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WEB SERIES EPISODE. 04



ERASMUS DAYS

Find out about our events held in France and Italy to present the AGISEC project actions carried out in 2024.

Youtube channel

Watch all the episodes of the AGISEC web series on the project's YouTube channel:
https://www.youtube.com/@Agisec_Project

2025 : A New Way to
Access Video and Audio

Discover a faster, smarter way to experience content! Our new design features an interactive table of contents, allowing you to jump directly to the sections you're interested in. With video timestamps and images on a single page, you'll enjoy a seamless and engaging experience like never before.

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Erasmus Days : events to find out more about our project and hear about young people's experiences.



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Page 02

About the project “Acting for inclusive and ecological sport” (AGISEC).



The project aims to foster inclusion and promote eco-friendly practices in sports, targeting both young NEETs and adults with disabilities from France and Italy. Its goals include:

- Facilitating intercultural dialogue and promoting active citizenship.
- Raising awareness about European and Olympic values.
- Providing inclusive sports experiences across various disabilities (visual, auditory, physical).
- Supporting the implementation of inclusive and environmentally friendly sports projects.

results

Implementation of 2 Learning, Teaching, and Training Activities (LTTA) in France and Italy focusing on the project's themes.

Developing an educational guide to promote inclusive and eco-friendly sports.

Producing video reports showcasing all project activities conducted in France and Italy.

Informative workshops

Participants will delve into project themes, enhancing their knowledge and critical thinking skills.

Sports activities

Training on adaptive sports will be provided, along with disability awareness activities.

European meetings

Each country will host participants who will lead intercultural games, debates, and sports practices, while also working on inclusive and eco-friendly sports projects.

Events

Sporting activities, games, and debates on project topics will be organized at a local level in each country.

activities



Erasmus+
Enriching lives, opening minds.

GRANDE CAUSE NATIONALE
30'UGE!
CHAQUE JOUR



Co-funded by
the European Union

The project is co-funded by the European Union. However, the views and opinions expressed are those of the authors and do not necessarily reflect those of the European Union or the European Executive Agency for Education and Culture, EACEA. Neither the European Union nor the EACEA can be held responsible in this respect. Project Number: 101132985

See the video
on youtube

INTRODUCTION

Timestamp : 00'00 - 00'41

Welcome to Agisec, the webseries of the Agir pour un sport inclusif et écologique project.

I'm Agisec, the project mascot.

I'm 22 years old and I come from planet Erasmus where I live in a city called Freedom of Expression.

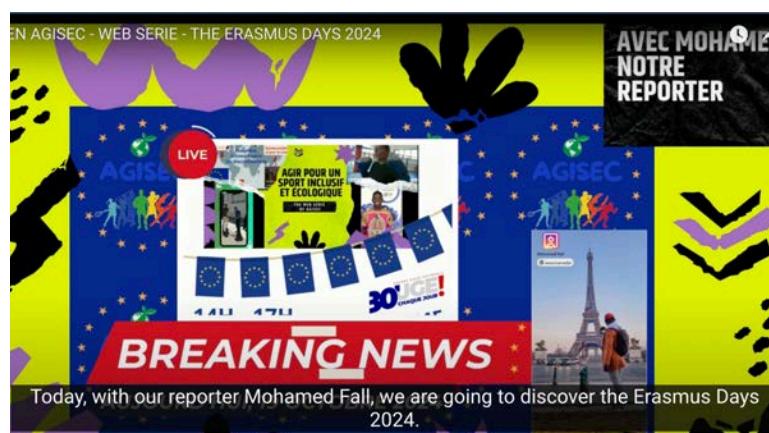
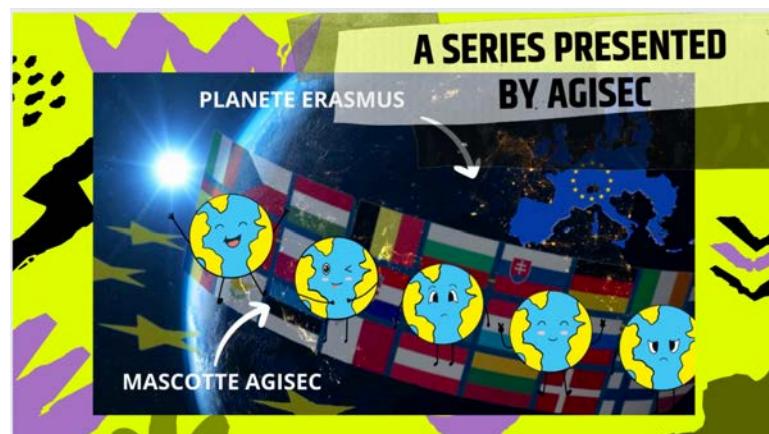
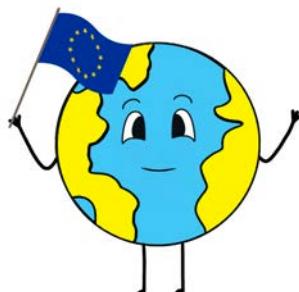
What do I look like?

I proudly wear the colours of my planet, yellow and blue.

In this documentary series, we'll be exploring the initiatives taken by Earthlings to promote human rights and intercultural dialogue.

Today, with our reporter Mohamed Fall, we are going to discover the Erasmus Days 2024.

Through his lens, we will explore the results of the first year of the Agisec project and listen to the feedback of young people with disabilities.



See the video
on youtube

ABOUT ERASMUS DAYS

Timestamp : 00'42 - 01'09

By the way, #ErasmusDays is an international festival held every October to celebrate the Erasmus+ programme !

Once again this year, events are being organised all over the world to showcase the incredible opportunities offered by Erasmus+ : whether you're a student, teacher, volunteer, employee, unemployed or just curious, there's something for you.

Erasmus Days give you the chance to discover European projects, meet people and understand why Erasmus+ changes lives!



**#ERASMUS⁺
DAYS** | 14 > 19
octobre
2024

[See the video
on youtube](#)

FRENCH SPORT LABEL

Timestamp : 01'10- 01'25

By the way, I have some excellent news to share.

Our Agisec project has been awarded the Grande Cause Nationale du Sport label.

It's a recognition that makes us very proud and testifies to the positive impact of our actions.



See the video
on youtube

DISCLAIMER

Timestamp : 01'26- 02'00

This web series is being produced as part of an Erasmus plus Sport partnership, in collaboration with the CEIPES in Sicily and the PESSAC associations represented by USSAP, Section Box and Aux Couleurs du DEBA.



The project is funded by the European Union.

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**Co-funded by
the European Union**

See the video
on youtube

EVENT OPENING

Catherine

Timestamp : 02'08- 02'48

Good afternoon everyone, thank you for coming this afternoon.

I think that this afternoon you're going to learn a little bit about a European project, Erasmus, called Agisec, a partnership of the Aux Couleurs du DEBA association.

I'd also like to thank the participants in the project, the young people from USSAP and Aux Couleurs du DEBA, who give their all every week to build this project.

They meet very, very regularly to build this project and you will see, the results are excellent, so I thank them very much.



Catherine, president of
Aux couleurs du DEBA association



See the video
on youtube

EVENT OPENING

Délila

Timestamp : 02'49- 03'35

So we said to ourselves, let's embark on an adventure. So for us, the European adventure started 15 years ago.

The priority was to enable young people from disadvantaged areas, the homeless, people who are discriminated against, to take part in European projects, because these are the priority groups in France and in Europe. You should know that only 10% of them benefit from the Erasmus + programme, even though they are the priority.

So in our association, we've been doing just that for 15 years. We'll be talking to young people who have been through the Aux Couleurs du DEBA association.

And so, as part of this project, the aim was to enable young people, after two years, to build their own inclusive and ecological sports project. So they're going to experience a whole host of activities over the next two years. I'll let you find out about that in the video.



**Délila, european project manager
of Aux couleurs du DEBA association**

See the video
on youtube

EVENT OPENING

Délila

Timestamp : 03'36- 04'20

And next year, they'll be presenting and implementing their projects. They will be working with our Italian partners, because an Erasmus project is part of a European partnership.

So with the Italian partners, in Sicily, particularly in Palermo, and they will be going to Sicily next year, in April. The projects will be unveiled between May and October 2025. But we'll get back to you on that.

I'm going to hand over to Jean-Pierre, who is also my colleague from USSAP, and I'd like to thank him very much. After that, we'll give you a one-year summary on video. It's complicated to summarise a year on video, as you can imagine. We've tried to rise to the challenge. And then there will be a discussion with the young people.



Délila, european project manager
of Aux couleurs du DEBA association

See the video
on youtube

EVENT OPENING

Jean-Pierre

Timestamp : 04'21- 05'00

At USSAP, we've had a boxing section for disabled people for years.



For me, getting involved in the European project was a bit of a curiosity.

I didn't know anything about it. And then I learn little by little. I've invested a bit in it all.



Ok a lot as you say but USSAP is also a team, we're like a family too! And that brings a lot to people. We've done some things with the project and it's going well, and we're continuing. So we'll carry on. Thank you !



Jean-Pierre, boxing coach
for the disabled section of USSAP

See the video
on youtube

2024 IN JUST 2 MINUTES

French TV report

Timestamp : 05'01- 05'43

I'm beginning to learn to respect my body and my heart and to put them in harmony.



It also gives me a lot of confidence, discipline and rigour because you don't think about it, but that's boxing, it's discipline, rigour and fair play.



It's like an uppercut to the face because you're always complaining and you see that they're happy, that they're smiling. In boxing, for people with disabilities, there are no punches, just touches, and no official competition either, but the main thing is elsewhere.

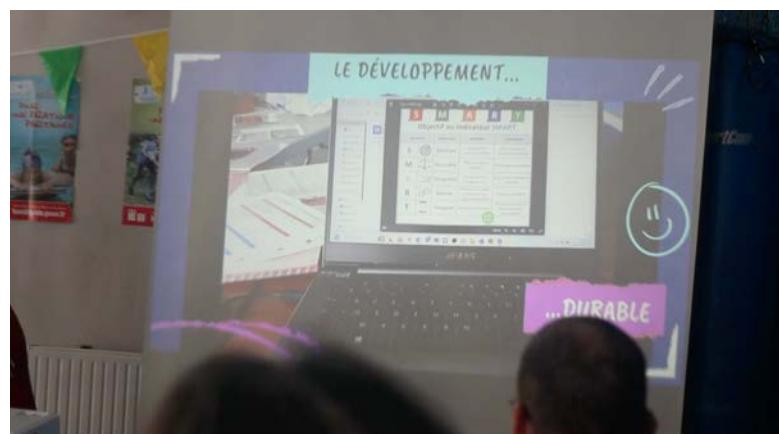


[See the video
on youtube](#)

2024 IN JUST 4 MINUTES

Local workshops - musical track

Timestamp : 05'44- 06'47



See the video
on youtube

2024 IN JUST 4 MINUTES

European youth meeting

Musical track

Timestamp : 06'48- 08'19



See the video
on youtube

2024 IN JUST 4 MINUTES

Local events - musical track

Timestamp : 08'20- 09'33



See the video
on youtube

YOUNG VOICES

Introduction by Délila

Timestamp : 09'50- 10'27

I agree that this format is brand-new for young people.

As we have a new project agreed with USAP where young people are going to organize debates, forums, and so on, it's also a way of getting them used to speaking in public with a microphone.

We thought that since it's a project with young people, we'd bring this character, this mascot, to life.

She'll be 22 years old, and she'll live in the city of freedom of expression on planet Erasmus.

Obviously, all these references are symbolic, but they're important.

That's just to tell you that we've also created a real mascot for this project.



See the video
on youtube

YOUNG VOICES

Nawfal

Timestamp : 10'28- 11'03

My name is Nawfal Eddrou, and I'm a sports educator at Union St. Bruno in Bordeaux.



Well, I chose to take part in this project because I wanted to meet the young people of Pessac and try to set up all the little games and workshops we did, and also, and above all, because of discrimination and disability.



Because I've been a victim, it spoke to me, and I wanted to be part of this project.



See the video
on youtube

YOUNG VOICES

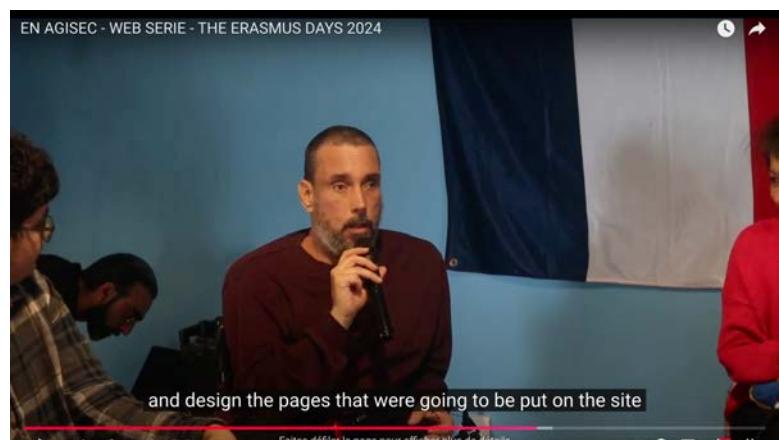
Yannick

Timestamp : 11'04- 11'53

Hello, my name is Yannick.
I've been an archer since I was very young and a coach for ten years at the club here at USSAP.
I'm an archery coach and also a fencer, and I've been part of the Erasmus Project since the start of the year.

Sebastian, my president, asked me to include European pages on the Erasmus Project, including but not limited to AGI Sec in the website that was being built.

So to be able to design them and include them, the best solution was to join the group so that I could work with Delilah and the others and design the pages that were going to be put on the site so that they would be consistent with the project, so that everyone could see them afterwards, and so that they have been online for a few months.



See the video
on youtube

YOUNG VOICES

Michaël

Timestamp (audio) : 11'54- 12'15

Timestamp (video) : 12'09 - 12'31

It's given me even more skills than I had before because we're going to be setting up our own project, which is something we've never done before.



So I'm going to learn a lot more about how to do a project, what it's all about, what you need to do.

And that's something new in terms of what we're acquiring.



We're learning.

We know a lot more about Europe and what we need to do to set up a project.



Note the discrepancy between audio and video

See the video
on youtube

YOUR BEST MEMORY

Mattéo

Timestamp (audio) : 12'21- 12'30

Timestamp (video) : 12'38 - 12'52

So for me, like Yannick, there are no bad memories.



The best memory was at the football stadium during the Olympic Games.



Not everyone can go and watch a football match.



Note the discrepancy between audio and video

See the video
on youtube

YOUR BEST MEMORY

Céline

Timestamp (audio) : 12'21- 12'56

Timestamp (video) : 12'53 - 13'23

Well, I'm not going to be very original when it comes to the best memory because it was the Erasmus project with the Italians in Bordeaux where I surprised myself by speaking so much English.



And the worst memory, but that's always been my case, is when we talk about history during the workshops when there's a historical part.



But for me, it's the beard.



Note the discrepancy between audio and video

See the video
on youtube

YOUR BEST MEMORY

Yannick

Timestamp (audio) : 12'57 - 13'23

Timestamp (video) : 13'24 - 13'59

This project does indeed combine disability with sport.



Sport has been my lifeblood since I was around 7 years old.

That's how I live it.

Sport is something that allows me to let off steam on a daily basis when I need to, but also to be able to teach because I've become a trainer, as I was saying, and to be able to share my experience of disability sport within this project.



Note the discrepancy between audio and video

See the video
on youtube

YOUR BEST MEMORY

Conclusion by Délila

Timestamp (audio) : 13'24 - 14'02

Timestamp (video) : 14'00 - 14'39

We're not great communicators either, even if we try.

But that's not our speciality, so I'm delighted to be here today.

Not because it's my birthday or anything.

No, but more seriously.

I'm delighted that we can give you, the public, a glimpse of what young people go through as part of these projects.

Maybe you come along on Wednesdays and you see them but you don't know what they're doing.

Basically, there's an event, there's this.

That's what it's all about.

So I'm delighted that you've taken the time to listen to us and if you have any questions to ask the young people or the support teams, please don't hesitate.



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See the video
on youtube

LED BOLAS SHOW

By Julien

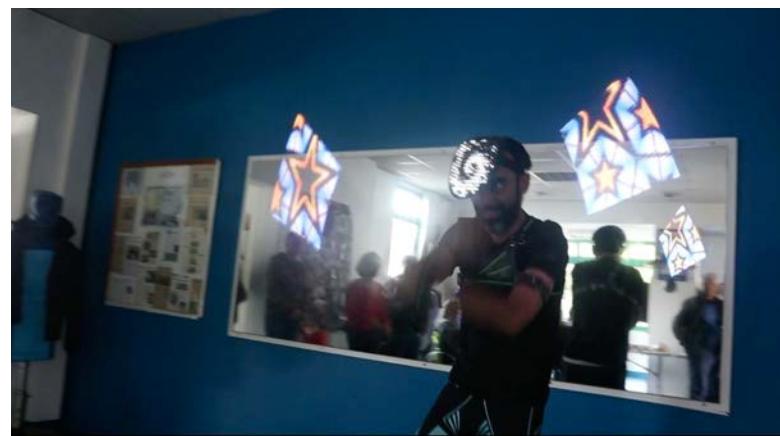
Timestamp (audio) : 14'02 - 14'40

Timestamp (video) : 14'39 - 15'07

Excellent.



Do you see the logo AUX Couleurs du Dabat and the European flag for Erasmus Days ?



Oh yes.

Excellent.



Note the discrepancy between audio and video

[See the video
on youtube](#)

ACKNOWLEDGEMENTS

By AGISEC's Mascot

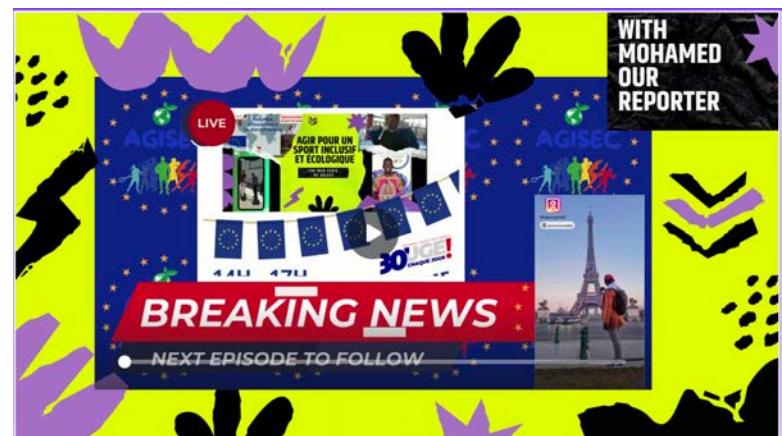
Timestamp (audio) : 14'27 - 15'00

Timestamp (video) : 15'08 - 15'36

It's already over.



Well done to Julien Bischerour for his bolas-led show and to Mohamed Fall for this report.



Now let's find out about the event organised by our Italian partner, CEIPES, off to Palermo in Sicily.



Note the discrepancy between audio and video

See the video
on youtube

ITALIAN EVENT

By CEIPES

Timestamp (audio) : 15'02 - 15'54

Timestamp (video) : 15'37 - 16'39

In Palermo, CAPES presented the AGISEC project and everything that has been achieved in 2024.

The young people involved in the project took part in sports activities, themed workshops, meetings, debates and public events.

Not forgetting the major European meeting held in Bordeaux during the Paris 2024 Olympic Games.

This event showed just how essential inclusion in sport is and highlighted the incredible opportunities offered by the Erasmus Plus programme.

Well done to CEIPES for this initiative.

Are you ready for an Erasmus Plus adventure?



Note the discrepancy between audio and video

See the video
on youtube

THE END

By AGISEC's Mascot

Timestamp (audio) : 15'55 - 16'15

Timestamp (video) : 16'40 - 16'50

Thank you for watching this episode
of our AGISEC web series.

All our episodes are now online in
English and French on the project's
YouTube channel.

Happy New Year and see you in 2025
for more adventures.

I'm going back to my Erasmus planet.

See you soon for more adventures.

Thank you for watching this web
series



Note the discrepancy between audio and video



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WEB SERIES EPISODE. 04

GRANDE CAUSE NATIONALE
30' UGE!
CHAQUE JOUR



AGISEC – AGIR POUR UN SPORT INCLUSIF ET ECOLOGIQUE

AGISEC – AGIR POUR UN SPORT INCLUSIF ET
ECOLOGIQUE (101132985) project aims to: - To...

[YouTube](#)