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Discrimination

Palermo, June 14, 2024

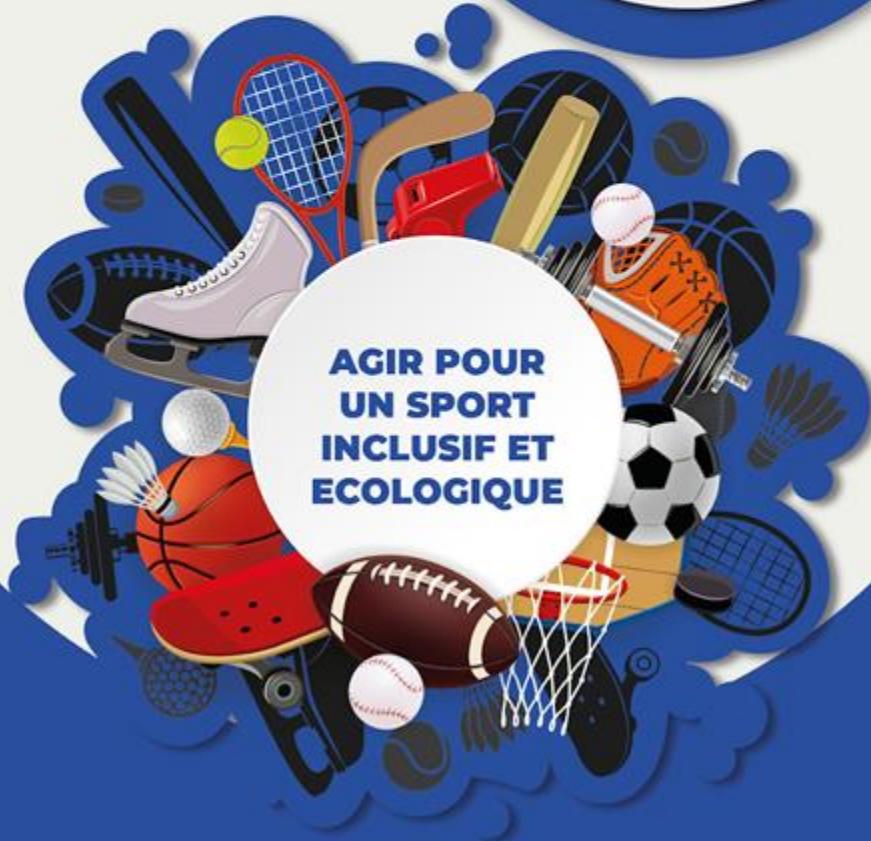
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CEIPES



**AGIR POUR
UN SPORT
INCLUSIF ET
ECOLOGIQUE**



What is discrimination?

- Discrimination means treating people unfairly or excluding them because of certain characteristics: gender, ethnicity, religion, disability, age, sexual orientation, social background.
- It violates the principles of equality, respect, and human dignity.
- Talking about it means promoting awareness and social justice.



Which types of
discrimination exist?

Types of Discrimination:

- **Direct discrimination** – Obvious and intentional unfavorable treatment.
- **Indirect discrimination** – Seemingly neutral rules or practices that disadvantage certain groups.
- **Harassment** – Unwanted behavior that offends or humiliates.
- **Structural discrimination** – Inequalities embedded in systems or institutions.



The Doll Test Video – Awareness





Where does discrimination occur?

- **At school** – bullying, stereotypes, exclusion.
- **At work** – unequal pay, career impediments.
- **In sports** – lack of accessibility or inclusion.
- **Online** – hate speech and cyberbullying.

Activity:

«Inclusion in Action»

Game Objective

Social inclusion is essential for building welcoming and respectful communities. This game will help you reflect on real-life situations and develop strategies to make the world a more inclusive place!

How to Play?

-  Divide into groups of 3-4 people.
-  Each group will receive a card with a case study.
-  Discuss together: What are the challenges? How can we be more inclusive?
-  Propose a solution and explain it to the other groups.

Final Goal

Find practical and creative solutions to ensure no one is excluded while learning to see the world from different perspectives.



The Impact of Discrimination

- Reduces social participation and inclusion.
- Creates divisions and inequalities.
- Affects mental and physical well-being.
- Weakens cohesion and democracy.

How to Tackle Discrimination

- Education on equality and empathy.
- Inclusive language and awareness.
- Reporting discriminatory episodes.
- Creating welcoming and safe environments.
- Promoting active participation.

#itsyourbusiness



Discussion Activity:

**“Inclusion is not just a
favor, it's a right.”**

What can I do to promote equality every day?

THANK YOU!