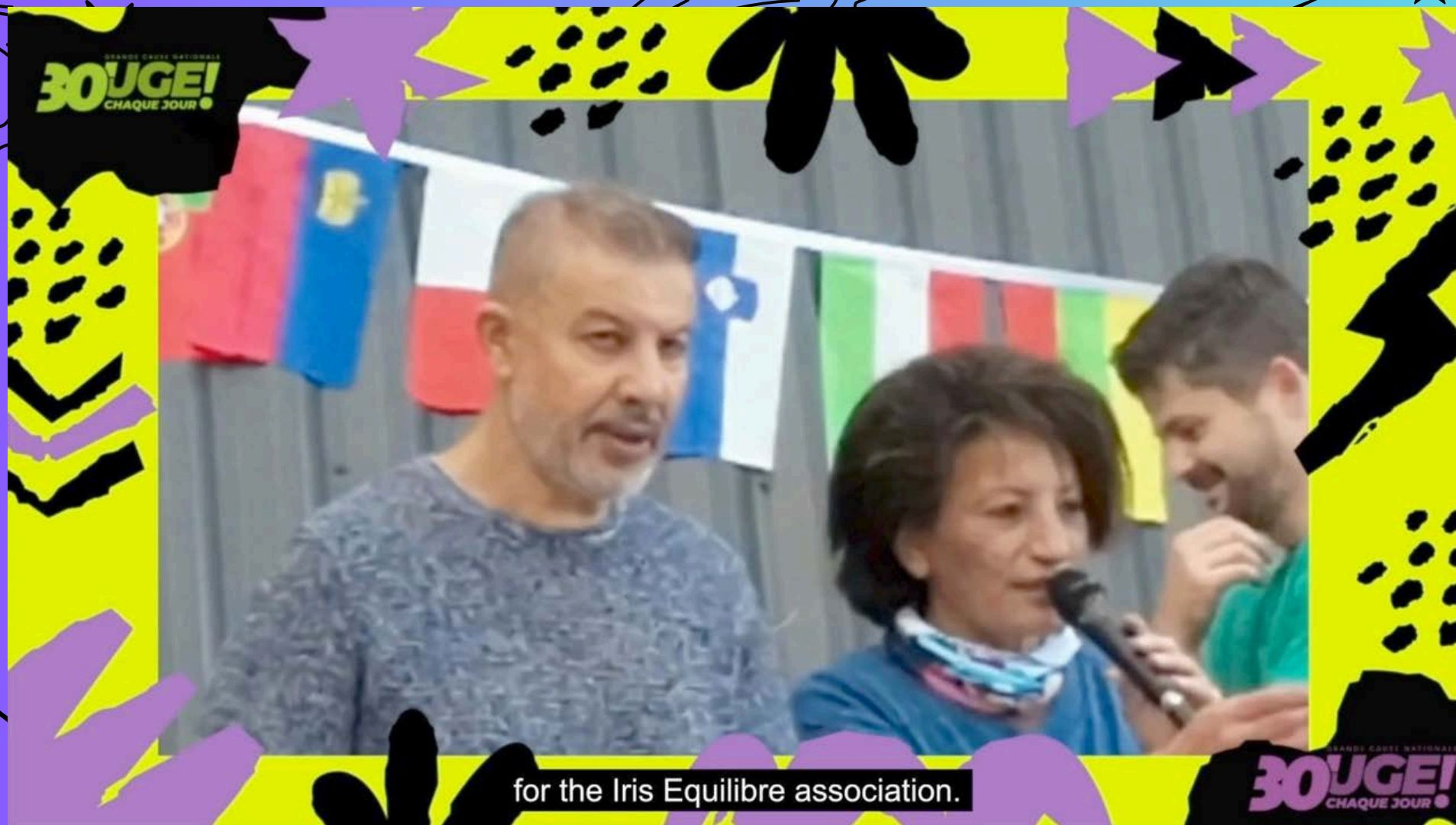
Now, I'm going to call Sébastien and Simon

GRANDS CAISSE NATIONALE  
**30 UGE!**  
CHAQUE JOUR





who are going to come and present their stand



for the Iris Equilibre association.

GRANDE CAUSE NATIONALE  
**30 JOURS!**  
CHAQUE JOUR





Hello. We're here.

GRANDS CASES NATIONALES  
**30'UGE!**  
CHAQUE JOUR



GRANDS CASES NATIONALES  
**30'UGE!**  
CHAQUE JOUR



We carry out fitness assessments.





Our job is to carry out a technical inspection of the body,



to put it very simply.





We measure flexibility, strength and balance,

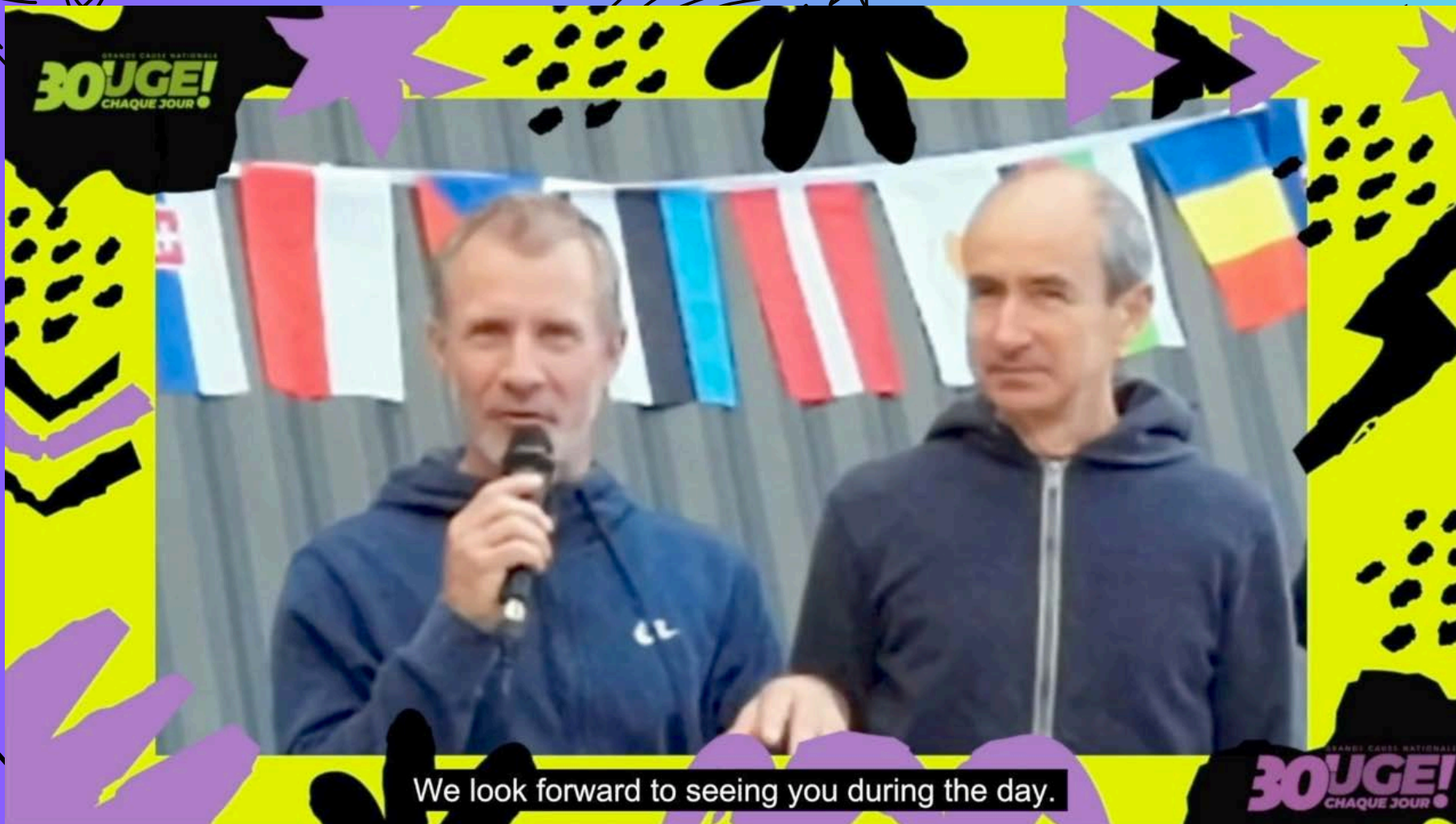


the five contribution factors.



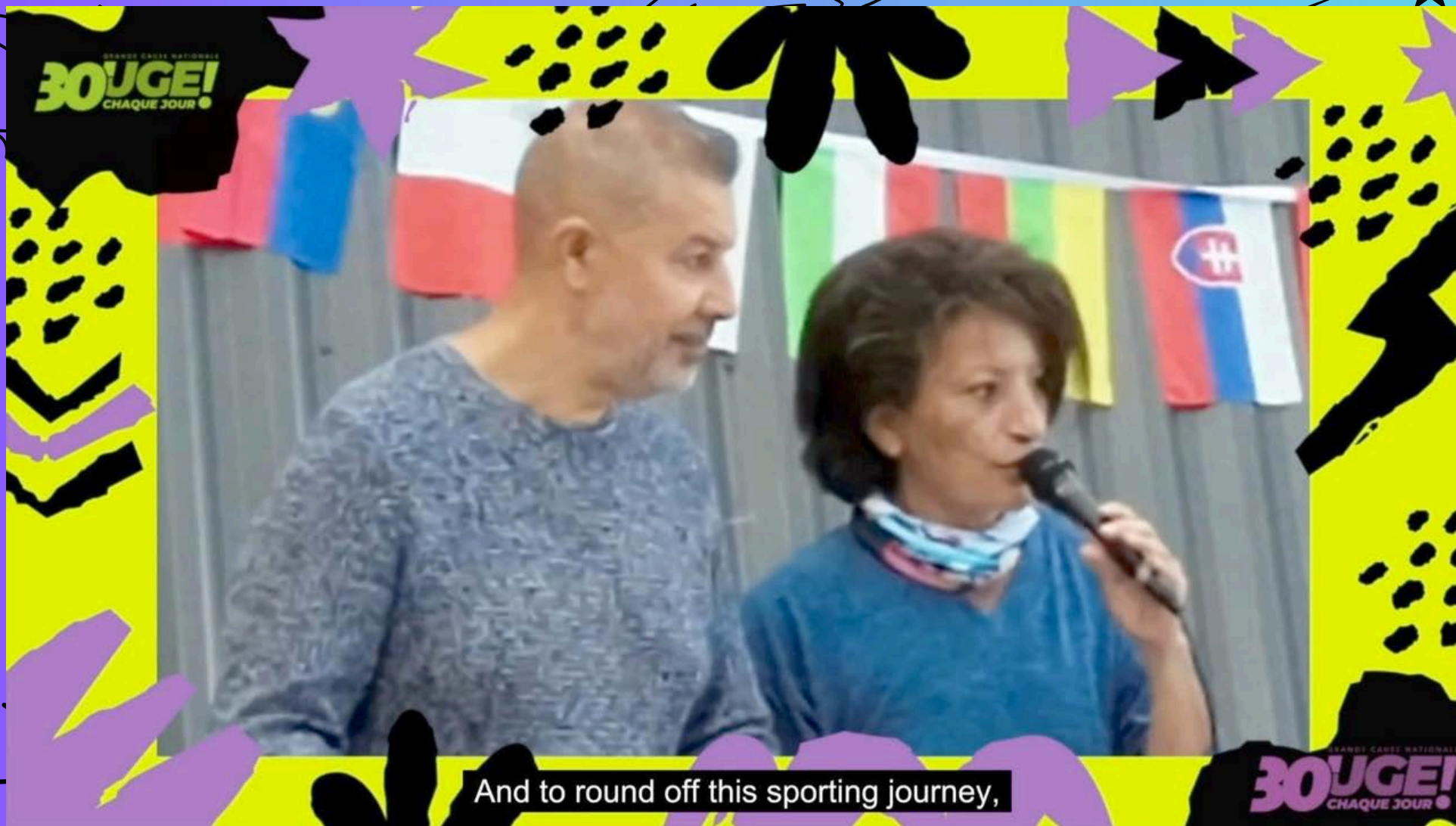


And we'll see where you stand from that point of view.



We look forward to seeing you during the day.





And to round off this sporting journey,

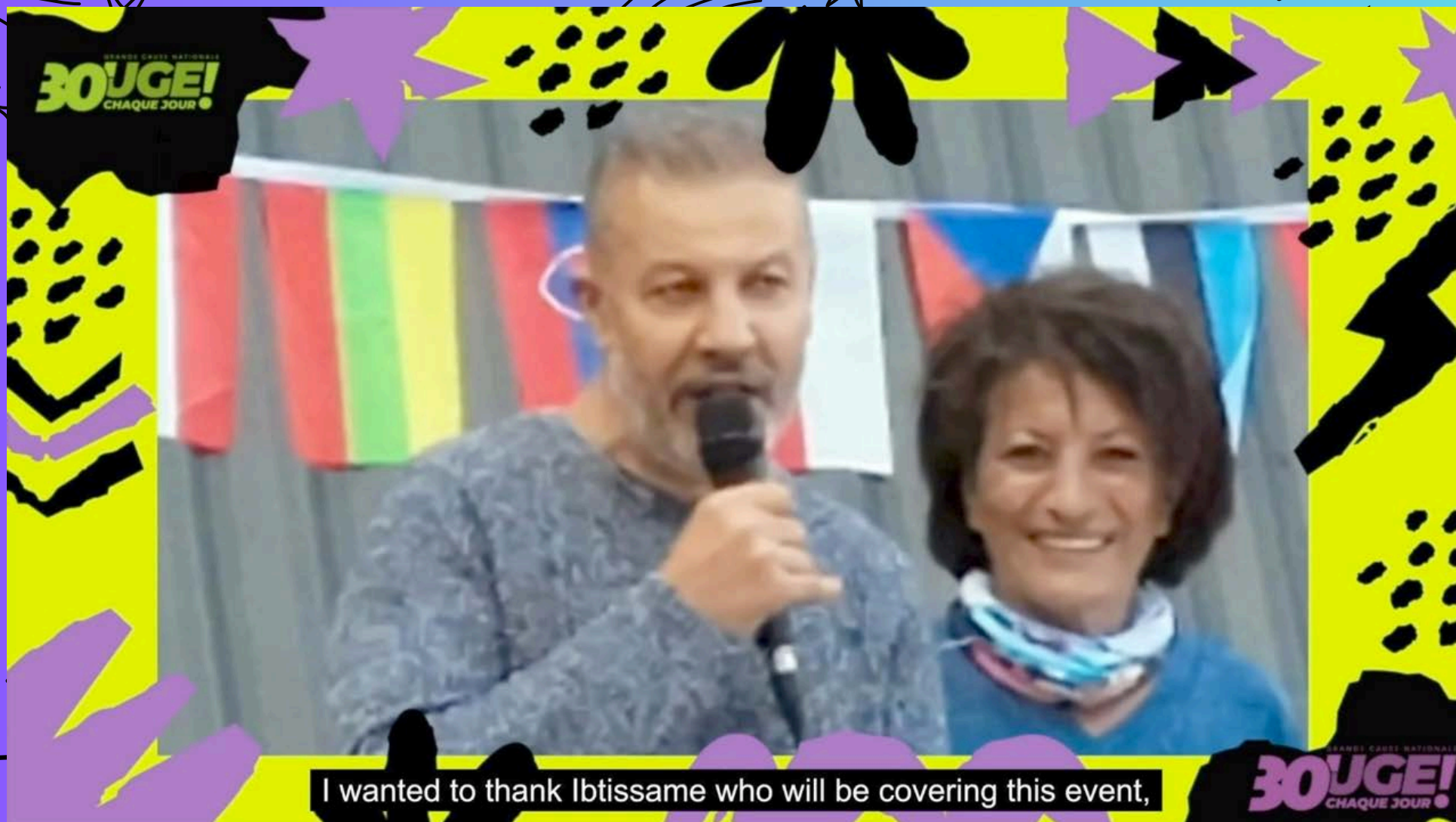


it's obviously going to be with USSAP Boxing.





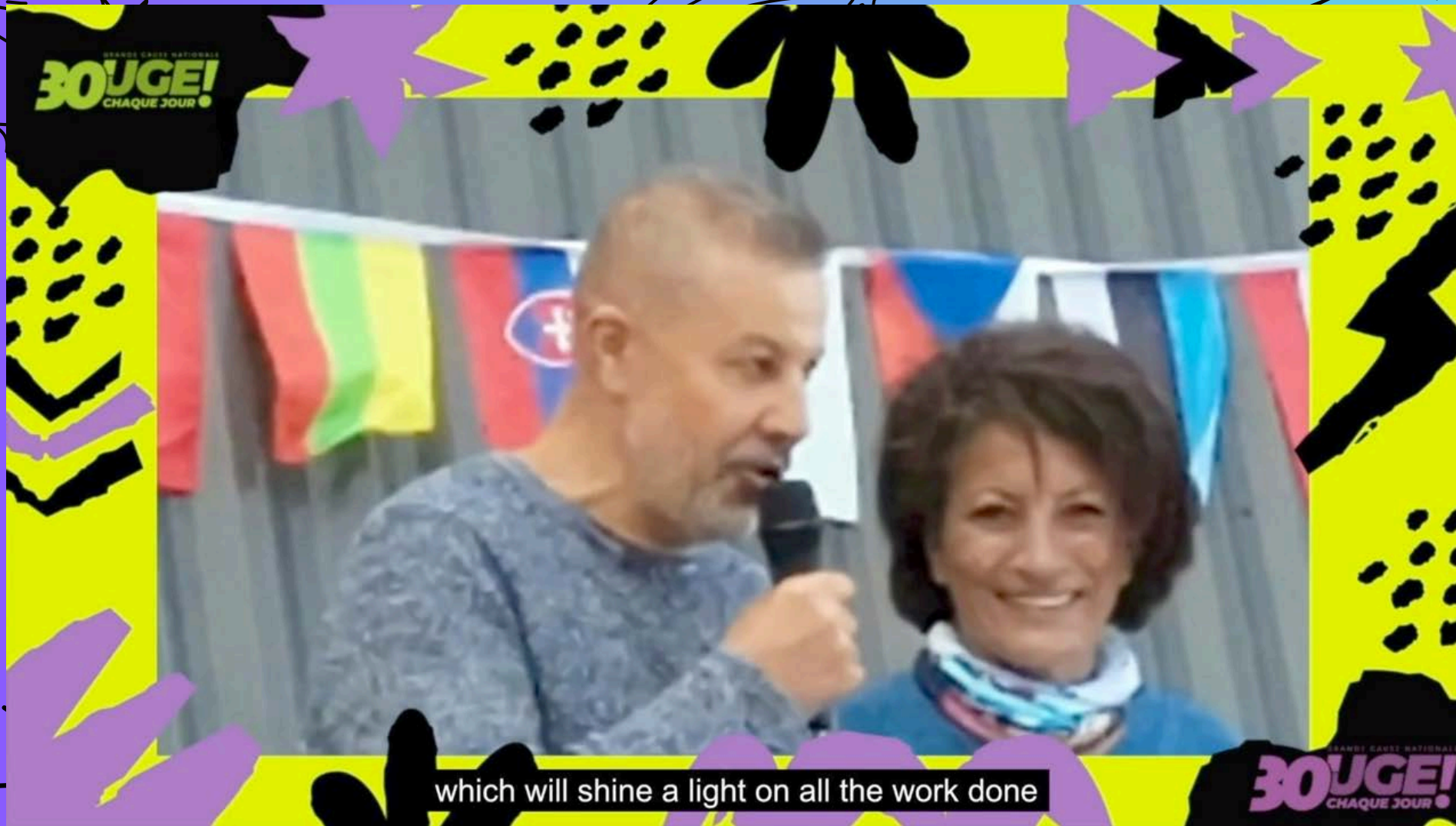
So, right from the start,



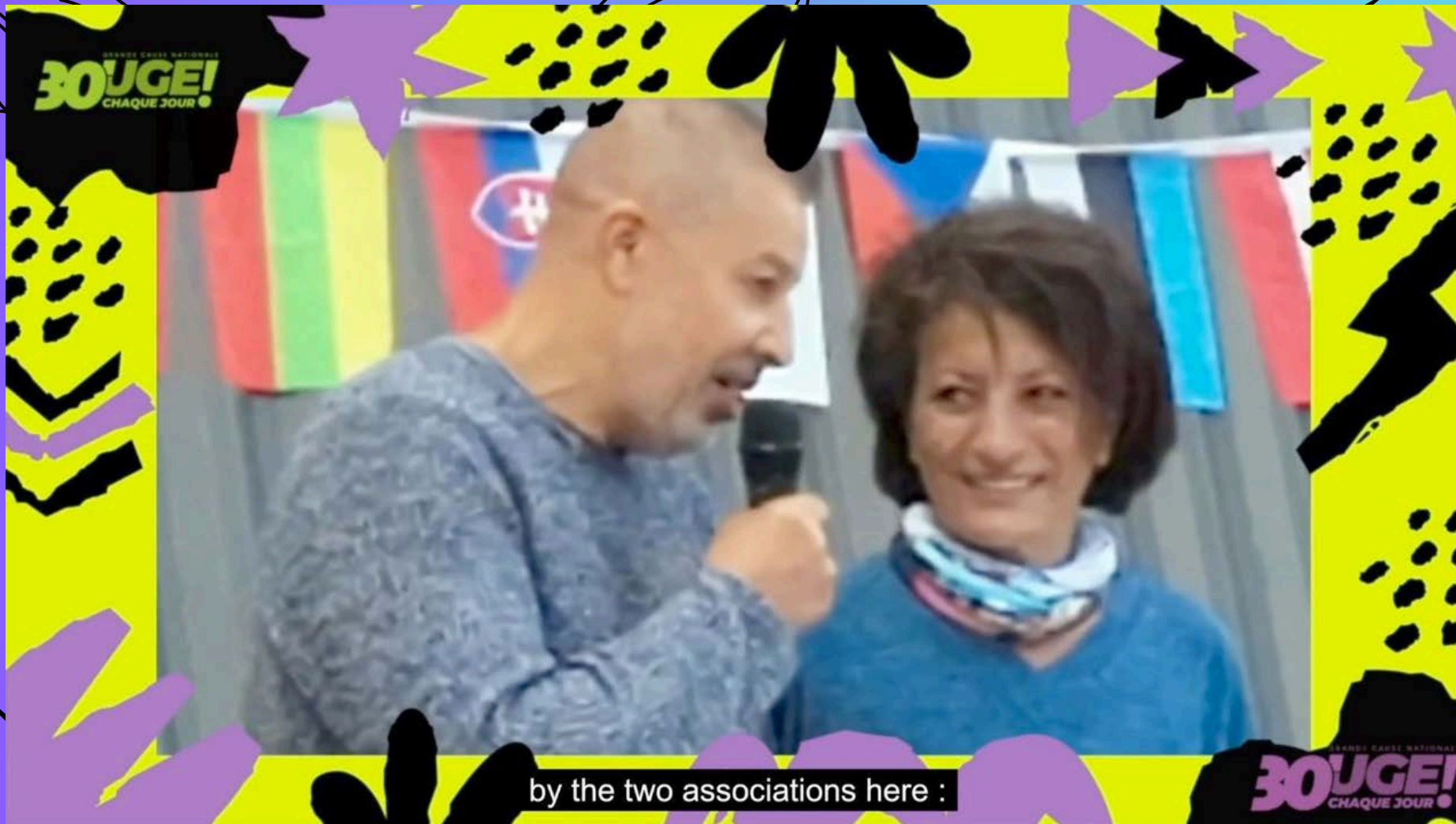
I wanted to thank Ibtissame who will be covering this event,

GRANDE CAUSE NATIONALE  
**30 JOURS!**  
CHAQUE JOUR



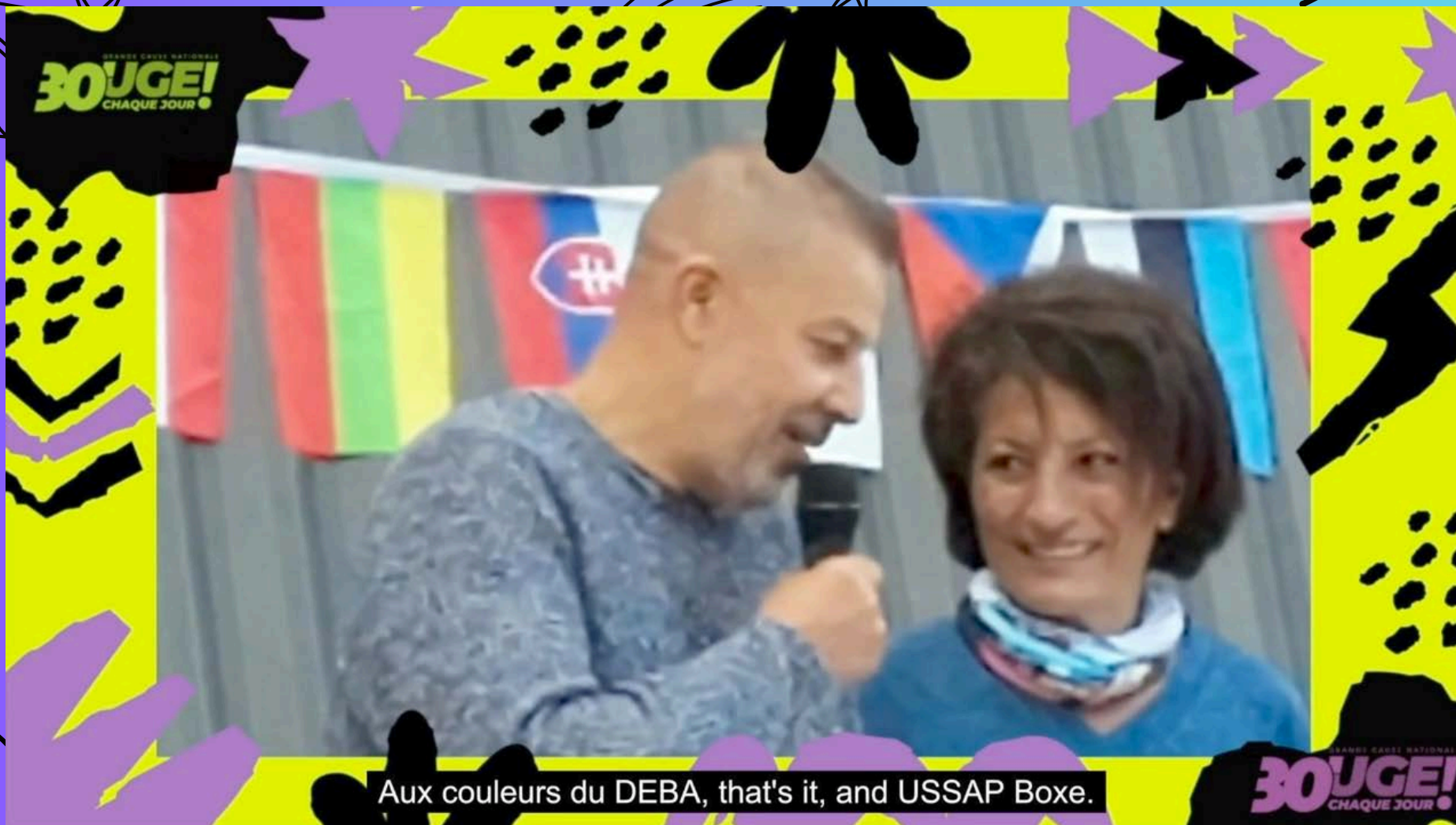


which will shine a light on all the work done



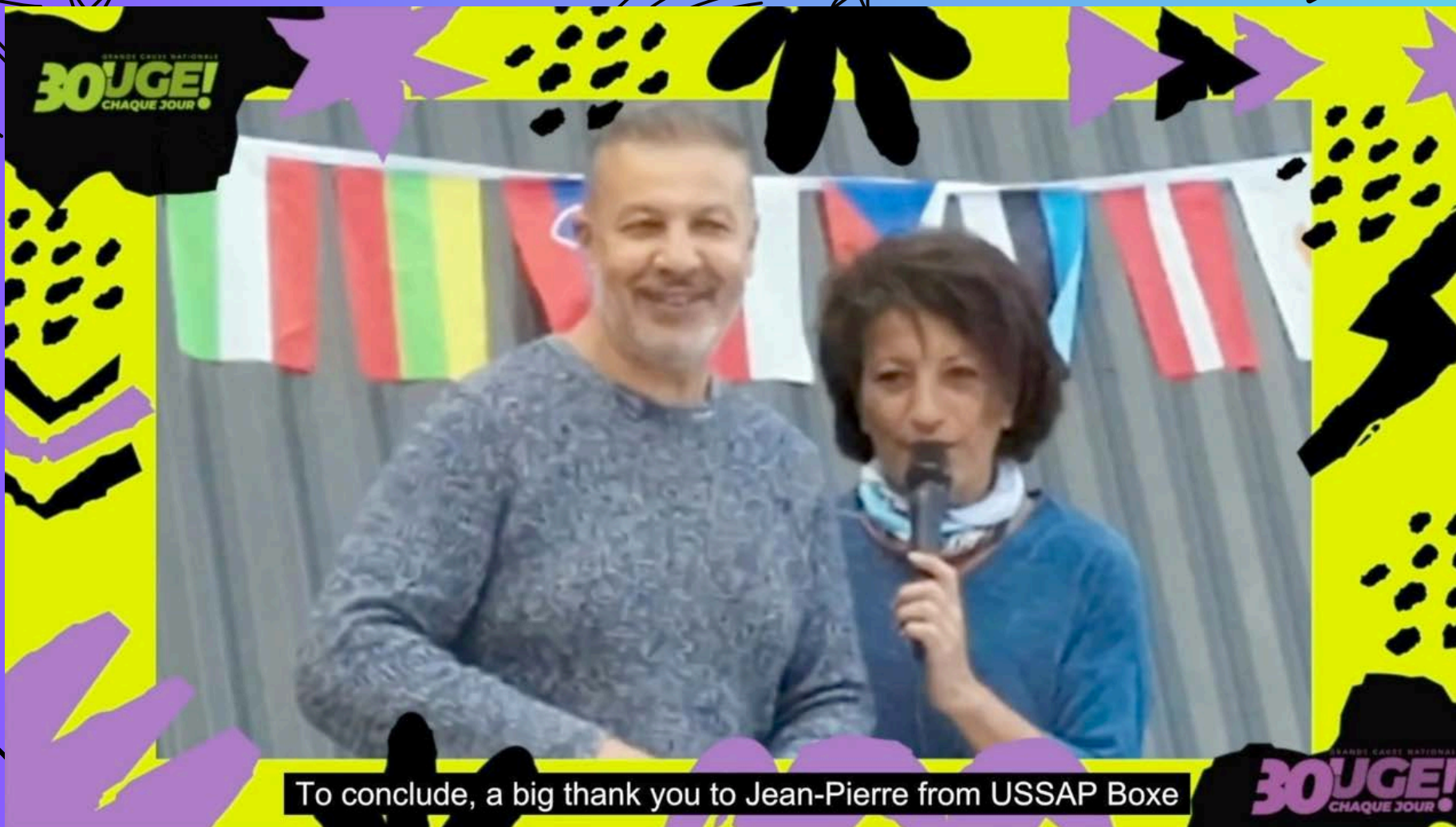
by the two associations here :





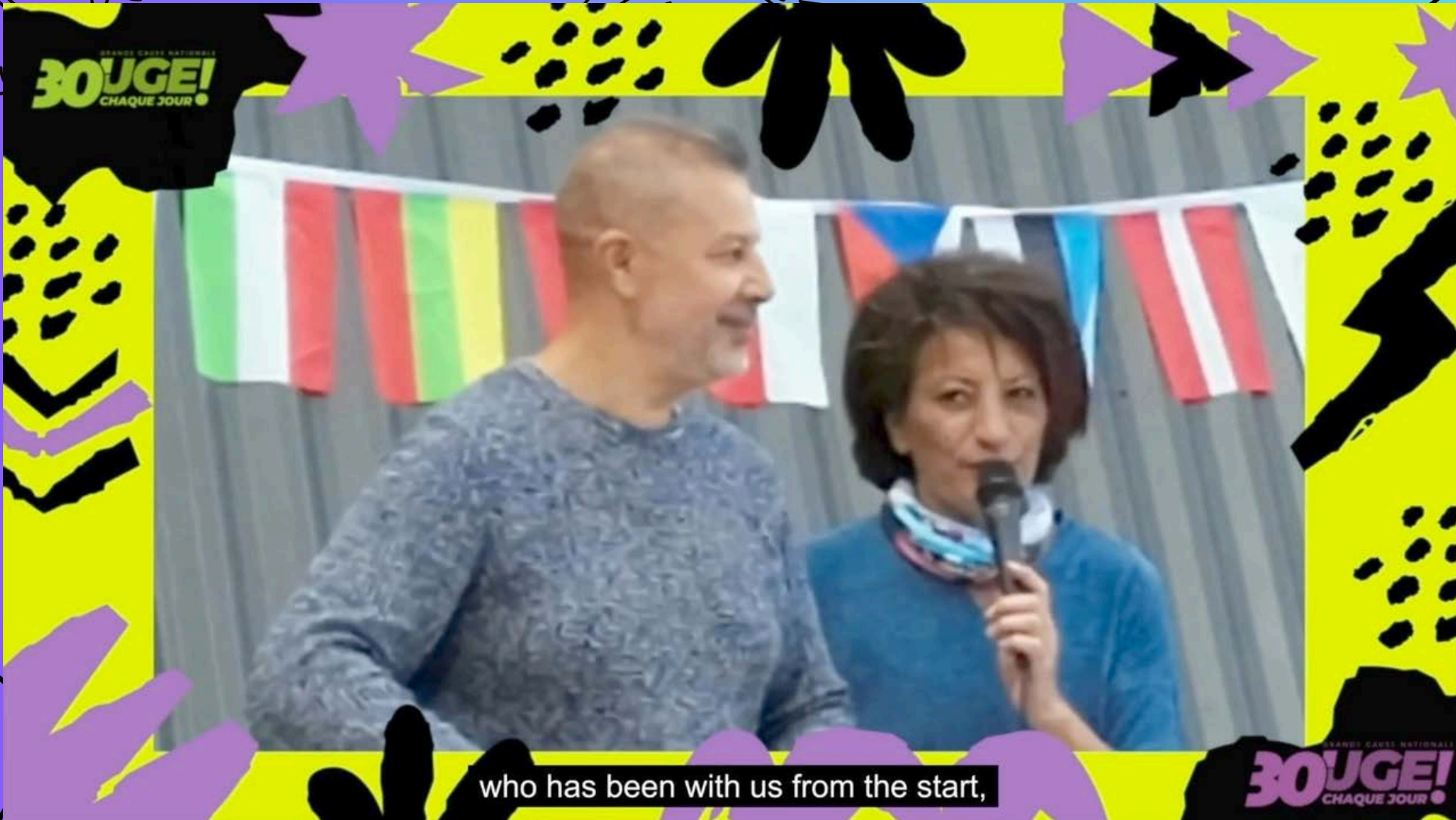
Aux couleurs du DEBA, that's it, and USSAP Boxe.

30 UGE!  
CHAQUE JOUR



To conclude, a big thank you to Jean-Pierre from USSAP Boxe





who has been with us from the start,



and above all, the jury table.

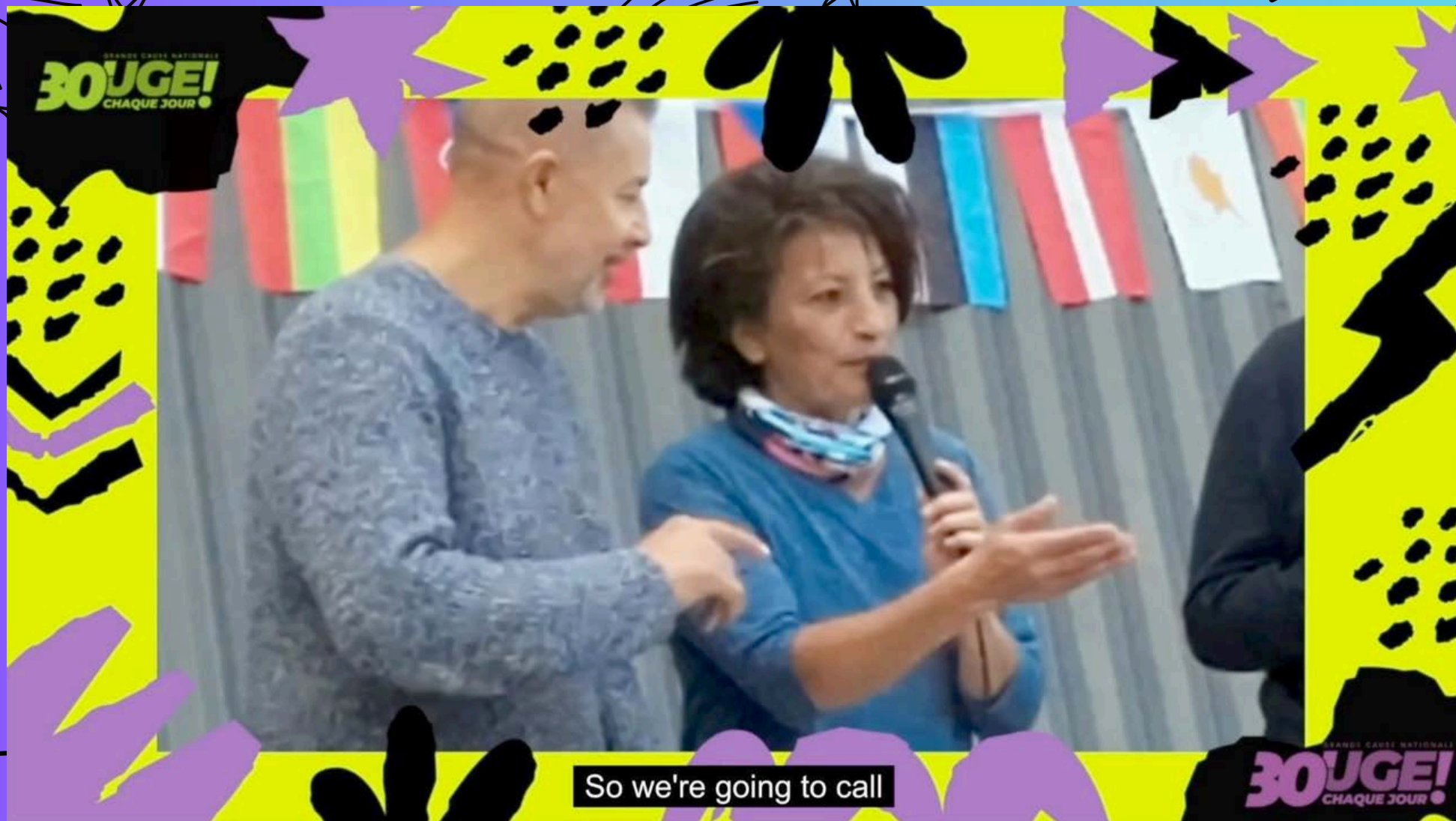
GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR





Because you'll get trophies if there's a jury.

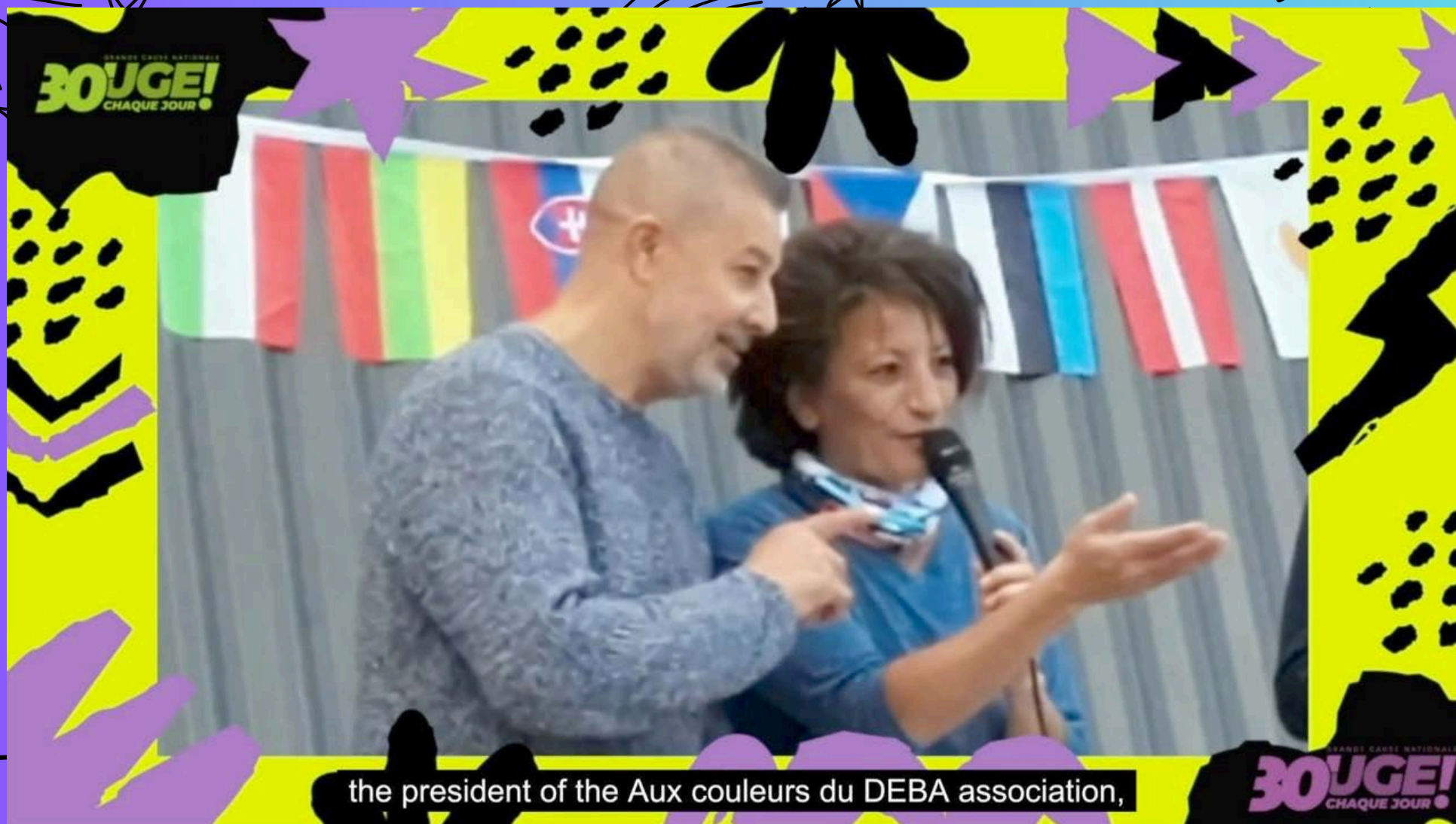
GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR



So we're going to call

GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR





the president of the Aux couleurs du DEBA association,



who will be manning the jury stand.





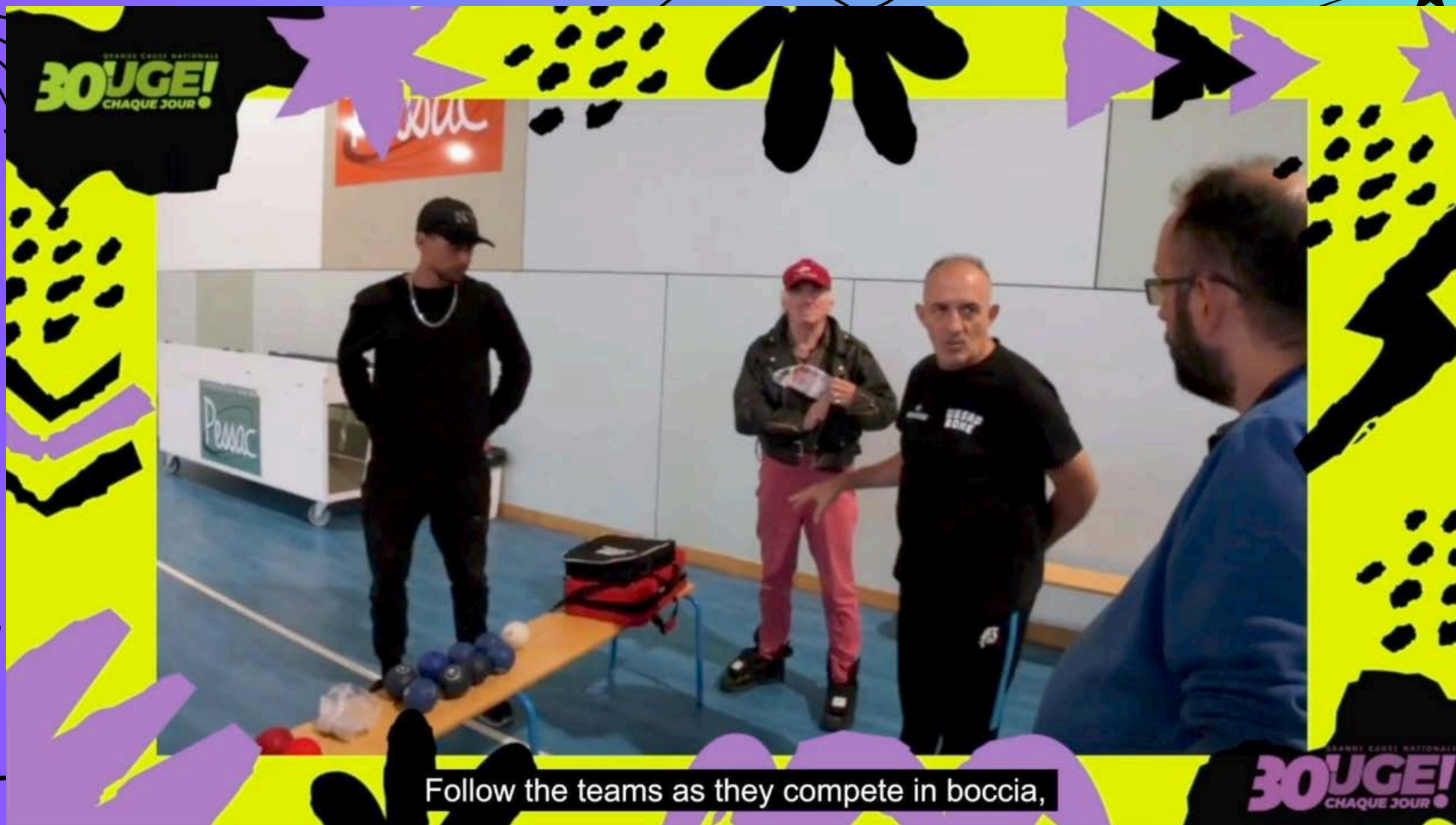
Hello everyone, thank you for being here.

GRANDS CAUSES NATIONALES  
**30UGE!**  
CHAQUE JOUR

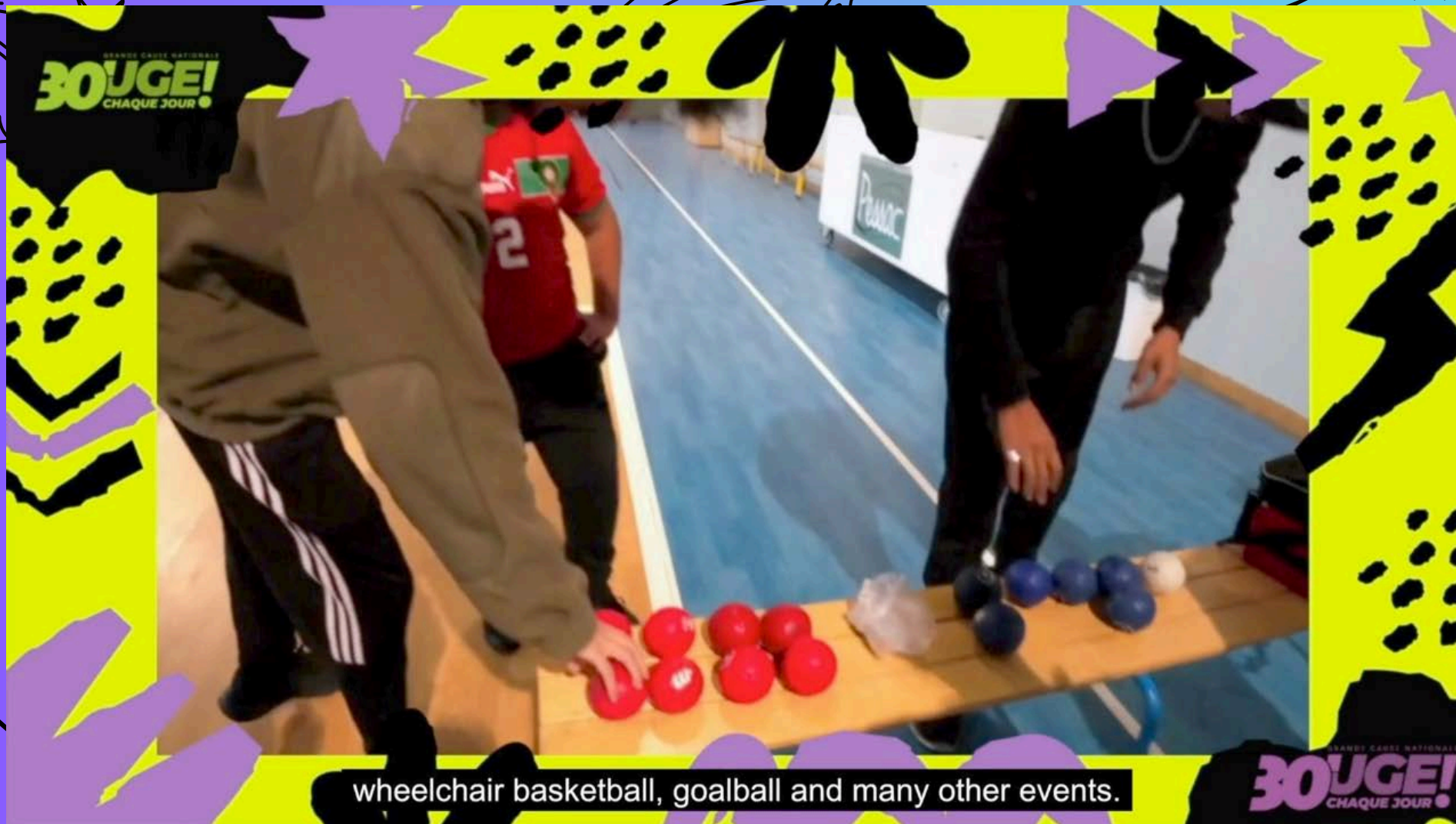


And now it's time for action !





Follow the teams as they compete in bocce,



wheelchair basketball, goalball and many other events.



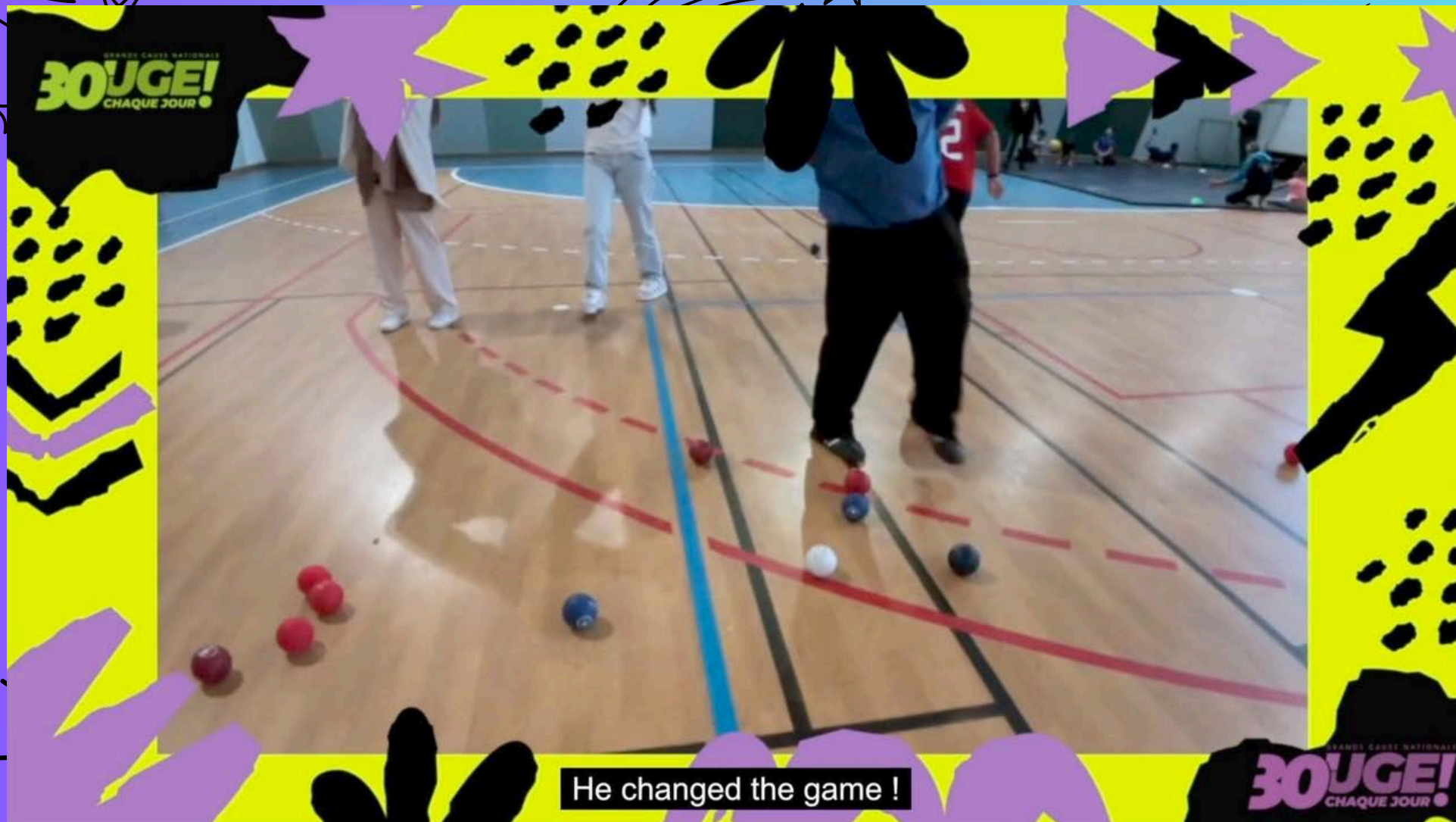


but always with respect and solidarity !









He changed the game !





Oh dear, JP ! Wow !

GRANDE CAUSE NATIONALE  
**30 JOURS!**  
CHAQUE JOUR



One for the blues, two for the reds.











It's really not easy to play sitting down!



Now let's discover wheelchair basketball.





If he's like that,

GRANDE CROIX NATIONALE  
**30'UGE!**  
CHAQUE JOUR



he has the right to take the ball from me.





Now,

30UGE!  
CHAQUE JOUR



if he has the ball and his hand is on it,





I can't catch it.

30 JOURS!  
CHAQUE JOUR!

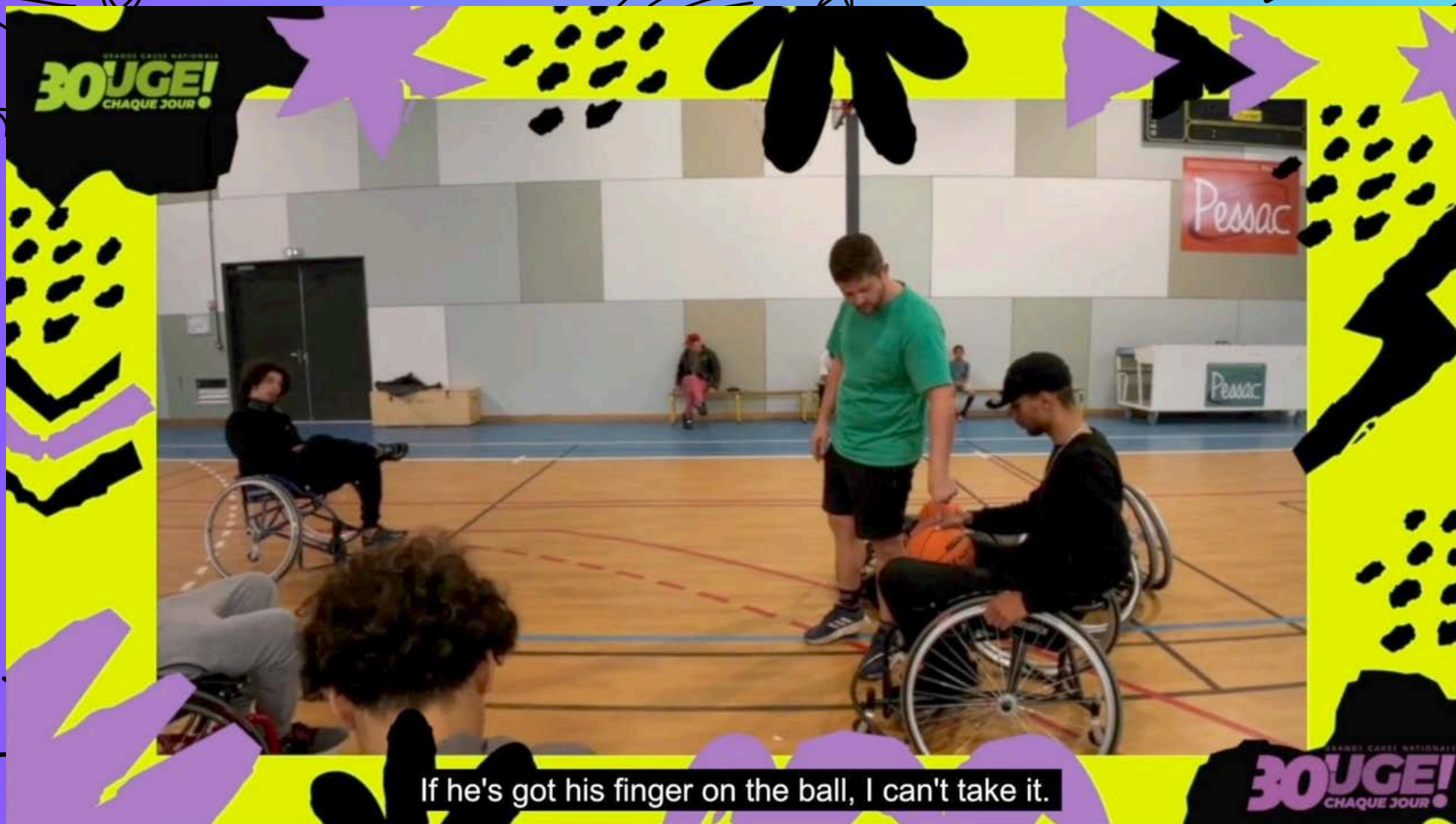


I'm not allowed to catch it.





As long as he's got his hand on it, I can't.



If he's got his finger on the ball, I can't take it.

GRANDS CAHIS NATIONALES  
**30 UGE!**  
CHAQUE JOUR





I can't.

GRANDE CARTE NATIONALE  
**30 UGE!**  
CHAQUE JOUR



If it's on the sides, I can take it.

30 UGE! CHAQUE JOUR

















That's good, that's good.



Yes, bravo !





Well done, it's over.

GRANDS CAUSES NATIONALES  
**30 JOURS!**  
CHAQUE JOUR



Come on, let's get up.





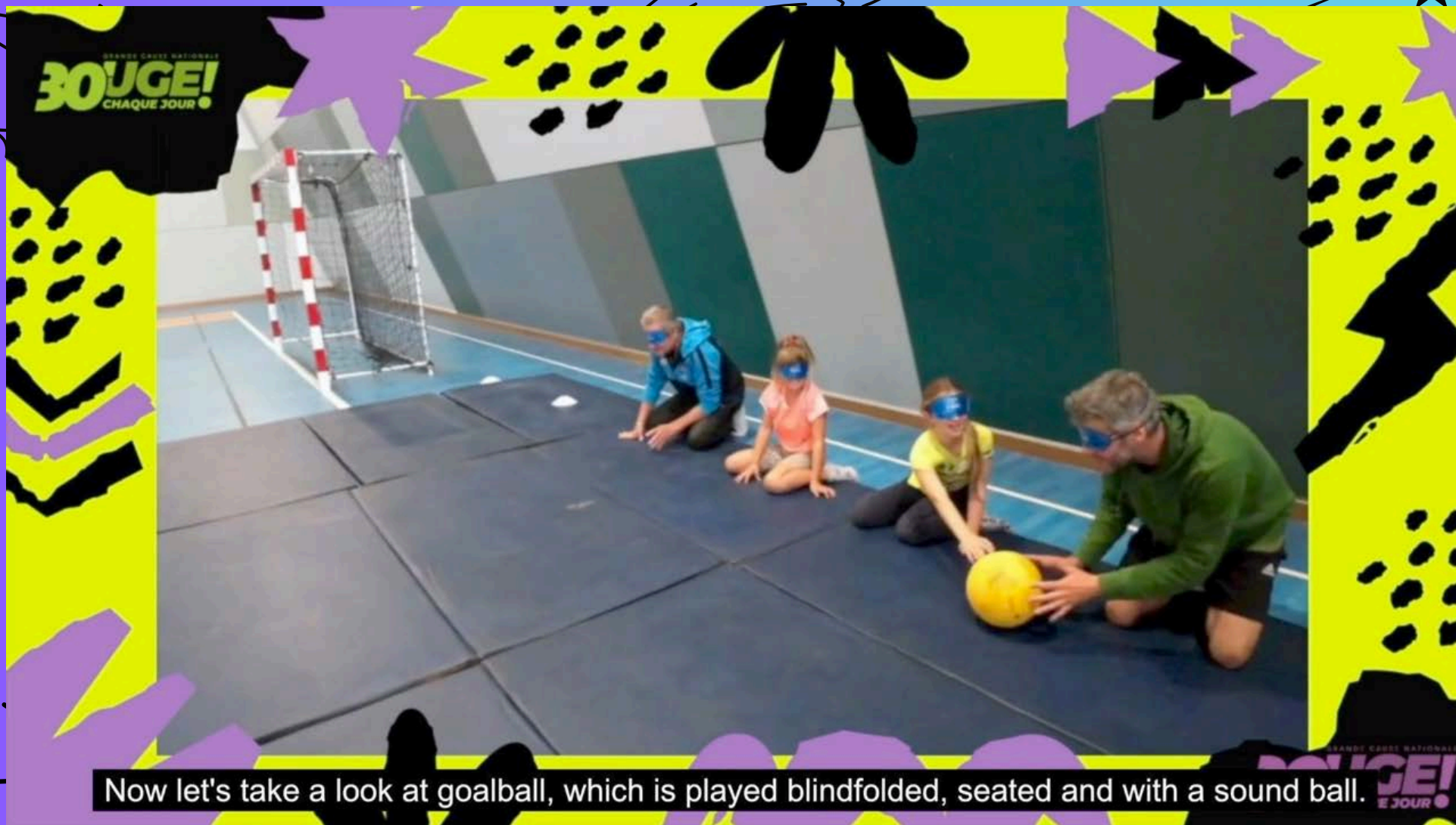
Well done, everyone.



Well done! What a beautiful basket !

GRANDES CAUSES NATIONALES  
**30 JOURS!**  
CHAQUE JOUR





Now let's take a look at goalball, which is played blindfolded, seated and with a sound ball.



Use your strength !





Let's leave the gym and



take a look at the other events outside.





Let's start with handiboxing.

GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR



Breathe between each stroke.

30 JOURS  
CHAQUE JOUR





And that's it.



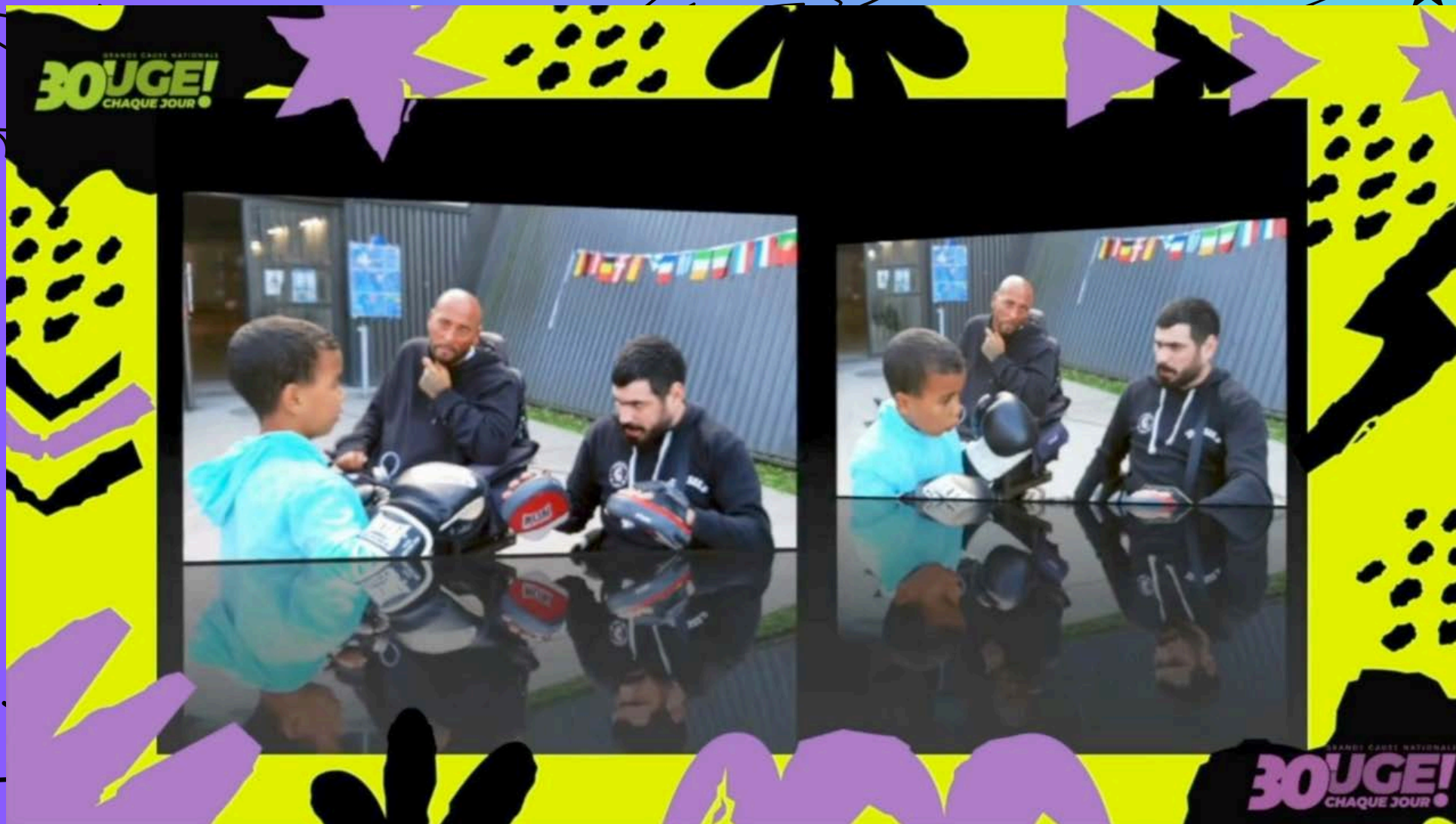




Hold out your arm when you strike.



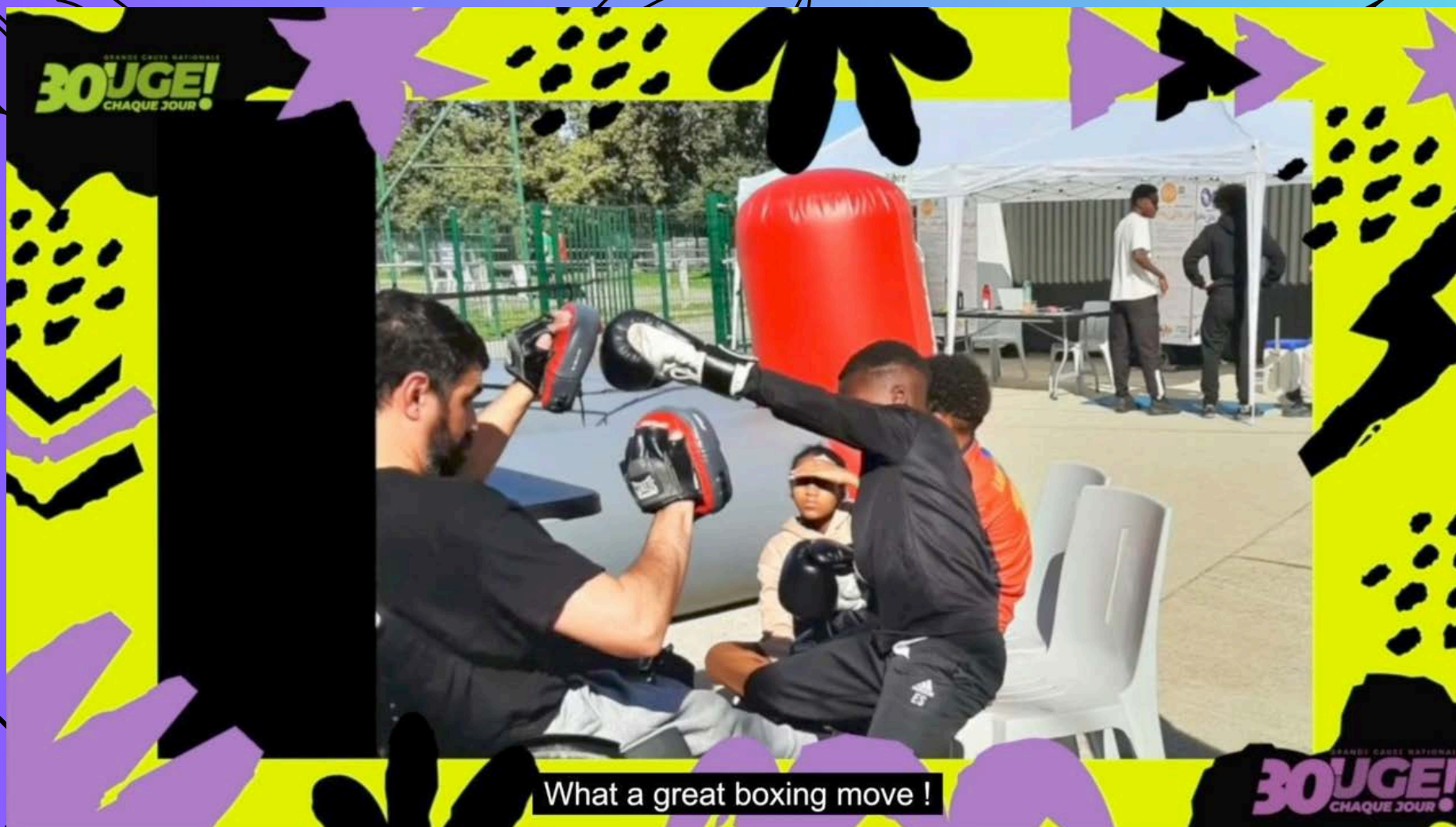




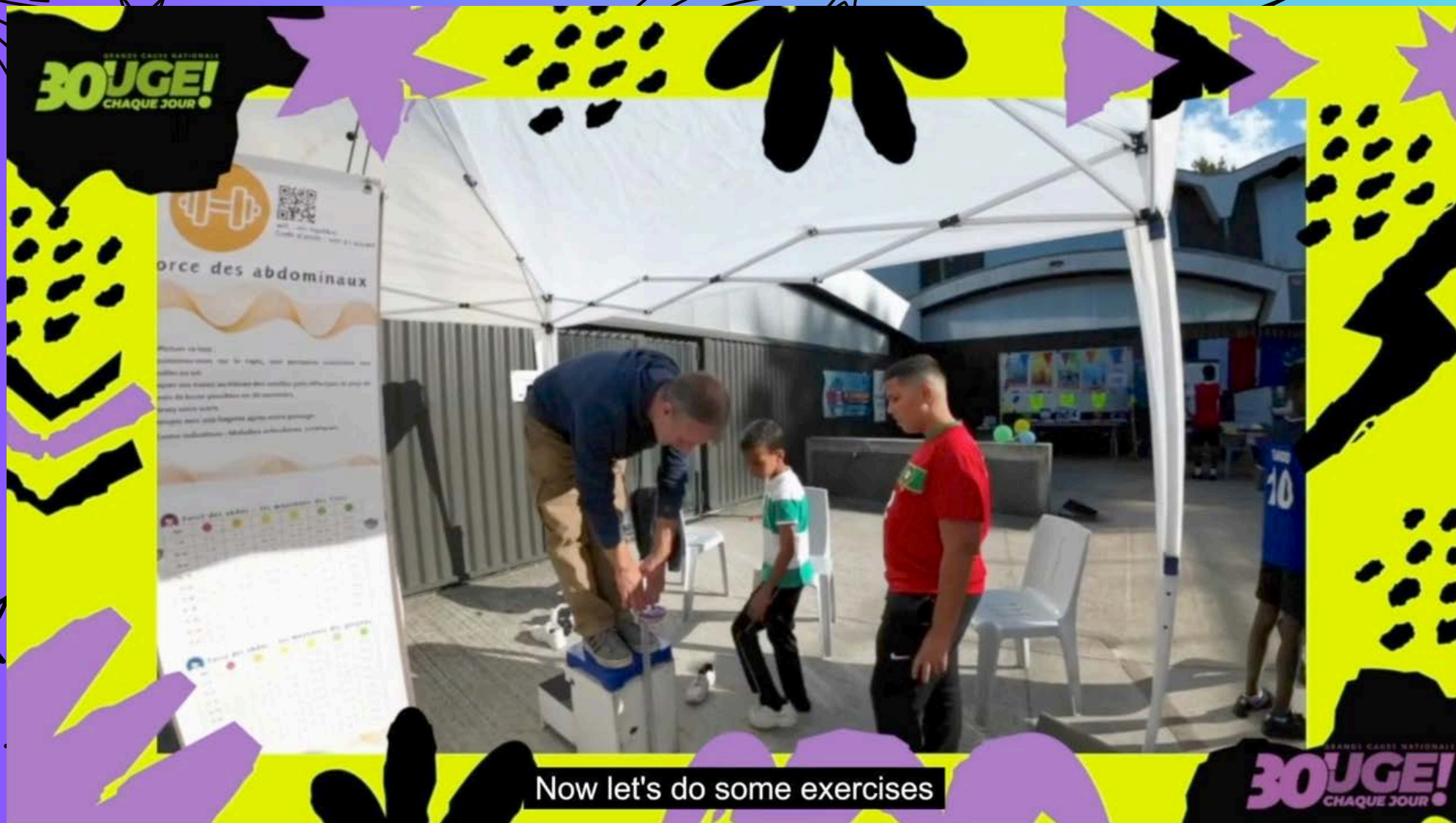


well done !





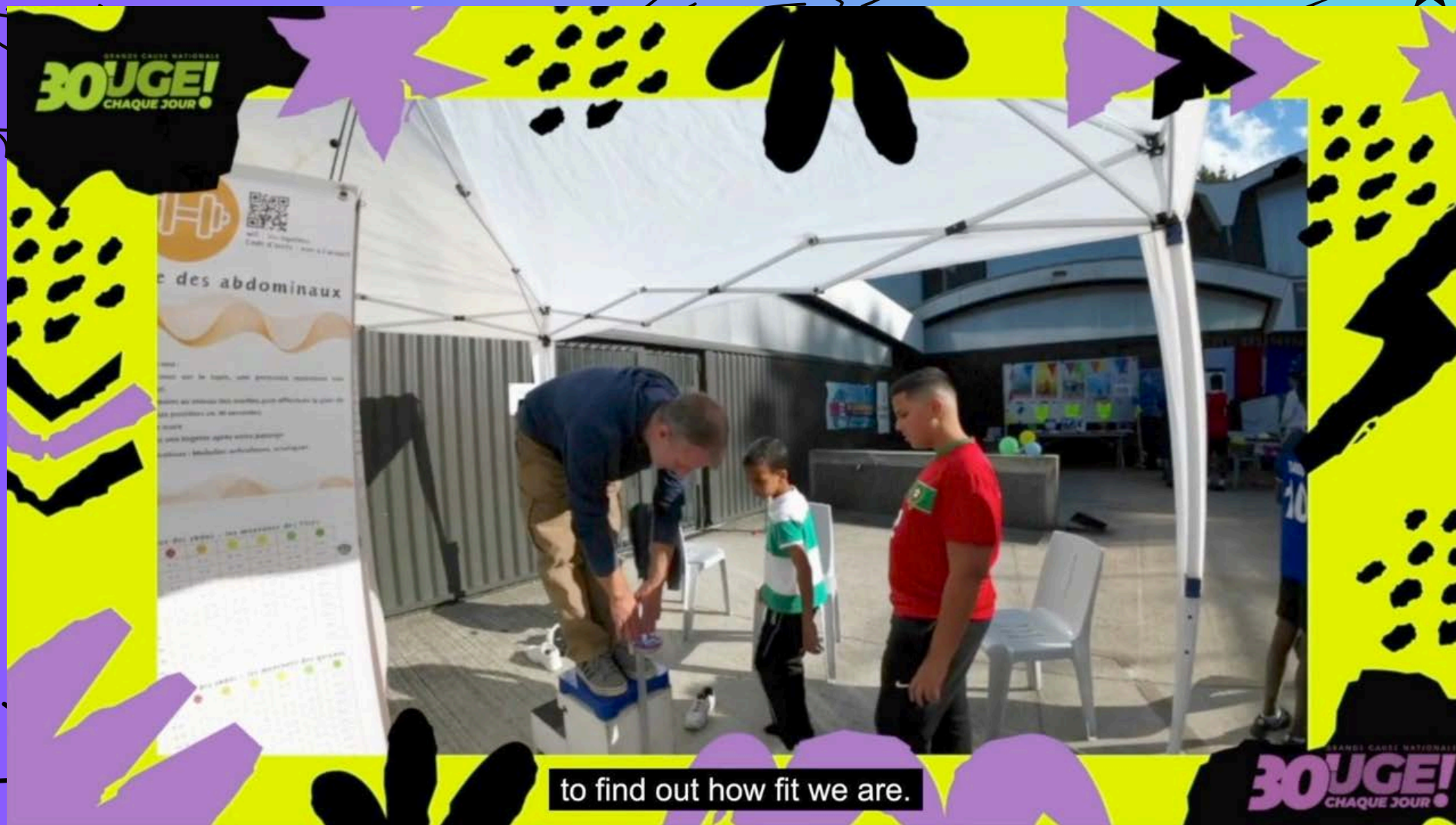
What a great boxing move !

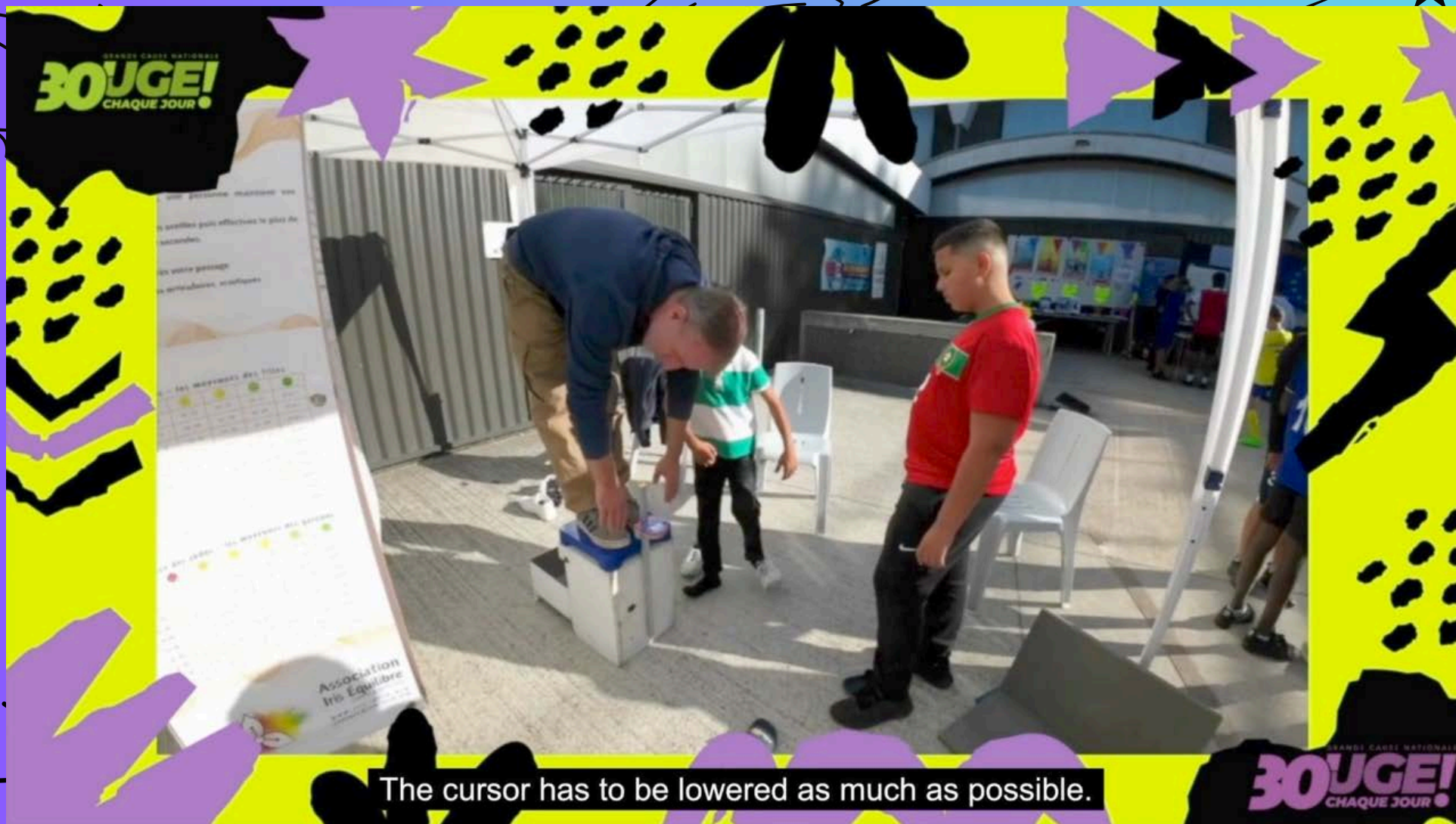


Now let's do some exercises

GRANDS JOURS NATIONAUX  
**30 JOURS!**  
CHAQUE JOUR

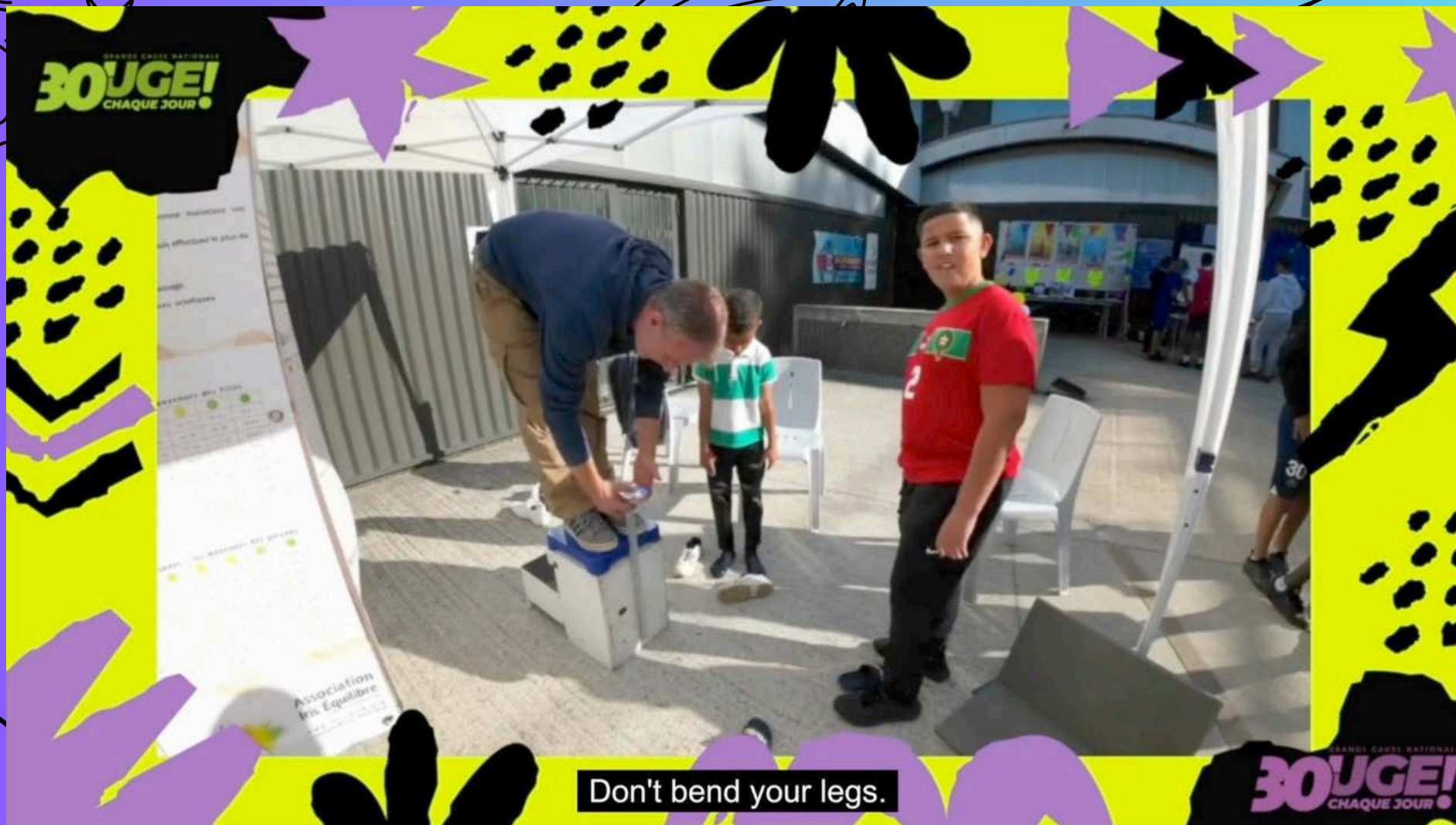












Don't bend your legs.

30 JOURS!  
CHAQUE JOUR!

Association  
des Equibres





GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR

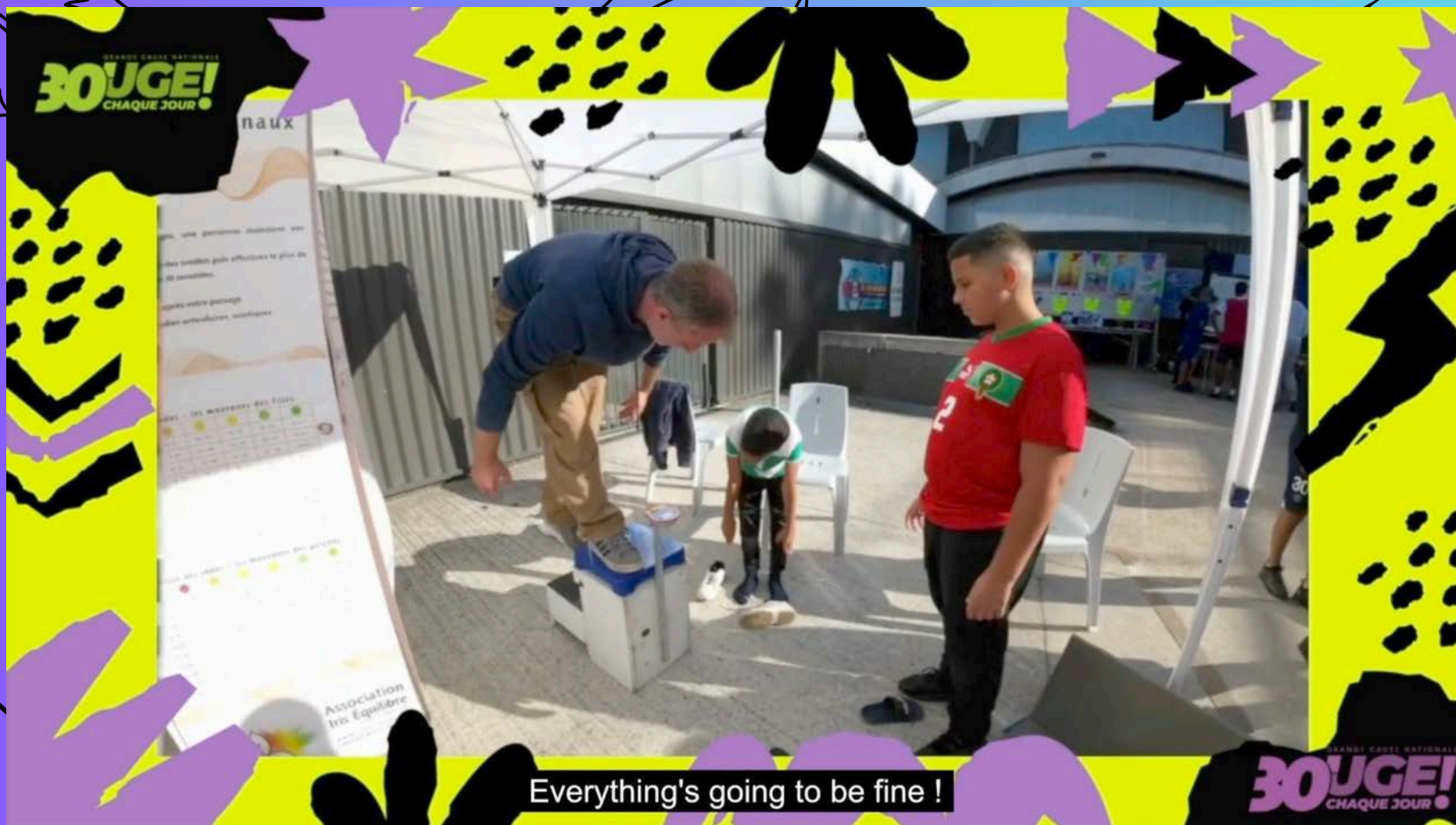
## Réaction

Qu'est-ce qu'une réaction chimique ?  
C'est une transformation chimique, une action qui se passe "à l'intérieur" d'une substance.  
Exemple : le gaz qui nous permet de nous déplacer, le méthane, se transforme en dioxyde de carbone et en eau quand on le brûle.  
C'est une réaction chimique qui se passe à l'intérieur de notre corps.

Tableau à double entrée montrant les combinaisons de couleurs (rouge, vert, bleu, jaune, orange, violet) et les résultats (rouge, vert, bleu, jaune, orange, violet).

|        | Rouge  | Vert   | Bleu   | Jaune  | Orange | Violet |
|--------|--------|--------|--------|--------|--------|--------|
| Rouge  | Rouge  | Orange | Violet | Jaune  | Vert   | Bleu   |
| Vert   | Orange | Vert   | Bleu   | Rouge  | Violet | Jaune  |
| Bleu   | Violet | Bleu   | Jaune  | Violet | Rouge  | Orange |
| Jaune  | Jaune  | Rouge  | Violet | Orange | Bleu   | Vert   |
| Orange | Violet | Violet | Rouge  | Bleu   | Vert   | Jaune  |
| Violet | Bleu   | Jaune  | Orange | Vert   | Jaune  | Rouge  |

GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR



Everything's going to be fine !

30 JOURS  
CHAQUE JOUR









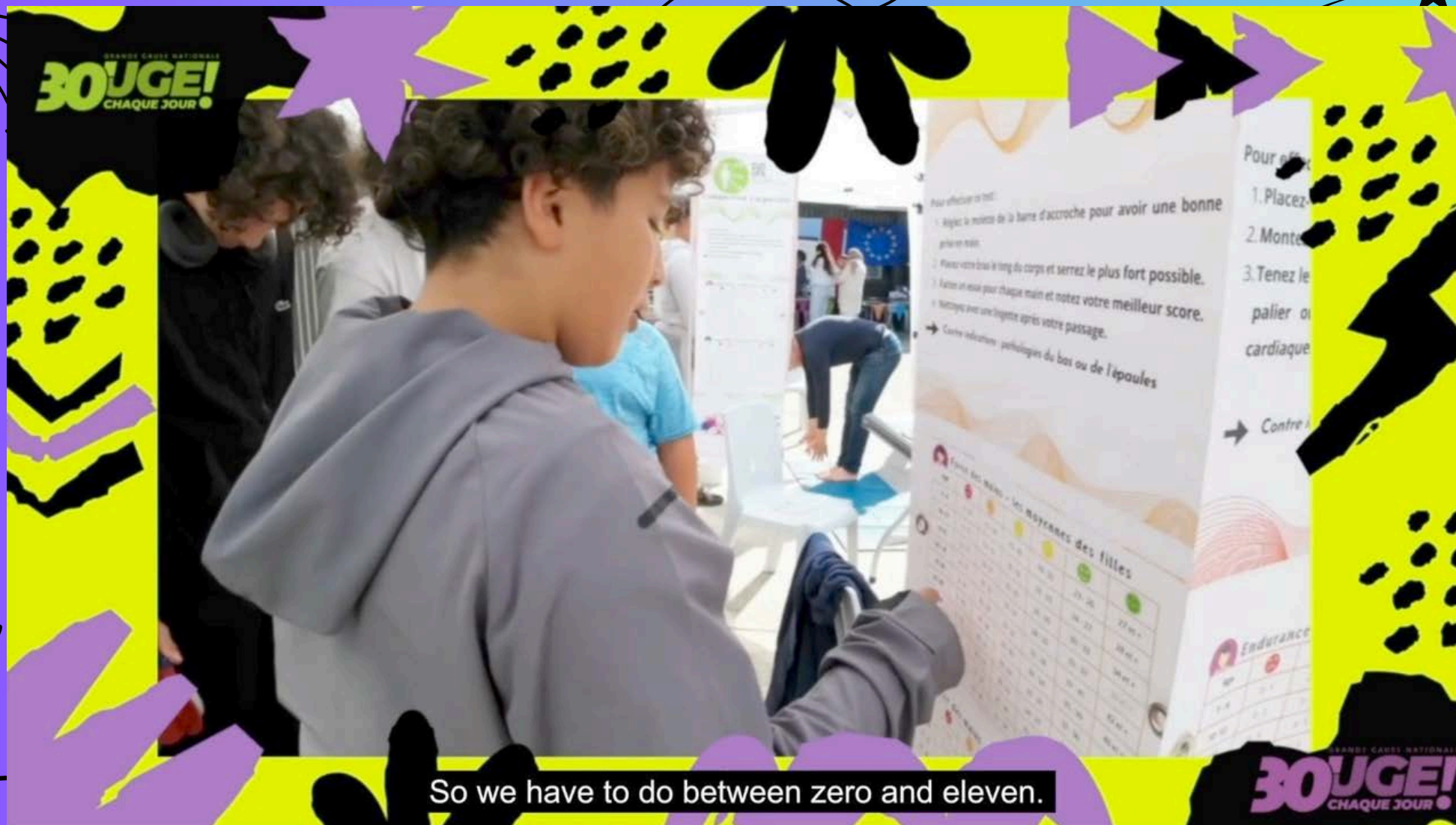




Ah hand strength is here.

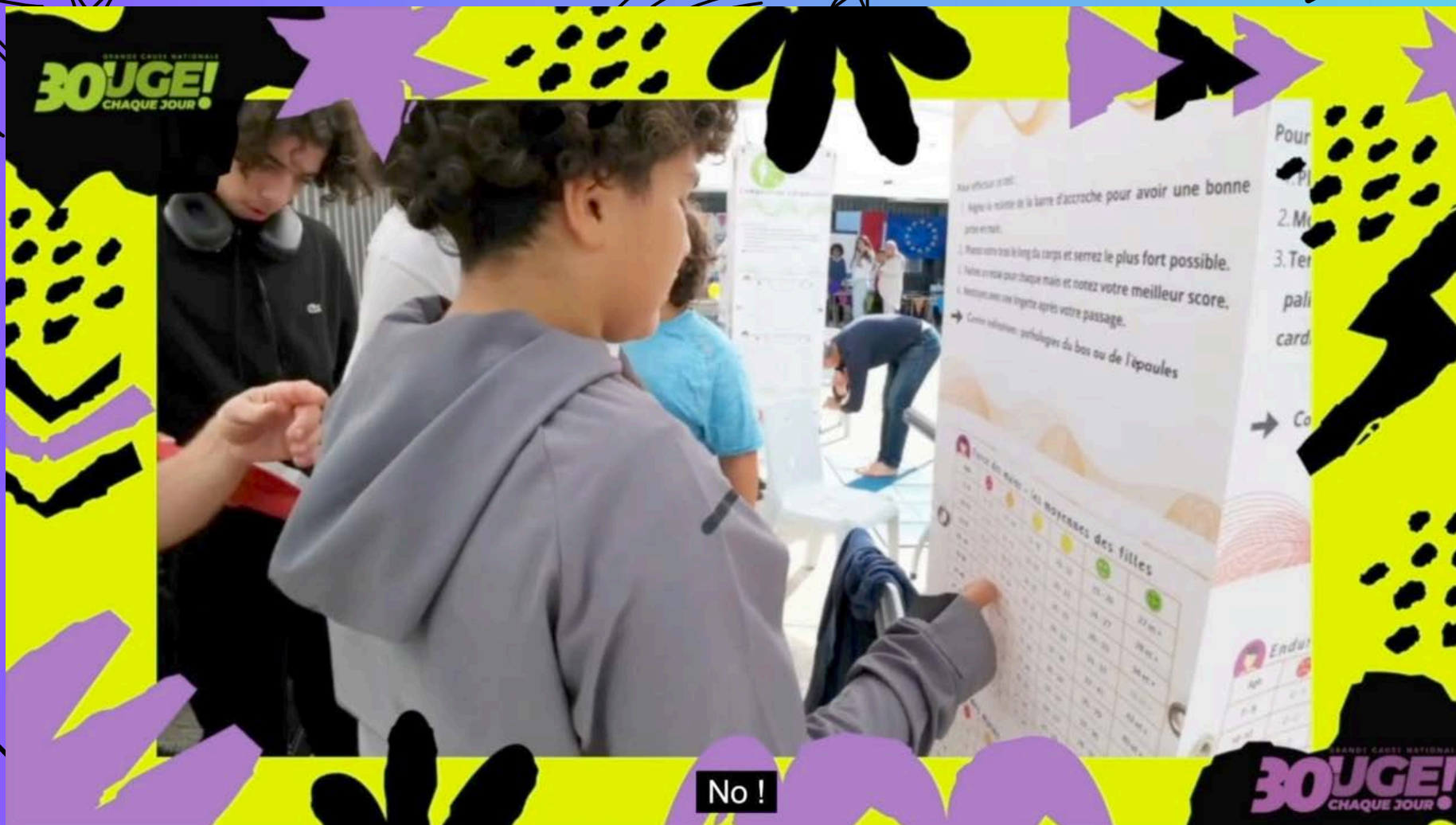
GRANDE CAUSE NATIONALE  
**30 JOURS**  
CHAQUE JOUR



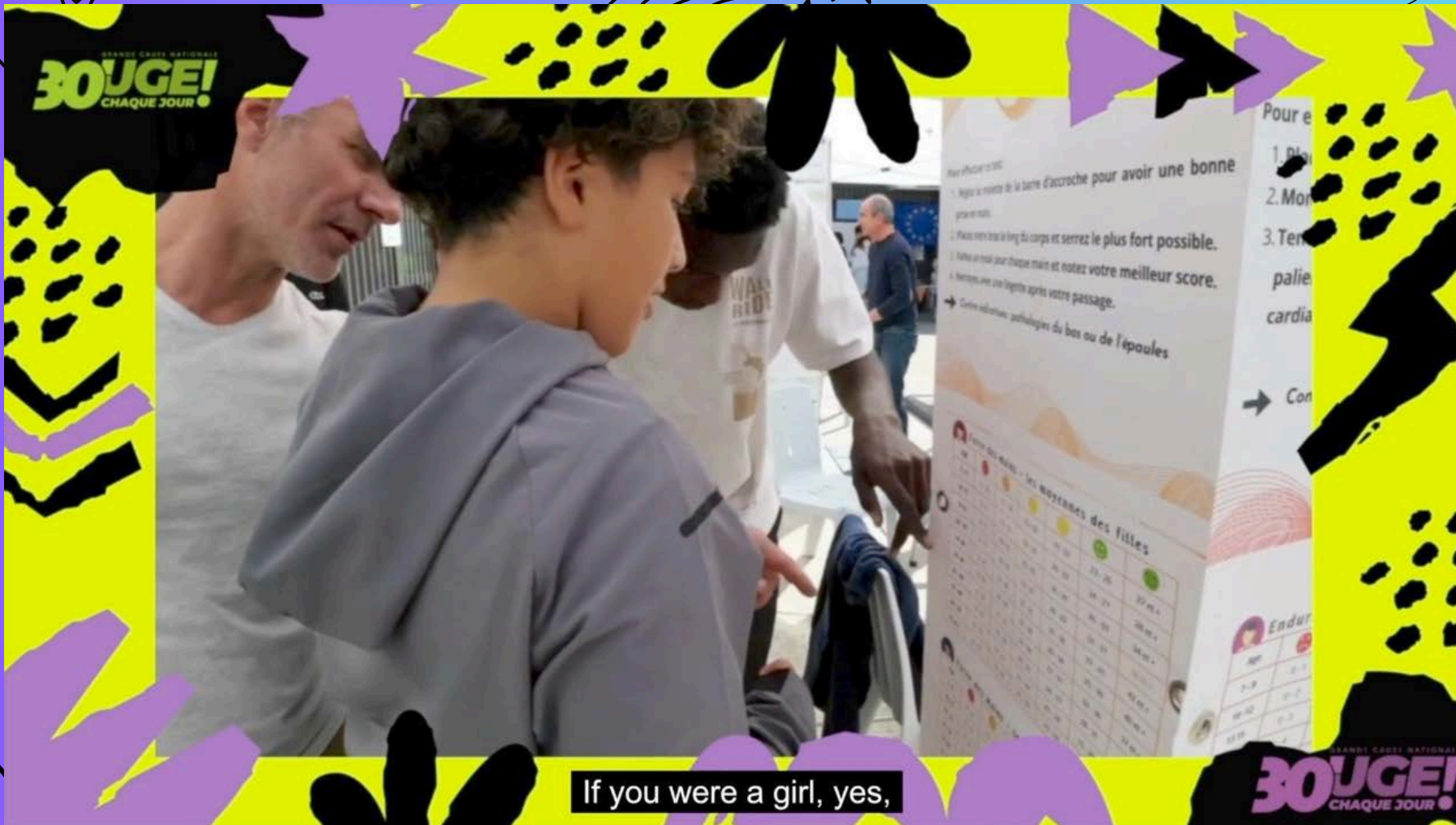


So we have to do between zero and eleven.

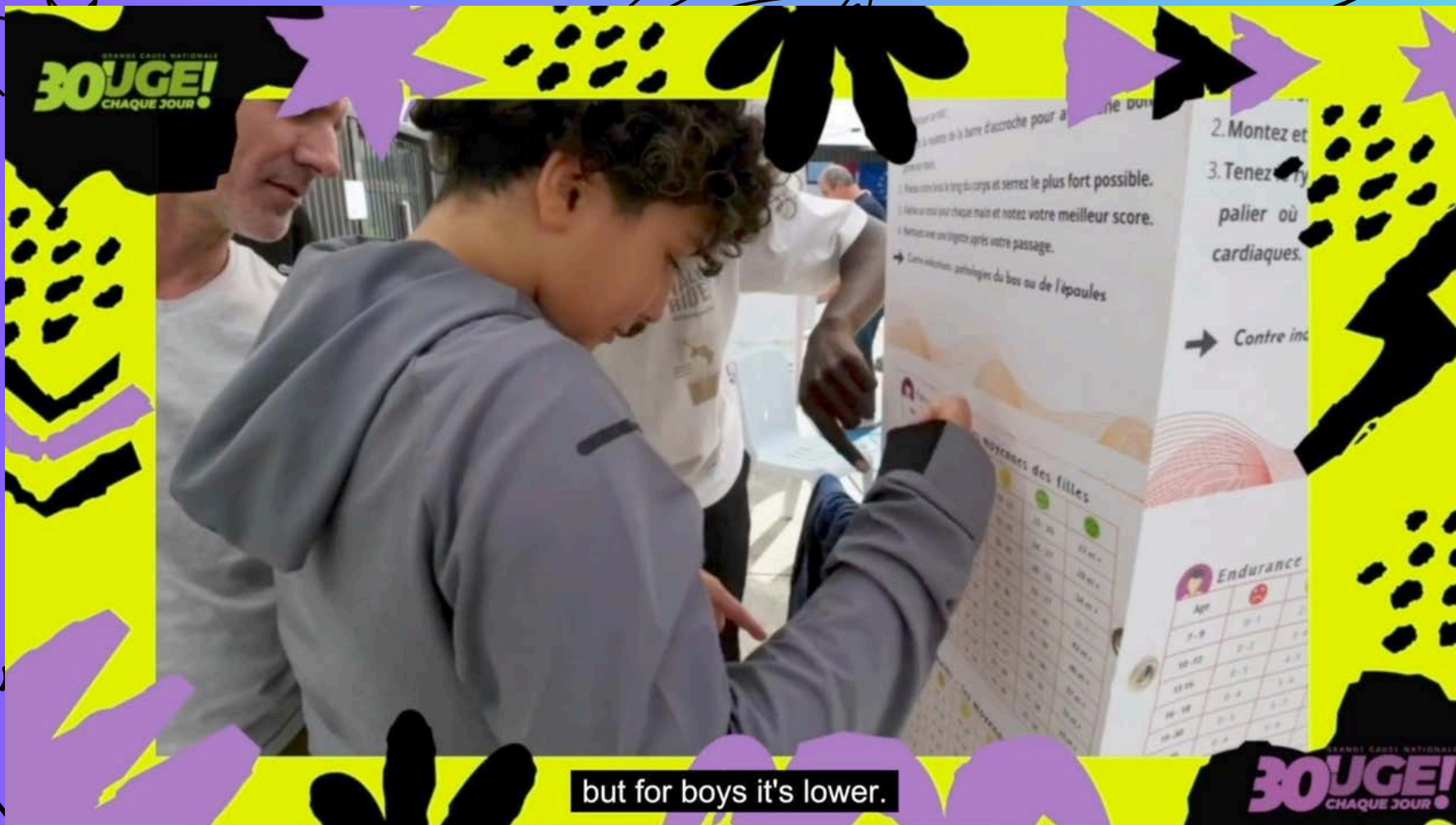
GRANDS CAJONS NATIONAUX  
**BOUGE!**  
CHAQUE JOUR



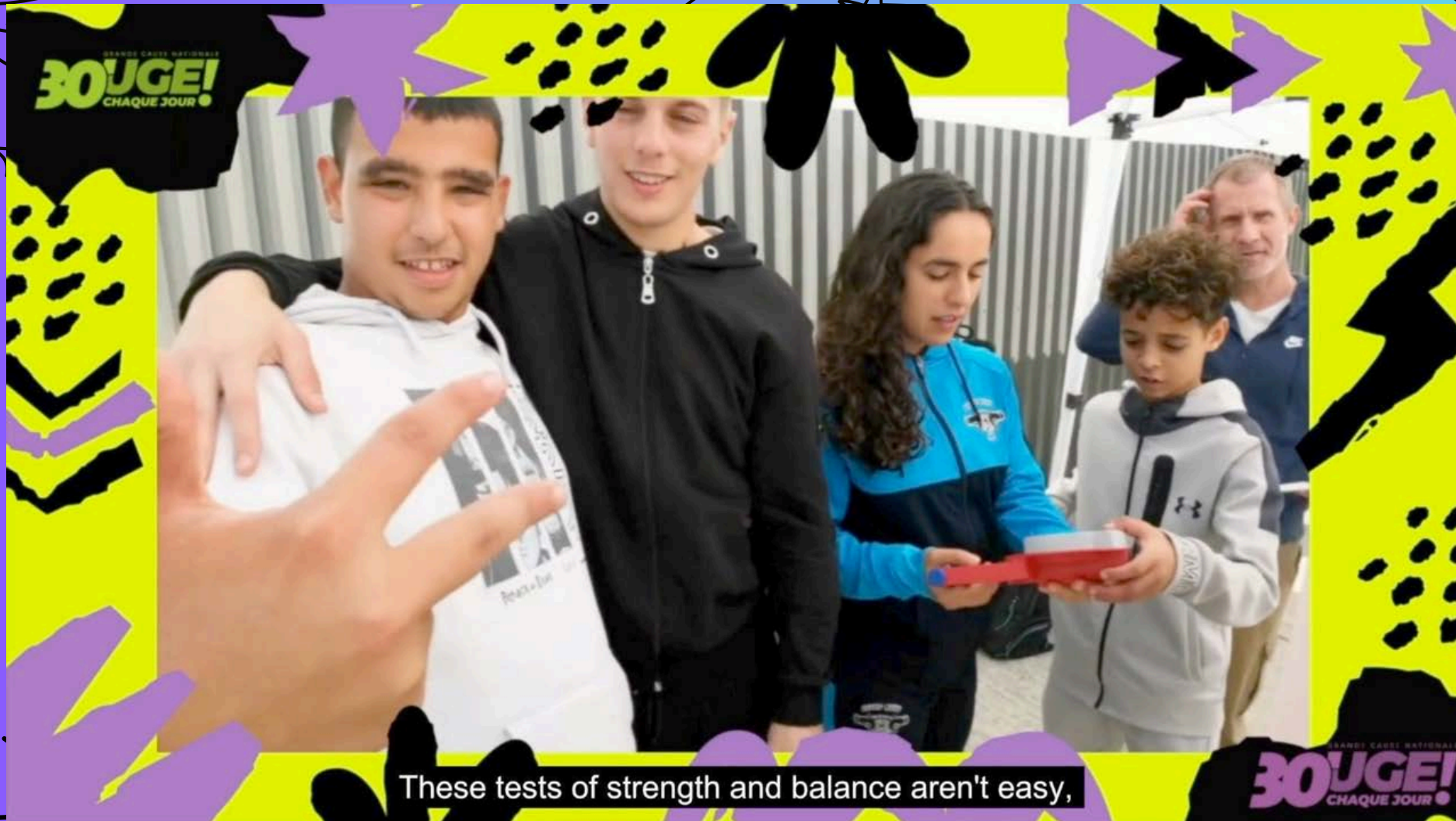




If you were a girl, yes,













Come on, let's go and see the laser shooting.

GRANDE CAUSE NATIONALE  
**30 UGE!**  
CHAQUE JOUR



Here you can see two small dots.





Here is a third small dot in the viewfinder.



The aim of the game when you're aiming is





to put this point here in the middle of the two.

GRANDE CAUSE NATIONALE  
**30'UGE!**  
CHAQUE JOUR

GRANDE CAUSE NATIONALE  
**30'UGE!**  
CHAQUE JOUR



You'll see, it looks complicated







For the pistol,







the second hand on top, arms outstretched.





some people do it that way,



but it's less legible.





With your arms outstretched,



you'll have a better view of the small dots

GRANDE CROIX NATIONALE  
**30 UGE!**  
CHAQUE JOUR!





and therefore the viewfinder.



When you manage to aim into the black area,





a green light comes on.



There are five lights,





and then, once we've got the five,



it will go grey and then it will reset and start up again.





and then, once we've got the five,



Go for it !

GRANDES CAUSSE NATIONALES  
**30UGE!**  
CHAQUE JOUR





You're doing great !





Go and reload !

GRANDE CAUSE NATIONALE  
**30 UGE!**  
CHAQUE JOUR



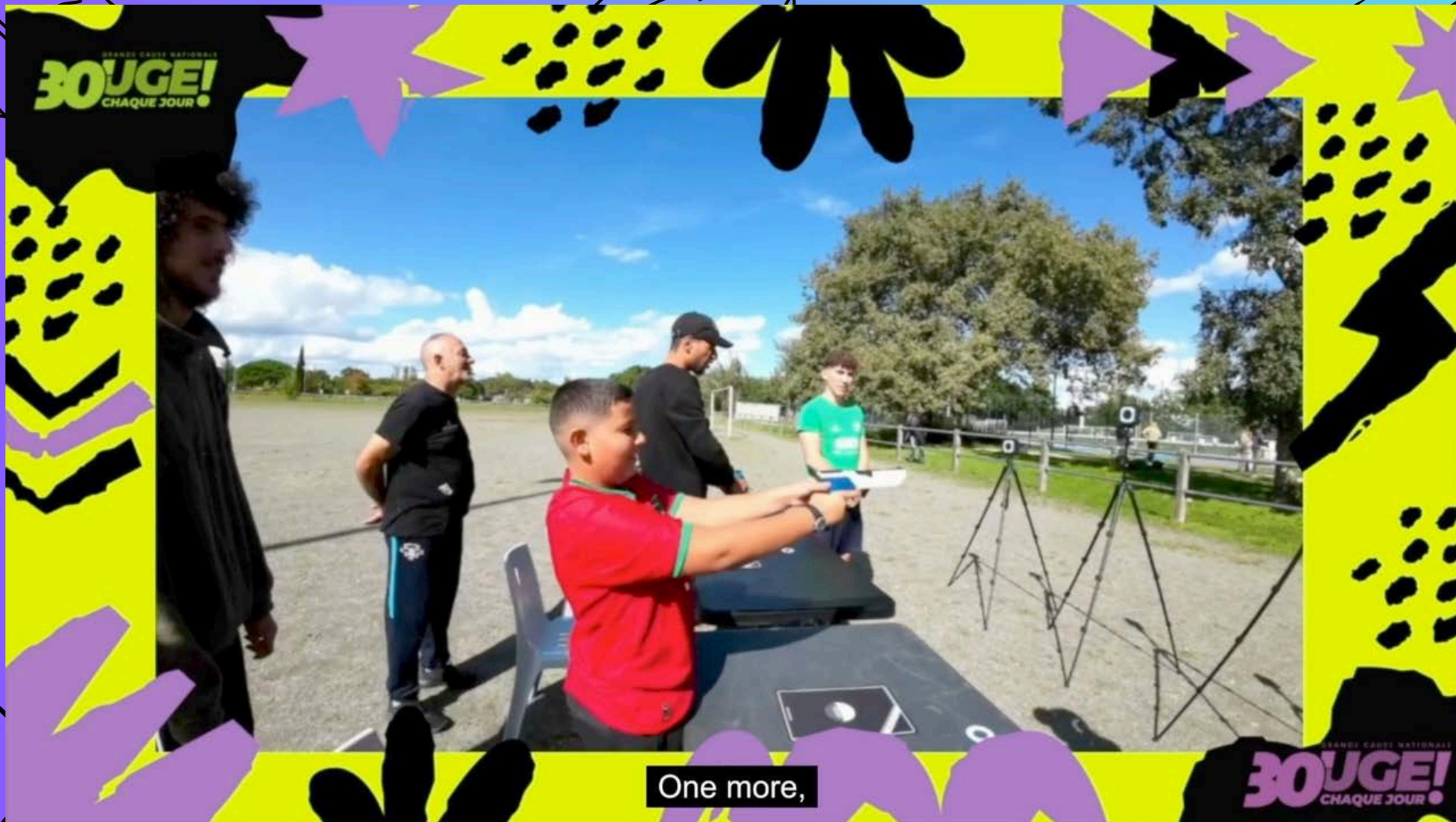


Well done !

GRANDE CAUSE NATIONALE  
**30'UGE!**  
CHAQUE JOUR

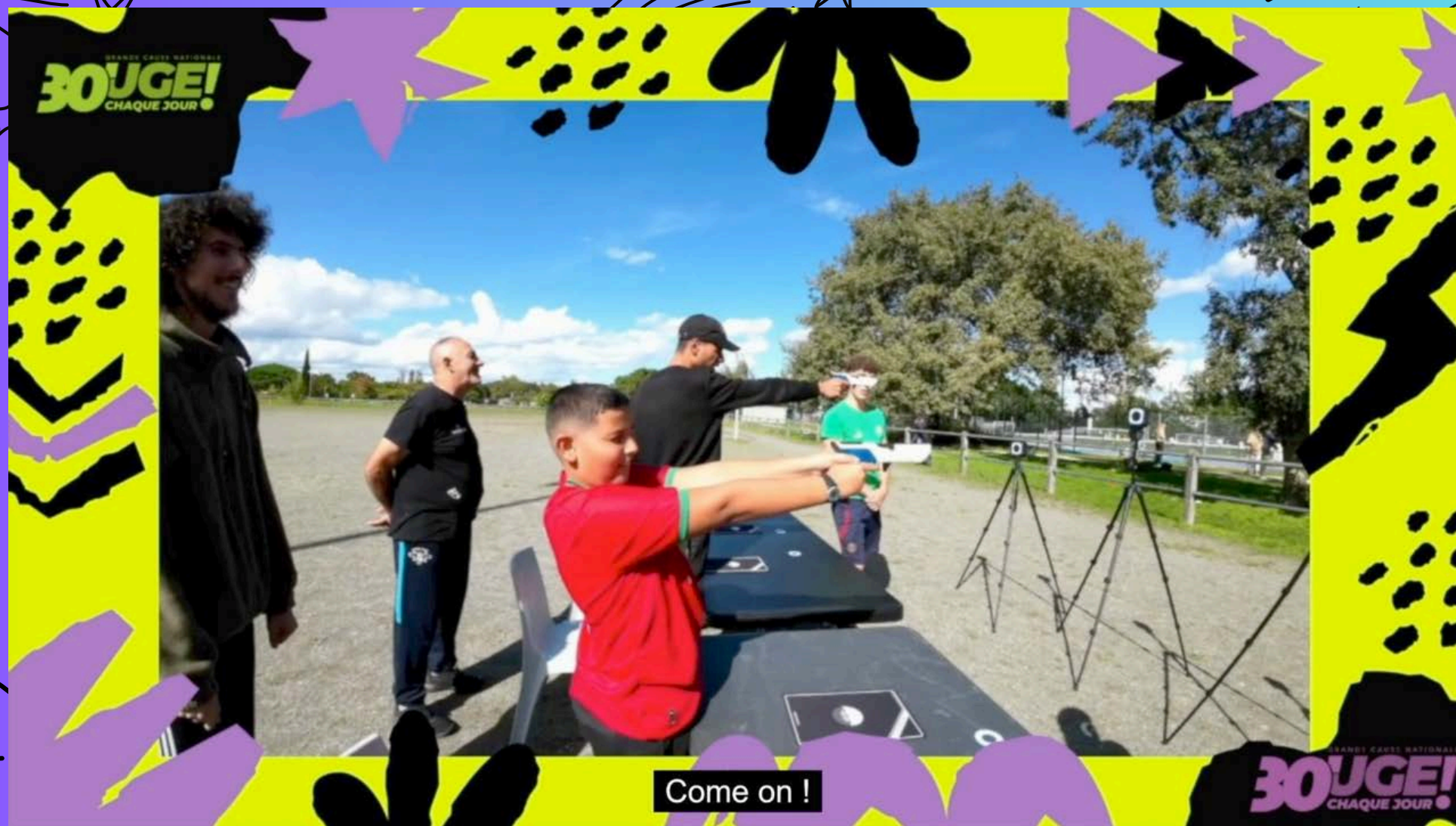






One more,

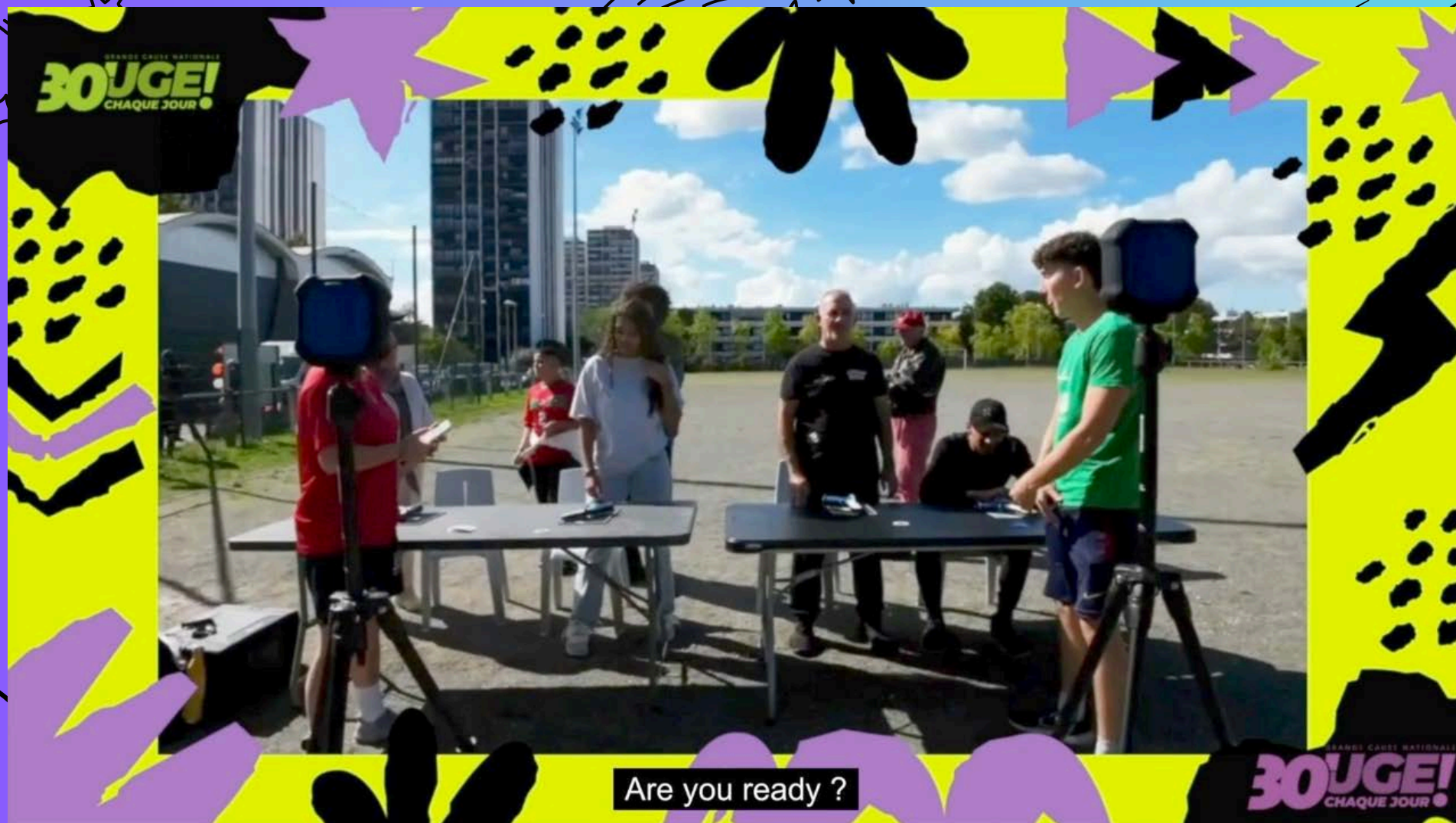
30UGE!  
CHAQUE JOUR



Come on !

GRANDS CARTELS NATIONAUX  
**30UGE!**  
CHAQUE JOUR









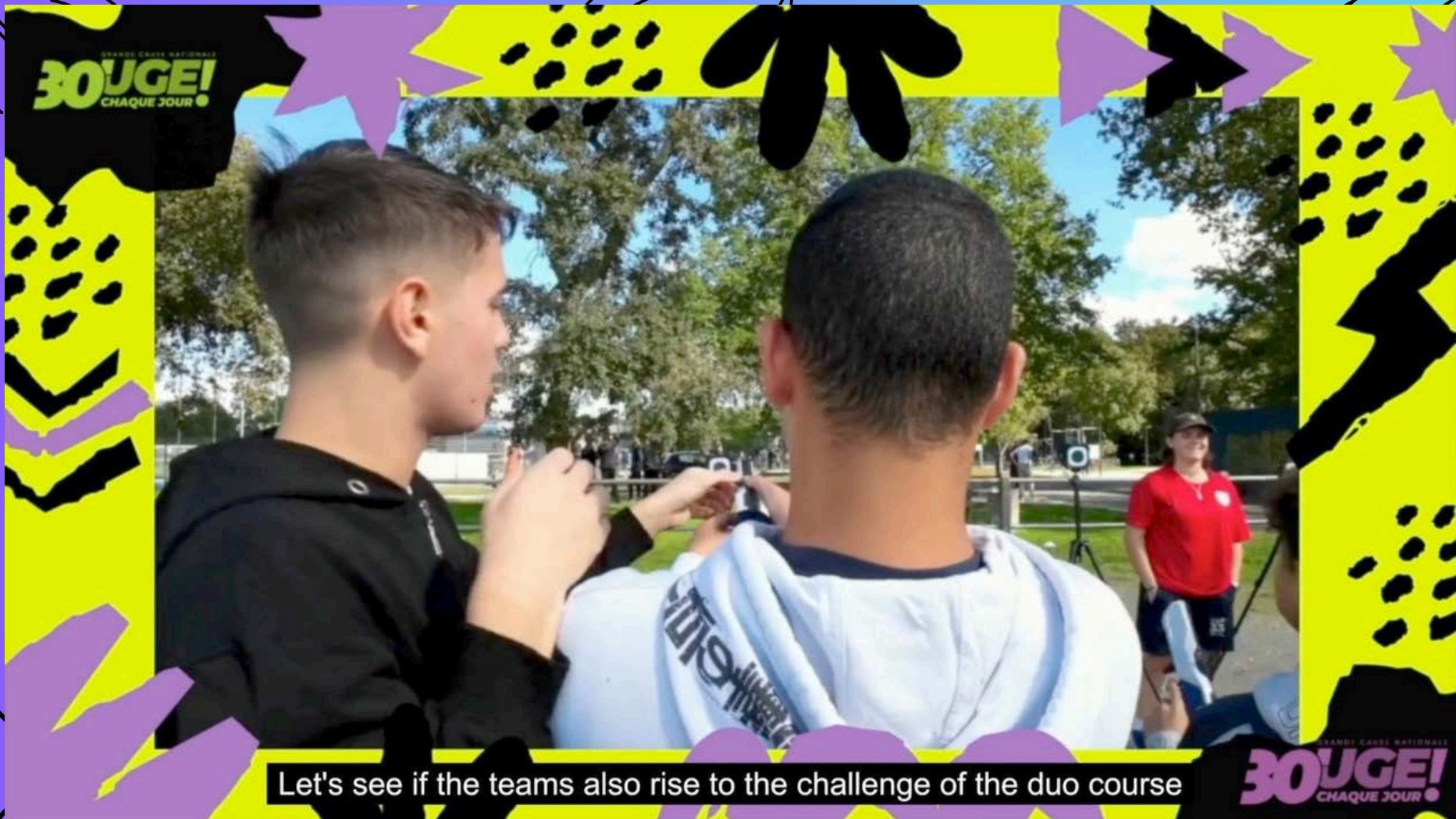












Let's see if the teams also rise to the challenge of the duo course

GRANDS CASES NATIONALES  
**30UGE!**  
CHAQUE JOUR





with one foot tied together!

GRANDS CAUSE NATIONALES  
**BOUGE!**  
CHAQUE JOUR

GRANDS CAUSE NATIONALES  
**BOUGE!**  
CHAQUE JOUR





Here we go, gentlemen





"One-two"

GRANDE CAUSE NATIONALE  
**30 UGE!**  
CHAQUE JOUR



































Teams rewarded for their performance,





but also for their exemplary behaviour.



That's the spirit of the Disabled Sports Olympics !





Well done to all the teams for their active participation in the Handisport Olympics.

BOUGE!  
CHAQUE JOUR



I hope you all had a great time

GRANDS GAINS NATIONALES  
**30 JOURS!**  
CHAQUE JOUR





so the team that won today





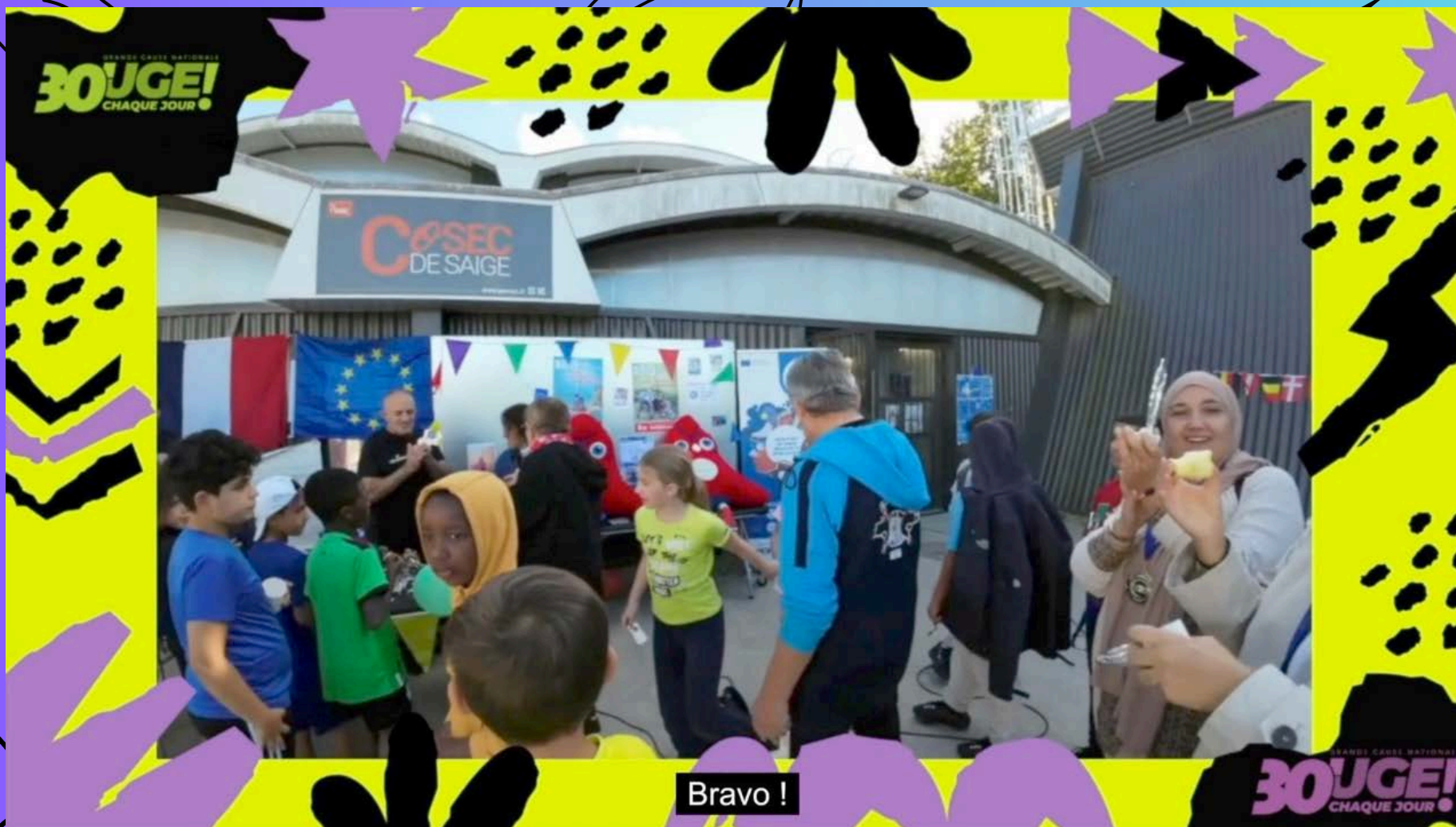


second place goes to the DEMIX team

GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR







Bravo !







Ouais ! ouais ! ouais !

GRANDE CAUSE NATIONALE  
**30 JOURS!**  
CHAQUE JOUR



We've all got a medal !





They've got the trophy and the medal !























































Well done to all the teams

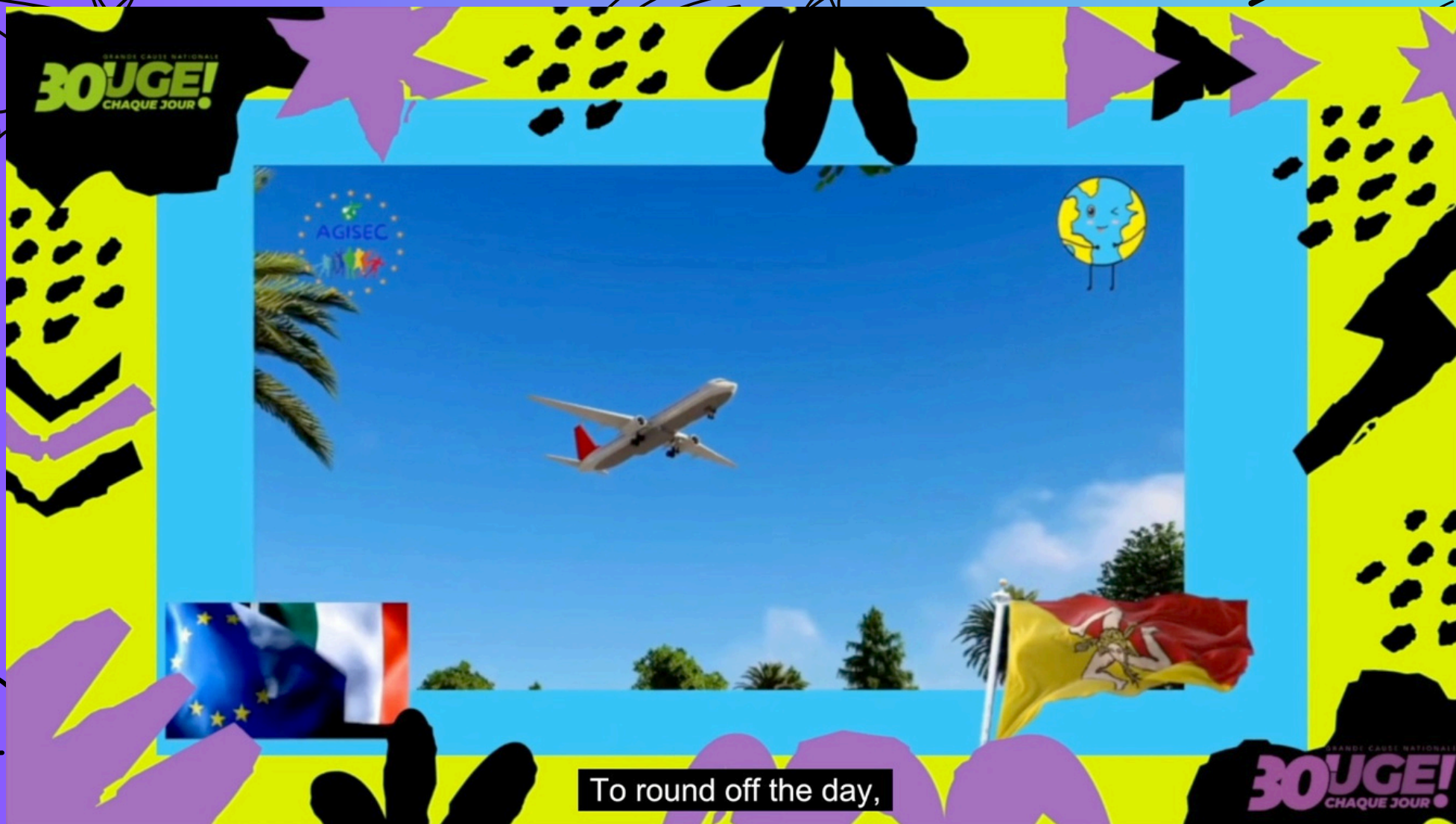




for their active participation in the Handisport Olympics.

GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR





To round off the day,



I'd like to take you to Palermo, Sicily,





where a karate workshop was organised by our partner CEIPES,

30 UGE!  
CHAQUE JOUR







Another highlight of the project,

GRANDE CAUSE NATIONALE  
**30 JOURS!**  
CHAQUE JOUR

AGISEC

SPORTS WEEK STARTS TODAY  
23-30 September

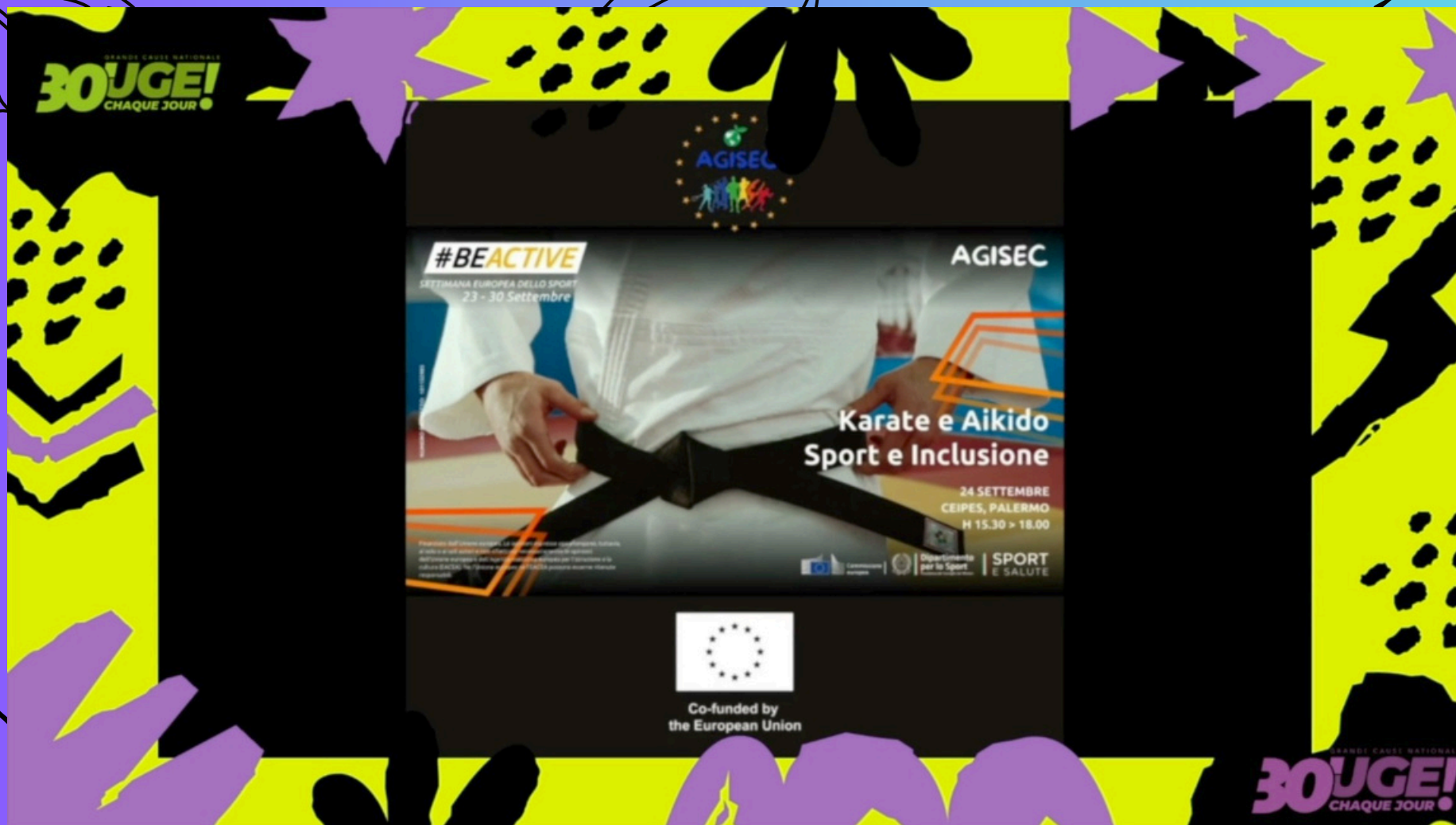
INNOVATION

SCIENCE

during European Sports Week.

GRANDE CAUSE NATIONALE  
**30 JOURS!**  
CHAQUE JOUR





GRANDE CAUSE NATIONALE  
**30 JOURS!**  
CHAQUE JOUR

AGISEC

KILROY  
**ACADEMY**

#BEACTIVE

SETTIMANA EUROPEA DELLO SPORT  
23 - 30 Settembre

# Karate e Aikido Sport e Inclusione

24 SETTEMBRE  
CEIPES, PALERMO  
H 15.30 > 18.00



Commissione europea



Dipartimento  
per lo Sport

SPORT  
E SALUTE

GRANDE CAUSE NATIONALE  
**30 JOURS!**  
CHAQUE JOUR











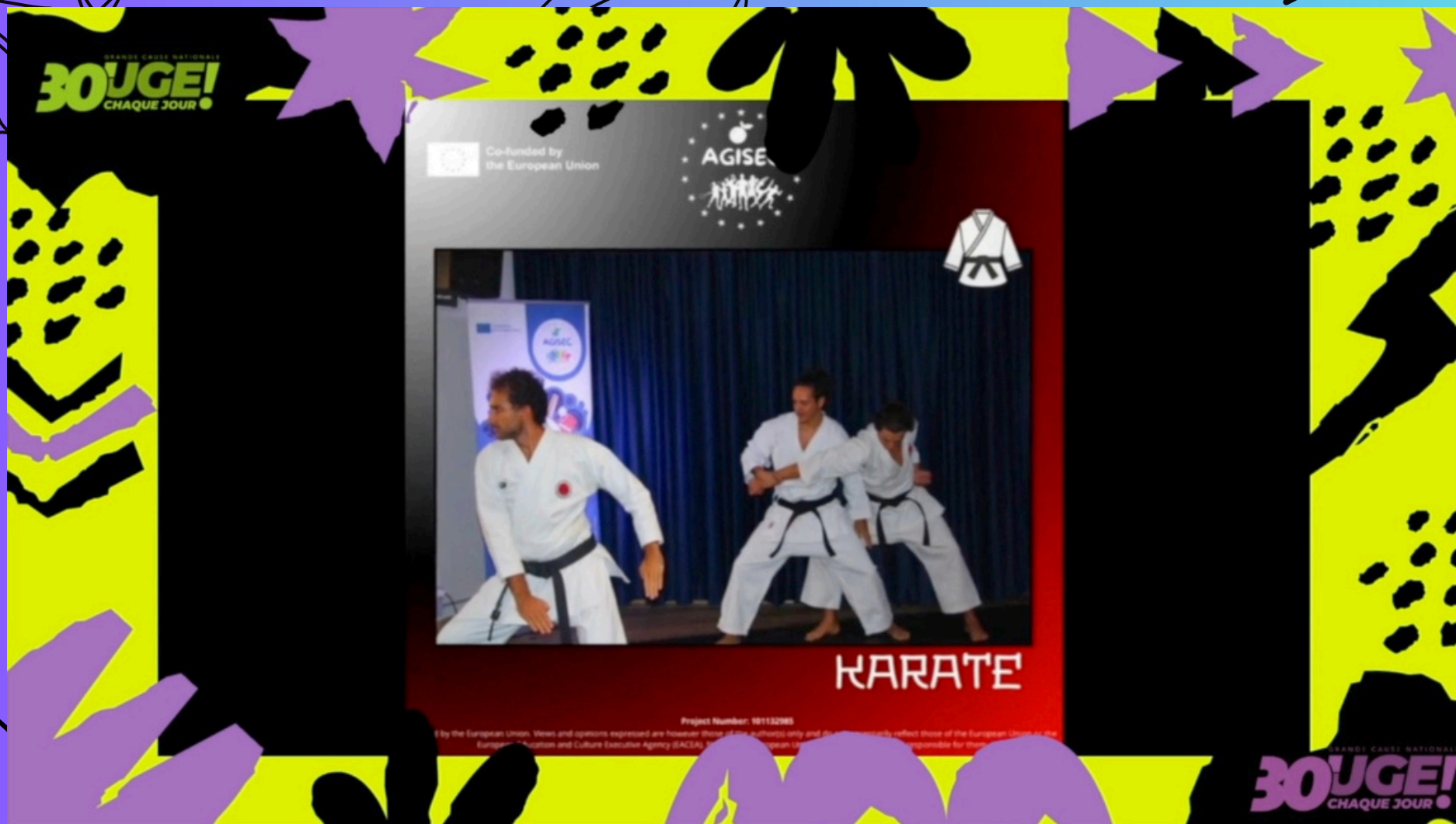
















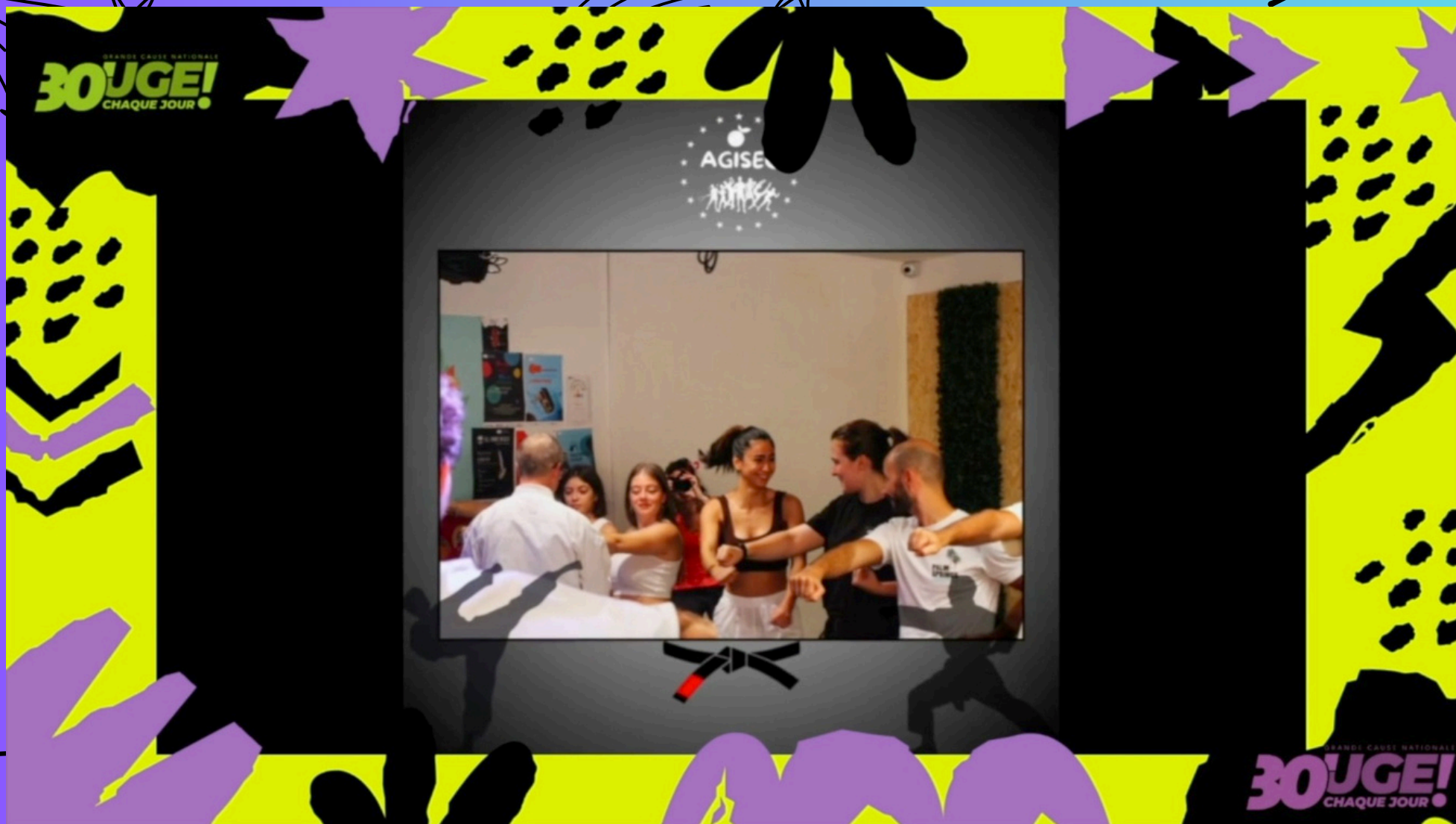
GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR

AGISEC



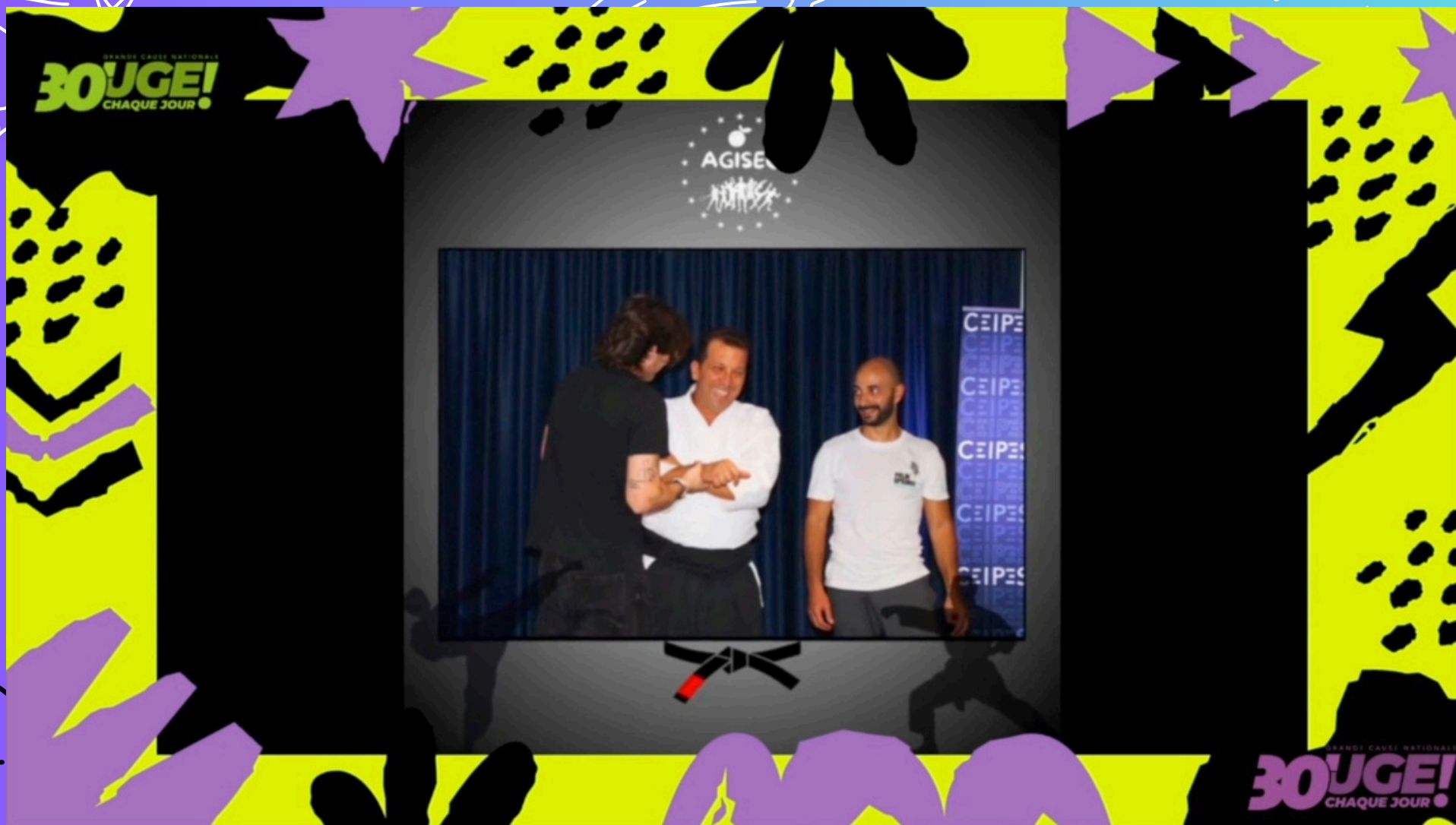
Co-funded by  
the European Union

GRANDE CAUSE NATIONALE  
**BOUGE!**  
CHAQUE JOUR







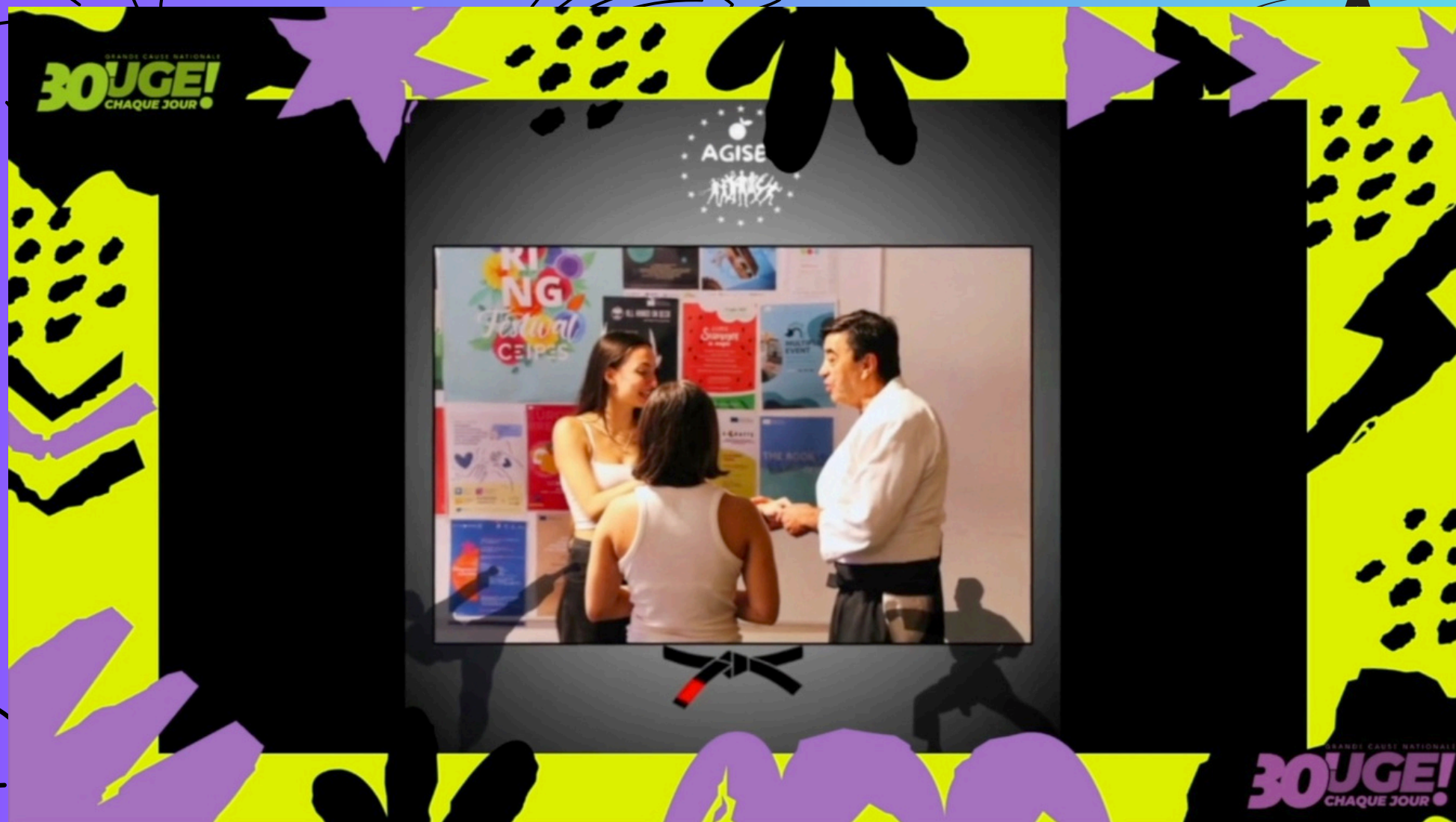








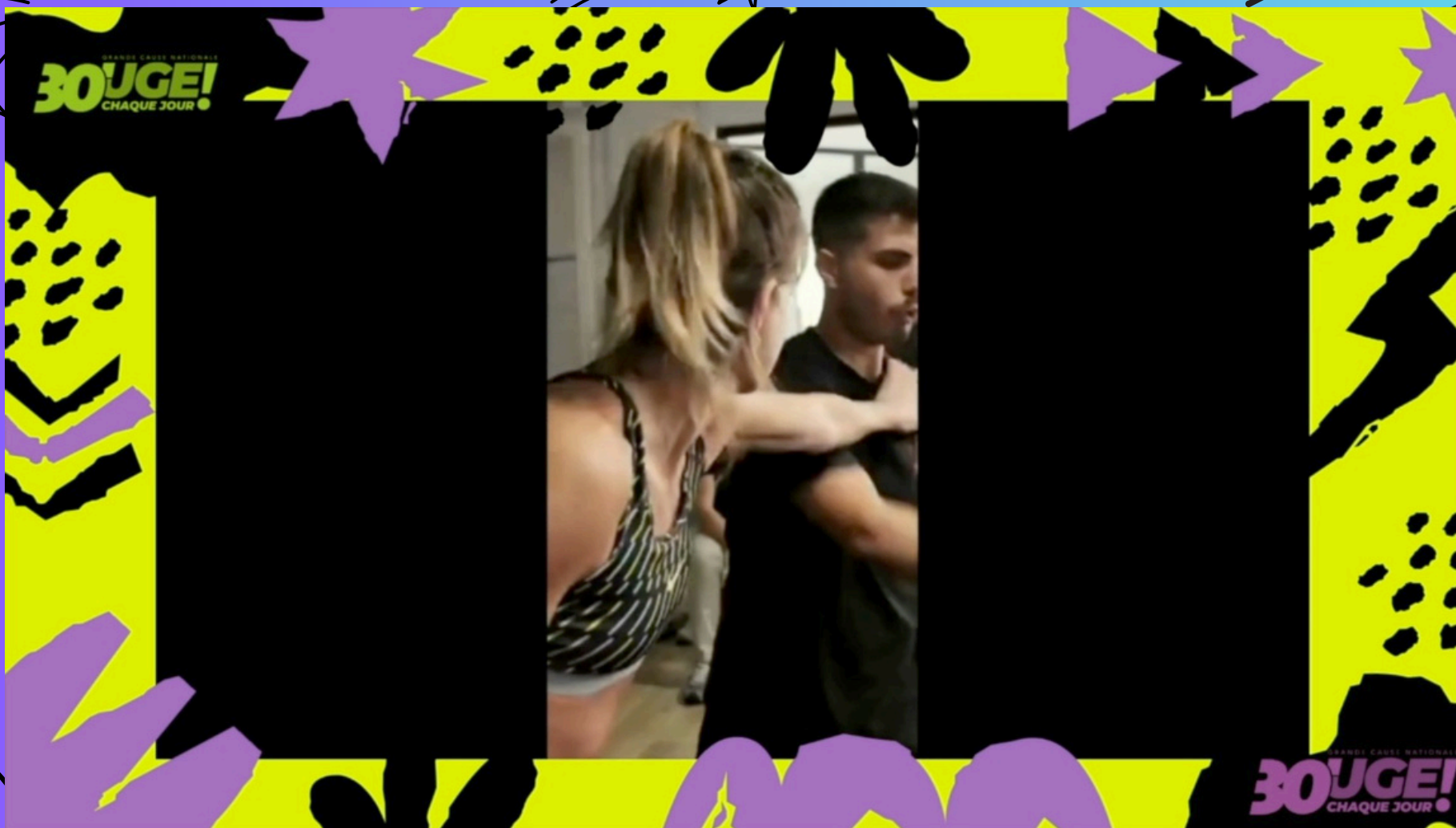




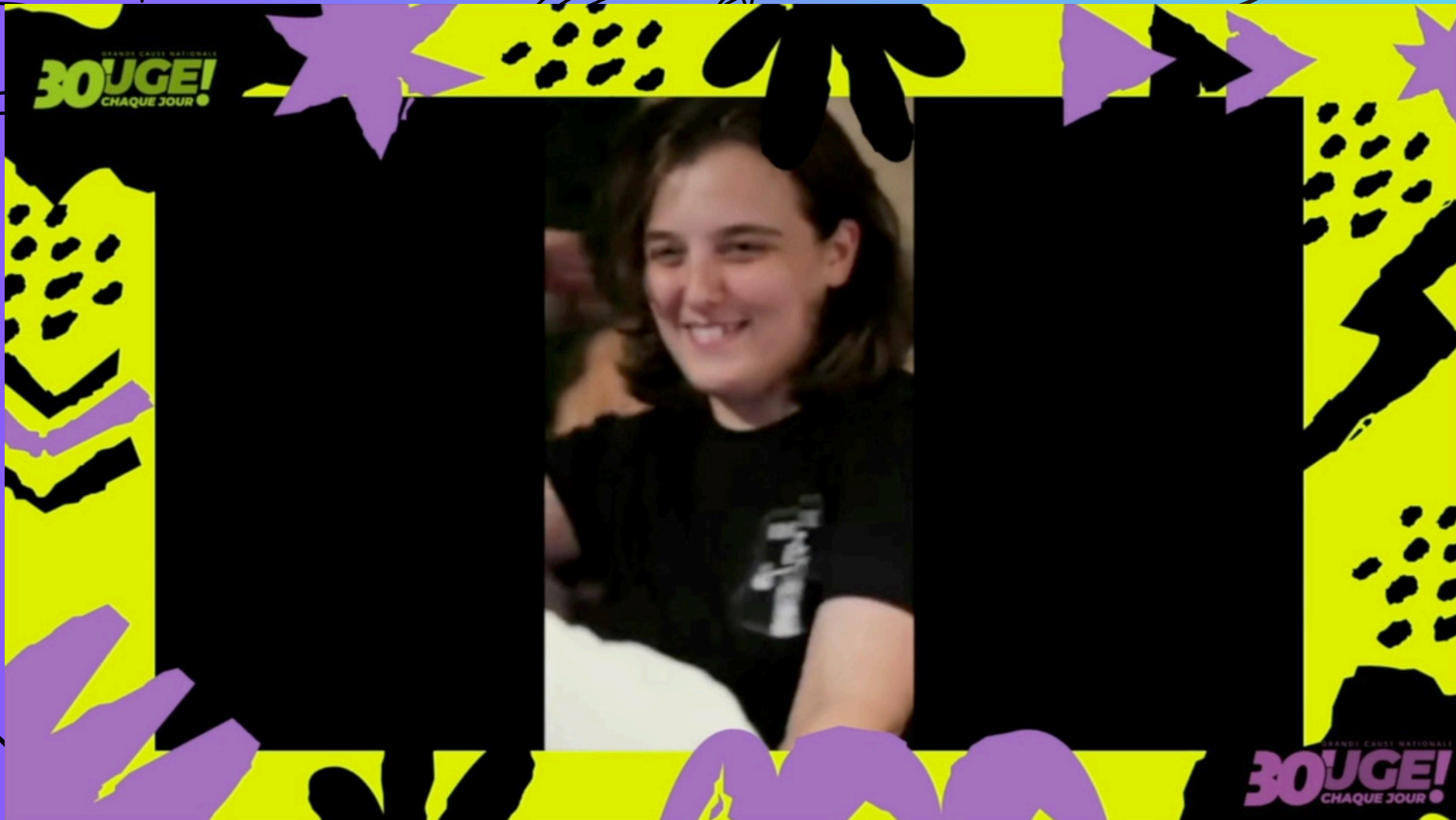










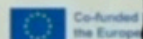








GRANDS CASES NATIONALES  
**30 JOURS!**  
CHAQUE JOUR



Co-funded  
the European Union

# KARATE AIKIDO LESSONS

24TH OF SEPTEMBER

CEIPES



GRANDS CASES NATIONALES  
**30 JOURS!**  
CHAQUE JOUR



All in all, it was an event





full of discoveries and highlights.





**LIVE**

AGISEC 30<sup>th</sup> ANNIVERSAIRE

28 SEPT 2024  
14h-18h

LES OLYMPIADES  
DE L'HANDISPORT

SEMAINE EUROPÉENNE DU SPORT

LABELISÉ GRANDE CAUSE NATIONALE 2024

**BREAKING NEWS**

NEXT EPISODE TO FOLLOW

TRA 400  
27 27A 27B 27C 27D 27E 27F 27G 27H 27I 27J 27K 27L 27M 27N 27O 27P 27Q 27R 27S 27T 27U 27V 27W 27X 27Y 27Z

for taking part !



I'm going back to my Erasmus planet





and I'll see you next year for new inclusive sporting adventures.